

ROLLER SKATING FEDERATION OF INDIA

SPEED SKATING DISTANCES (in meters) - RACES and AGE GROUP - May 2018 (Reference 9 RR annexure-III A)

AGE GROUP	QUAD RACES				INLINE TRACK RACES					INLINE ROAD RACES					
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
	RINK I	RINK II	ROAD I	ROAD II	RINK III	RINK IV	P.T.P. + ELI *	ELEM *	RELAY	ROAD III	ROAD IV	ROAD V	POINTS	ELEM.	Marathon
08 to 12	500	1000	1 lap	1500	500	1000	---	5000	3000	100	1 lap	3000	---		---
12 to 16	500	1000	1 lap	3000	500	1000	10000	15000	3000	100	1 lap	---	10000	20000	---
Above 16	500	1000	1 lap	3000	500	1000	10000	15000	3000	100	1 lap	---	10000	20000	42K

Important Notes:-

- Maximum Skaters allowed for each Age Group from each State/U.T. in both Boys and Girls events are 3 each for Quads and 4 each for Inline races ; therefore maximum number of 42 Skaters i.e. (Boys 21 + Girls 21) are allowed to take part from a team participating in all events in all age groups.
- From each Unit, Inline skaters of the Age Group 08 - 12 (SUB JUNIORS) can take part in 3 out of 6 races and skaters of the Age Group 12 - 16 and Above 16 (JUNIORS & SENIORS) can take part in 4 out of 8 Inline races with not more than 2 skaters taking part in each race. Only a Skater taking part in a regular race is entitled to take part in Relay and Marathon Races; however it should be noted that participation in Marathon race is restricted Senior age group skaters only.
- From each Unit's Team, a Quad skater can take part in maximum 3 out of 4 races with not more than 2 skaters taking part in each race.
- Inline skaters are not allowed to take part in Quads races similarly Quad skaters are not allowed to take part in Inline Races.
- * Track, Point to Point + Elimination (10 K) and Elimination(15 K) races may be conducted on Road wherever Bank Track is not available.
- 3000 mts race on road for the age group 08-12 boys and girls is a road race (Not elimination)
- In case of a bank Track, it should preferably be 6 meters wide and a lap should normally be of 200 meters.
- Road Races and Relay Races are to be conducted subject to availability of proper infrastructure.
- Relay races are to be conducted only on 200 meter Bank or Flat Track.
- Updated WS Speed Skating rules Shall be followed for conducting all races .
- For other details please refer to 9 RR.



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