



# ROLLER SKATING FEDERATION OF INDIA

## 56th National Roller Skating Championship

18th - 23rd December, 2018

Visakhapatnam

### SCHEDULE - SPEED SKATING

Date:		December 19, 2018		DAY 1	
Time	Event	Age Group	Gender	Distance	
07.00 A.M.	Road Race - V	08-12 Years	Girls	3000 Mts Inline	
Followed by	Road Race - V	08-12 Years	Boys	3000 Mts Inline	
07.20 A.M.	Point to Point Race	12-16 Years	Girls	10000 Mts Inline	
Followed by	Point to Point Race	12-16 Years	Boys	10000 Mts Inline	
08.10 A.M.	Road Elimination Race	Ab-16 Years	Women	20000 Mts Inline	
Followed by	Road Elimination Race	Ab-16 Years	Men	20000 Mts Inline	
09.00 A.M.	<b>MEDAL CEREMONY</b>				
02.00 P.M.	Rink Race - II Series	08-12 Years	Girls	1000 Mts Quad	
Followed by	Rink Race - II Series	08-12 Years	Boys	1000 Mts Quad	
02.45 P.M.	Rink Race - II Series	12-16 Years	Girls	1000 Mts Quad	
Followed by	Rink Race - II Series	12-16 Years	Boys	1000 Mts Quad	
03.30 P.M.	Rink Race - II Series	Ab-16 Years	Women	1000 Mts Quad	
Followed by	Rink Race - II Series	Ab-16 Years	Men	1000 Mts Quad	
04.15 P.M.	Rink Race - III Series	08-12 Years	Girls	500 + D Mts Inline	
Followed by	Rink Race - III Series	08-12 Years	Boys	500 + D Mts Inline	
04.45 P.M.	Rink Race - III Series	12-16 Years	Girls	500 + D Mts Inline	
Followed by	Rink Race - III Series	12-16 Years	Boys	500 + D Mts Inline	
05.30 P.M.	Rink Race - III Series	Ab-16 Years	Women	500 + D Mts Inline	
Followed by	Rink Race - III Series	Ab-16 Years	Men	500 + D Mts Inline	
06.15 P.M.	Rink Race - III 1/4 Finals	08-12 Years	Girls	500 + D Mts Inline	
Followed by	Rink Race - III 1/4 Finals	08-12 Years	Boys	500 + D Mts Inline	
06.30 P.M.	Rink Race - III 1/4 Finals	12-16 Years	Girls	500 + D Mts Inline	
Followed by	Rink Race - III 1/4 Finals	12-16 Years	Boys	500 + D Mts Inline	
06.45 P.M.	Rink Race - III 1/4 Finals	Ab-16 Years	Women	500 + D Mts Inline	



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<b>Date:</b>		<b>December 19, 2018</b>		<b>DAY 1</b>	
Time	Event	Age Group	Gender	Distance	
	Followed by	Rink Race - III 1/4 Finals	Ab-16 Years	Men	500 + D Mts Inline
07.30 P.M.		Rink Race - III 1/2 Finals	08-12 Years	Girls	500 + D Mts Inline
	Followed by	Rink Race - III 1/2 Finals	08-12 Years	Boys	500 + D Mts Inline
07.40 P.M.		Rink Race - III 1/2 Finals	12-16 Years	Girls	500 + D Mts Inline
	Followed by	Rink Race - III 1/2 Finals	12-16 Years	Boys	500 + D Mts Inline
07.50 P.M.		Rink Race - III 1/2 Finals	Ab-16 Years	Women	500 + D Mts Inline
	Followed by	Rink Race - III 1/2 Finals	Ab-16 Years	Men	500 + D Mts Inline
08.30 P.M.		Rink Race - III Finals	08-12 Years	Girls	500 + D Mts Inline
	Followed by	Rink Race - III Finals	08-12 Years	Boys	500 + D Mts Inline
08.40 P.M.		Rink Race - III Finals	12-16 Years	Girls	500 + D Mts Inline
	Followed by	Rink Race - III Finals	12-16 Years	Boys	500 + D Mts Inline
08.50 P.M.		Rink Race - III Finals	Ab-16 Years	Women	500 + D Mts Inline
	Followed by	Rink Race - III Finals	Ab-16 Years	Men	500 + D Mts Inline
09.00 P.M.	<b>MEDAL CEREMONY</b>				
<b>Date:</b>		<b>December 20, 2018</b>		<b>DAY 2</b>	
Time	Event	Age Group	Gender	Distance	
06.30 A.M.		Road Race IV Series	08-12 Years	Girls	One lap Inline
	Followed by	Road Race IV Series	08-12 Years	Boys	One lap Inline
07.15 A.M.		Road Elimination Race	12-16 Years	Girls	20000 Mts Inline
	Followed by	Road Elimination Race	12-16 Years	Boys	20000 Mts Inline
08.45 A.M.		Point to Point Race	Ab-16 Years	Women	10000 Mts Inline
	Followed by	Point to Point Race	Ab-16 Years	Men	10000 Mts Inline
10.00 A.M.	<b>MEDAL CEREMONY</b>				



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### SCHEDULE - SPEED SKATING

Date:		December 20, 2018		DAY 2	
Time	Event	Age Group	Gender	Distance	
02.00 P.M.	Rink Race - II 1/2 Finals	08-12 Years	Girls	1000 Mts Quad	
Followed by	Rink Race - II 1/2 Finals	08-12 Years	Boys	1000 Mts Quad	
02.15 P.M.	Rink Race - II 1/2 Finals	12-16 Years	Girls	1000 Mts Quad	
Followed by	Rink Race - II 1/2 Finals	12-16 Years	Boys	1000 Mts Quad	
02.30 P.M.	Rink Race - II 1/2 Finals	Ab-16 Years	Women	1000 Mts Quad	
Followed by	Rink Race - II 1/2 Finals	Ab-16 Years	Men	1000 Mts Quad	
03.30 P.M.	Rink Race - IV Series	08-12 Years	Girls	1000 Mts Inline	
Followed by	Rink Race - IV Series	08-12 Years	Boys	1000 Mts Inline	
04.15 P.M.	Rink Race - IV Series	12-16 Years	Girls	1000 Mts Inline	
Followed by	Rink Race - IV Series	12-16 Years	Boys	1000 Mts Inline	
05.00 P.M.	Rink Race - IV Series	Ab-16 Years	Women	1000 Mts Inline	
Followed by	Rink Race - IV Series	Ab-16 Years	Men	1000 Mts Inline	
05.45 P.M.	Rink Race - II Finals	08-12 Years	Girls	1000 Mts Quad	
Followed by	Rink Race - II Finals	08-12 Years	Boys	1000 Mts Quad	
06.00 P.M.	Rink Race - II Finals	12-16 Years	Girls	1000 Mts Quad	
Followed by	Rink Race - II Finals	12-16 Years	Boys	1000 Mts Quad	
06.15 P.M.	Rink Race - II Finals	Ab-16 Years	Women	1000 Mts Quad	
Followed by	Rink Race - II Finals	Ab-16 Years	Men	1000 Mts Quad	
06.30 P.M.	Rink Race - IV 1/2 Finals	08-12 Years	Girls	1000 Mts Inline	
Followed by	Rink Race - IV 1/2 Finals	08-12 Years	Boys	1000 Mts Inline	
06.45 P.M.	Rink Race - IV 1/2 Finals	12-16 Years	Girls	1000 Mts Inline	
Followed by	Rink Race - IV 1/2 Finals	12-16 Years	Boys	1000 Mts Inline	
07.00 P.M.	Rink Race - IV 1/2 Finals	Ab-16 Years	Women	1000 Mts Inline	

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### SCHEDULE - SPEED SKATING

<b>Date:</b>		<b>December 20, 2018</b>		<b>DAY 2</b>	
Time	Event	Age Group	Gender	Distance	
	Followed by	Rink Race - IV 1/2 Finals	Ab-16 Years	Men	1000 Mts Inline
08.00 P.M.		Rink Race - IV Finals	08-12 Years	Girls	1000 Mts Inline
	Followed by	Rink Race - IV Finals	08-12 Years	Boys	1000 Mts Inline
08.15 P.M.		Rink Race - IV Finals	12-16 Years	Girls	1000 Mts Inline
	Followed by	Rink Race - IV Finals	12-16 Years	Boys	1000 Mts Inline
08.30 P.M.		Rink Race - IV Finals	Ab-16 Years	Women	1000 Mts Inline
	Followed by	Rink Race - IV Finals	Ab-16 Years	Men	1000 Mts Inline
08.45 P.M.	<b>MEDAL CEREMONY</b>				
<b>Date:</b>		<b>December 21, 2018</b>		<b>DAY 3</b>	
Time	Event	Age Group	Gender	Distance	
06.30 A.M.		Road Race IV Series	12-16 Years	Girls	One lap Inline
	Followed by	Road Race IV Series	12-16 Years	Boys	One lap Inline
07.00 A.M.		Road Race IV Series	Ab-16 Years	Women	One lap Inline
	Followed by	Road Race IV Series	Ab-16 Years	Men	One lap Inline
07.30 A.M.		Road Race - II	08-12 Years	Girls	1500 Mts Quad
	Followed by	Road Race - II	08-12 Years	Boys	1500 Mts Quad
07.50 A.M.		Road Race - II	12-16 Years	Girls	3000 Mts Quad
	Followed by	Road Race - II	12-16 Years	Boys	3000 Mts Quad
08.10 A.M.		Road Race - II	Ab-16 Years	Women	3000 Mts Quad
	Followed by	Road Race - II	Ab-16 Years	Men	3000 Mts Quad
08.30 A.M.		Road Race IV 1/4 Finals	08-12 Years	Girls	One lap Inline
	Followed by	Road Race IV 1/4 Finals	08-12 Years	Boys	One lap Inline
08.45 A.M.		Road Race IV 1/4 Finals	12-16 Years	Girls	One lap Inline

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### SCHEDULE - SPEED SKATING

<b>Date:</b>		<b>December 21, 2018</b>		<b>DAY 3</b>	
Time	Event	Age Group	Gender	Distance	
	Followed by	Road Race IV 1/4 Finals	12-16 Years	Boys	One lap Inline
09.00 A.M.	Road Race IV 1/4 Finals	Ab-16 Years	Women	One lap Inline	
	Followed by	Road Race IV 1/4 Finals	Ab-16 Years	Men	One lap Inline
09.30 A.M.	Road Race IV 1/2 Finals	08-12 Years	Girls	One lap Inline	
	Followed by	Road Race IV 1/2 Finals	08-12 Years	Boys	One lap Inline
09.40 A.M.	Road Race IV 1/2 Finals	12-16 Years	Girls	One lap Inline	
	Followed by	Road Race IV 1/2 Finals	12-16 Years	Boys	One lap Inline
09.50 A.M.	Road Race IV 1/2 Finals	Ab-16 Years	Women	One lap Inline	
	Followed by	Road Race IV 1/2 Finals	Ab-16 Years	Men	One lap Inline
10.30 A.M.	Road Race IV Finals	08-12 Years	Girls	One lap Inline	
	Followed by	Road Race IV Finals	08-12 Years	Boys	One lap Inline
10.40 A.M.	Road Race IV Finals	12-16 Years	Girls	One lap Inline	
	Followed by	Road Race IV Finals	12-16 Years	Boys	One lap Inline
10.50 A.M.	Road Race IV Finals	Ab-16 Years	Women	One lap Inline	
	Followed by	Road Race IV Finals	Ab-16 Years	Men	One lap Inline
<b>11.00 A.M.</b>	<b>MEDAL CEREMONY</b>				
02.00 P.M.	Rink Race - I Series	08-12 Years	Girls	500 + D Mts Quad	
	Followed by	Rink Race - I Series	08-12 Years	Boys	500 + D Mts Quad
02.45 P.M.	Rink Race - I Series	12-16 Years	Girls	500 + D Mts Quad	
	Followed by	Rink Race - I Series	12-16 Years	Boys	500 + D Mts Quad
03.30 P.M.	Rink Race - I Series	Ab-16 Years	Women	500 + D Mts Quad	
	Followed by	Rink Race - I Series	Ab-16 Years	Men	500 + D Mts Quad
04.30 P.M.	Rink Race - I 1/4 Finals	08-12 Years	Girls	500 + D Mts Quad	

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### SCHEDULE - SPEED SKATING

<b>Date:</b>		<b>December 21, 2018</b>		<b>DAY 3</b>	
Time	Event	Age Group	Gender	Distance	
	<b>Followed by</b>	<b>Rink Race - I 1/4 Finals</b>	<b>08-12 Years</b>	<b>Boys</b>	<b>500 + D Mts Quad</b>
<b>04.45 P.M.</b>	<b>Rink Race - I 1/4 Finals</b>	<b>12-16 Years</b>	<b>Girls</b>	<b>500 + D Mts Quad</b>	
	<b>Followed by</b>	<b>Rink Race - I 1/4 Finals</b>	<b>12-16 Years</b>	<b>Boys</b>	<b>500 + D Mts Quad</b>
<b>05.00 P.M.</b>	<b>Rink Race - I 1/4 Finals</b>	<b>Ab-16 Years</b>	<b>Women</b>	<b>500 + D Mts Quad</b>	
	<b>Followed by</b>	<b>Rink Race - I 1/4 Finals</b>	<b>Ab-16 Years</b>	<b>Men</b>	<b>500 + D Mts Quad</b>
<b>05.30 P.M.</b>	<b>Track Elimination Heats</b>	<b>08-12 Years</b>	<b>Girls</b>	<b>5000 Mts Inline</b>	
	<b>Followed by</b>	<b>Track Elimination Heats</b>	<b>08-12 Years</b>	<b>Boys</b>	<b>5000 Mts Inline</b>
<b>06.15 P.M.</b>	<b>Point to Point + Elimination</b>	<b>12-16 Years</b>	<b>Girls</b>	<b>10000 Mts Inline</b>	
	<b>Followed by</b>	<b>Point to Point + Elimination</b>	<b>12-16 Years</b>	<b>Boys</b>	<b>10000 Mts Inline</b>
<b>07.00 P.M.</b>	<b>Track Elimination</b>	<b>Ab-16 Years</b>	<b>Women</b>	<b>15000 Mts Inline</b>	
	<b>Followed by</b>	<b>Track Elimination</b>	<b>Ab-16 Years</b>	<b>Men</b>	<b>15000 Mts Inline</b>
<b>08.15 P.M.</b>	<b>Track Elimination Finals</b>	<b>08-12 Years</b>	<b>Girls</b>	<b>5000 Mts Inline</b>	
	<b>Followed by</b>	<b>Track Elimination Finals</b>	<b>08-12 Years</b>	<b>Boys</b>	<b>5000 Mts Inline</b>
<b>09.00 P.M.</b>	<b>MEDAL CEREMONY</b>				
<b>Date:</b>		<b>December 22, 2018</b>		<b>DAY 4</b>	
Time	Event	Age Group	Gender	Distance	
<b>06.30 A.M.</b>	<b>Road Race III Series</b>	<b>08-12 Years</b>	<b>Girls</b>	<b>100 Mts Inline</b>	
	<b>Followed by</b>	<b>Road Race III Series</b>	<b>08-12 Years</b>	<b>Boys</b>	<b>100 Mts Inline</b>
<b>07.15 A.M.</b>	<b>Road Race III Series</b>	<b>12-16 Years</b>	<b>Girls</b>	<b>100 Mts Inline</b>	
	<b>Followed by</b>	<b>Road Race III Series</b>	<b>12-16 Years</b>	<b>Boys</b>	<b>100 Mts Inline</b>
<b>08.00 A.M.</b>	<b>Road Race III Series</b>	<b>Ab-16 Years</b>	<b>Women</b>	<b>100 Mts Inline</b>	
	<b>Followed by</b>	<b>Road Race III Series</b>	<b>Ab-16 Years</b>	<b>Men</b>	<b>100 Mts Inline</b>
<b>08.45 A.M.</b>	<b>Road Race III 1/8 Final</b>	<b>08-12 Years</b>	<b>Girls</b>	<b>100 Mts Inline</b>	



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Time	Event	Age Group	Gender	Distance	
Followed by	Road Race III 1/8 Final	08-12 Years	Boys	100 Mts Inline	
09.00 A.M.	Road Race III 1/8 Final	12-16 Years	Girls	100 Mts Inline	
Followed by	Road Race III 1/8 Final	12-16 Years	Boys	100 Mts Inline	
09.15 A.M.	Road Race III 1/8 Final	Ab-16 Years	Women	100 Mts Inline	
Followed by	Road Race III 1/8 Final	Ab-16 Years	Men	100 Mts Inline	
09.30 A.M.	Road Race III 1/4 Final	08-12 Years	Girls	100 Mts Inline	
Followed by	Road Race III 1/4 Final	08-12 Years	Boys	100 Mts Inline	
09.45 A.M.	Road Race III 1/4 Final	12-16 Years	Girls	100 Mts Inline	
Followed by	Road Race III 1/4 Final	12-16 Years	Boys	100 Mts Inline	
10.00 A.M.	Road Race III 1/4 Final	Ab-16 Years	Women	100 Mts Inline	
Followed by	Road Race III 1/4 Final	Ab-16 Years	Men	100 Mts Inline	
10.15 A.M.	Road Race III 1/2 Final	08-12 Years	Girls	100 Mts Inline	
Followed by	Road Race III 1/2 Final	08-12 Years	Boys	100 Mts Inline	
10.25 A.M.	Road Race III 1/2 Final	12-16 Years	Girls	100 Mts Inline	
Followed by	Road Race III 1/2 Final	12-16 Years	Boys	100 Mts Inline	
10.35 A.M.	Road Race III 1/2 Final	Ab-16 Years	Women	100 Mts Inline	
Followed by	Road Race III 1/2 Final	Ab-16 Years	Men	100 Mts Inline	
10.45 A.M.	Road Race III Losers Final	08-12 Years	Girls	100 Mts Inline	
Followed by	Road Race III Losers Final	08-12 Years	Boys	100 Mts Inline	
10.50 A.M.	Road Race III Losers Final	12-16 Years	Girls	100 Mts Inline	
Followed by	Road Race III Losers Final	12-16 Years	Boys	100 Mts Inline	
10.55 A.M.	Road Race III Losers Final	Ab-16 Years	Women	100 Mts Inline	
Followed by	Road Race III Losers Final	Ab-16 Years	Men	100 Mts Inline	
11.00 A.M.	Road Race III Final for I & II	08-12 Years	Girls	100 Mts Inline	



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Date:		December 22, 2018		DAY 4	
Time	Event	Age Group	Gender	Distance	
Followed by	Road Race III Final for I & II	08-12 Years	Boys	100 Mts Inline	
11.05 A.M.	Road Race III Final for I & II	12-16 Years	Girls	100 Mts Inline	
Followed by	Road Race III Final for I & II	12-16 Years	Boys	100 Mts Inline	
11.10 A.M.	Road Race III Final for I & II	Ab-16 Years	Women	100 Mts Inline	
Followed by	Road Race III Final for I & II	Ab-16 Years	Men	100 Mts Inline	
11.30 A.M.	<b>MEDAL CEREMONY</b>				
02.00 P.M.	Rink Race - I 1/2 Finals	08-12 Years	Girls	500 + D Mts Quad	
Followed by	Rink Race - I 1/2 Finals	08-12 Years	Boys	500 + D Mts Quad	
02.15 P.M.	Rink Race - I 1/2 Finals	12-16 Years	Girls	500 + D Mts Quad	
Followed by	Rink Race - I 1/2 Finals	12-16 Years	Boys	500 + D Mts Quad	
02.30 P.M.	Rink Race - I 1/2 Finals	Ab-16 Years	Women	500 + D Mts Quad	
Followed by	Rink Race - I 1/2 Finals	Ab-16 Years	Men	500 + D Mts Quad	
03.00 P.M.	Rink Race - I Finals	08-12 Years	Girls	500 + D Mts Quad	
Followed by	Rink Race - I Finals	08-12 Years	Boys	500 + D Mts Quad	
03.10 P.M.	Rink Race - I Finals	12-16 Years	Girls	500 + D Mts Quad	
Followed by	Rink Race - I Finals	12-16 Years	Boys	500 + D Mts Quad	
03.20 P.M.	Rink Race - I Finals	Ab-16 Years	Women	500 + D Mts Quad	
Followed by	Rink Race - I Finals	Ab-16 Years	Men	500 + D Mts Quad	
04.00 P.M.	Track Elimination	12-16 Years	Girls	15000 Mts Inline	
Followed by	Track Elimination	12-16 Years	Boys	15000 Mts Inline	
05.30 P.M.	Point to Point + Elimination	Ab-16 Years	Women	10000 Mts Inline	
Followed by	Point to Point + Elimination	Ab-16 Years	Men	10000 Mts Inline	
06.30 P.M.	Relay Semi Finals	08-12 Years	Girls	3000 Mts Inline	





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<b>Date:</b>		<b>December 22, 2018</b>		<b>DAY 4</b>	
Time	Event	Age Group	Gender	Distance	
	Followed by	Relay Semi Finals	08-12 Years	Boys	3000 Mts Inline
07.00 P.M.	Relay Semi Finals	12-16 Years	Girls	3000 Mts Inline	
	Followed by	Relay Semi Finals	12-16 Years	Boys	3000 Mts Inline
07.30 P.M.	Relay Semi Finals	Ab-16 Years	Women	3000 Mts Inline	
	Followed by	Relay Semi Finals	Ab-16 Years	Men	3000 Mts Inline
08.30 P.M.	Relay Finals	08-12 Years	Girls	3000 Mts Inline	
	Followed by	Relay Finals	08-12 Years	Boys	3000 Mts Inline
08.50 P.M.	Relay Finals	12-16 Years	Girls	3000 Mts Inline	
	Followed by	Relay Finals	12-16 Years	Boys	3000 Mts Inline
09.10 P.M.	Relay Finals	Ab-16 Years	Women	3000 Mts Inline	
	Followed by	Relay Finals	Ab-16 Years	Men	3000 Mts Inline
9.30 P.M.	<b>MEDAL CEREMONY</b>				
<b>Date:</b>		<b>December 23, 2018</b>		<b>DAY 5</b>	
Time	Event	Age Group	Gender	Distance	
06.30 A.M.	Road Race - I Series	08-12 Years	Girls	One lap Quad	
	Followed by	Road Race - I Series	08-12 Years	Boys	One lap Quad
07.15 A.M.	Road Race - I Series	12-16 Years	Girls	One lap Quad	
	Followed by	Road Race - I Series	12-16 Years	Boys	One lap Quad
08.00 A.M.	Road Race - I Series	Ab-16 Years	Women	One lap Quad	
	Followed by	Road Race - I Series	Ab-16 Years	Men	One lap Quad
08.30 A.M.	Road Race - I 1/4 Finals	08-12 Years	Girls	One lap Quad	
	Followed by	Road Race - I 1/4 Finals	08-12 Years	Boys	One lap Quad
08.50 A.M.	Road Race - I 1/4 Finals	12-16 Years	Girls	One lap Quad	



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### SCHEDULE - SPEED SKATING

Date:		December 23, 2018		DAY 5	
Time	Event	Age Group	Gender	Distance	
Followed by	Road Race - I 1/4 Finals	12-16 Years	Boys	One lap Quad	
09.10 A.M.	Road Race - I 1/4 Finals	Ab-16 Years	Women	One lap Quad	
Followed by	Road Race - I 1/4 Finals	Ab-16 Years	Men	One lap Quad	
09.30 A.M.	Road Race - I 1/2 Finals	08-12 Years	Girls	One lap Quad	
Followed by	Road Race - I 1/2 Finals	08-12 Years	Boys	One lap Quad	
09.40 A.M.	Road Race - I 1/2 Finals	12-16 Years	Girls	One lap Quad	
Followed by	Road Race - I 1/2 Finals	12-16 Years	Boys	One lap Quad	
09.50 A.M.	Road Race - I 1/2 Finals	Ab-16 Years	Women	One lap Quad	
Followed by	Road Race - I 1/2 Finals	Ab-16 Years	Men	One lap Quad	
10.00 A.M.	Road Race - I Finals	08-12 Years	Girls	One lap Quad	
Followed by	Road Race - I Finals	08-12 Years	Boys	One lap Quad	
10.10 A.M.	Road Race - I Finals	12-16 Years	Girls	One lap Quad	
Followed by	Road Race - I Finals	12-16 Years	Boys	One lap Quad	
10.20 A.M.	Road Race - I Finals	Ab-16 Years	Women	One lap Quad	
Followed by	Road Race - I Finals	Ab-16 Years	Men	One lap Quad	
10.30 A.M.	<b>MEDAL CEREMONY</b>				
04.00 P.M.	Marathon	12-16 Years	Girls	42 K	
		Ab-16 Years	Women		
05.30 P.M.	Marathon	12-16 Years	Boys	42 K	
		Ab-16 Years	Men		
07.30 P.M.	<b>MEDAL CEREMONY</b>				

#### Note:

1. Skater/s must report 30 minutes before the schedule time.
2. Skater/s must be prepared to run any number of races in a day. He/She should also be prepared to run race/s within a short notice.



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### SCHEDULE - SPEED SKATING

3. Schedule is Subject to change. Protest/s will not be accepted for change in schedule.
4. Protest of any kind will not be accepted for not responding at the "Area of call"
5. The skater must be present at the area of call when they are called by the official speaker of the competition or THIRTY MINUTES (30) before the start of the race. If a skater does not answer the call area judge after being called twice, at one-minute interval from each other, he is marked as Do Not Start (DNS).
6. The skater/s must be present with his complete equipment and his/her race numbers correctly positioned.
7. The judge is in task to control the presence of the skater and to confirm him/her, his/her place on the starting line. The judge check the conformity of the race equipment, race numbers and size of wheels.
8. Skates having a maximum of five (5) wheels, fastened in line, or skates with two pairs of wheels fastened parallel to each other are permitted. The skate must not exceed fifty (50) centimetres in length. Skates must be firmly attached to the shoes and axles are not to protrude from the wheels. Brakes are forbidden.
9. The maximum diameter of wheel must not exceed hundred and ten (110) millimetres.
10. For the Marathon, the maximum diameter of wheel must not exceed hundred and twenty-five (125) millimetres.
  - i). **The racing suit is the following:**
    - a. For National Championships all skaters of the same State/UT must wear the same uniform with long or short sleeves, with the State colours.
    - b. The name of the State/UT or its official abbreviation must be clearly mentioned on the racing suit.
  - ii). In National Competitions with the participation of State/UT teams, advertisements are free. Nevertheless, those advertisements must never hinder the easy identification of the official colours of the State/UT team.
  - iii). Skaters are to wear corresponding racing suits. Those who are not properly equipped are not allowed to start the race.
  - iv). Skaters must wear skates and their official racing suit during the medals presentation. Without any cap and sunglasses.
11. The helmet must be a hard gear with National certification.
  - i). On mass start the hard headgear must have a regular shape and may not have protrusions or ends.
  - ii). Each skater is solely responsible that his personal equipment meets the highest safety criteria in order to obtain the utmost safety of the skater.
  - iii). The helmet must be well fastened on the head in conformity with the safety instructions of the manufacturer.
  - iv). A skater who removes his helmet before the end of the race shall be disqualified.

**D. BHAGIRATH KUMAR**  
**CHAIRMAN**  
**SPEED TECHNICAL COMMITTEE**