

RSFI Guidelines NADA WADA rules and regulation

- 1. RSFI circulate time to time all guidelines and instruction to each skater for awareness.
- 2. RSFI also take randomly test of their good performance skaters every time during the camps and practice sessions.
- 3. RSFI take medal winners sample for doping in National championship and before I international trips.
- 4. RSFI also organize seminar and camps for awareness of skaters.
- 5. RSFI also circulate WADA NADA videos and other information to skaters.

R.S.F.I Secretariat

