

# ROLLER SKATING FEDERATION OF INDIA

## 59th National Roller Skating Championship

15th - 22nd December, 2021

DELHI -Sub. Junior, Junior, Senior & Masters

### SCHEDULE - SPEED SKATING

Date:	December 15, 2021			DAY 1
Time	Event	Distance	Age Group	Gender
06.00 A.M.	Rink Race - VII Series	200 Mts Duel TT Inline	JUNIORS	Girls
Followed by	Rink Race - VII Series	200 Mts Duel TT Inline	JUNIORS	Boys
07.00 A.M.	Rink Race - VII Series	200 Mts Duel TT Inline	SENIORS	Women
Followed by	Rink Race - VII Series	200 Mts Duel TT Inline	SENIORS	Men
08.00 A.M.	Rink Race - VII Series	200 Mts Duel TT Inline	JUNIORS	Girls
Followed by	Rink Race - VII Series	200 Mts Duel TT Inline	JUNIORS	Boys
08.30 A.M.	Rink Race - VII Series	200 Mts Duel TT Inline	SENIORS	Women
Followed by	Rink Race - VII Series	200 Mts Duel TT Inline	SENIORS	Men
09.00 A.M.	Rink Race - V Series	500 + D Mts Inline	SUB - JUNIORS	Girls
Followed by	Rink Race - V Series	500 + D Mts Inline	SUB - JUNIORS	Boys
07.00 A.M.	Road Race - II	1500 Mts Quad	SUB - JUNIORS	Girls
Followed by	Road Race - II	1500 Mts Quad	SUB - JUNIORS	Boys
07.30 A.M.	Road Race - II	3000 Mts Quad	JUNIORS	Girls
Followed by	Road Race - II	3000 Mts Quad	JUNIORS	Boys
08.00 A.M.	Road Race - II	3000 Mts Quad	SENIORS	Women
Followed by	Road Race - II	3000 Mts Quad	SENIORS	Men
02.30 P.M.	Rink Race - V Series	500 + D Mts Inline	JUNIORS	Girls
Followed by	Rink Race - V Series	500 + D Mts Inline	JUNIORS	Boys
03.00 P.M.	Rink Race - V Series	500 + D Mts Inline	SENIORS	Women
Followed by	Rink Race - V Series	500 + D Mts Inline	SENIORS	Men
Followed by	Rink Race - V Series	500 + D Mts Inline	MASTERS	Women
Followed by	Rink Race - V Series	500 + D Mts Inline	MASTERS	Men
04.00 P.M.	Rink Race - V 1/4 Finals	500 + D Mts Inline	SUB - JUNIORS	Girls
Followed by	Rink Race - V 1/4 Finals	500 + D Mts Inline	SUB - JUNIORS	Boys
04.15 P.M.	Rink Race - V 1/4 Finals	500 + D Mts Inline	JUNIORS	Girls
Followed by	Rink Race - V 1/4 Finals	500 + D Mts Inline	JUNIORS	Boys

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04.30 P.M.	Rink Race - V 1/4 Finals	500 + D Mts Inline	SENIORS	Women
Followed by	Rink Race - V 1/4 Finals	500 + D Mts Inline	SENIORS	Men
04.45 P.M.	Rink Race - V 1/4 Finals	500 + D Mts Inline	MASTERS	Women
Followed by	Rink Race - V 1/4 Finals	500 + D Mts Inline	MASTERS	Men
05.00 P.M.	Rink Race - V 1/2 Finals	500 + D Mts Inline	SUB - JUNIORS	Girls
Followed by	Rink Race - V 1/2 Finals	500 + D Mts Inline	SUB - JUNIORS	Boys
05.10 P.M.	Rink Race - V 1/2 Finals	500 + D Mts Inline	JUNIORS	Girls
Followed by	Rink Race - V 1/2 Finals	500 + D Mts Inline	JUNIORS	Boys
05.20 P.M.	Rink Race - V 1/2 Finals	500 + D Mts Inline	SENIORS	Women
Followed by	Rink Race - V 1/2 Finals	500 + D Mts Inline	SENIORS	Men
05.30 P.M.	Rink Race - V 1/2 Finals	500 + D Mts Inline	MASTERS	Women
Followed by	Rink Race - V 1/2 Finals	500 + D Mts Inline	MASTERS	Men
06.00 P.M.	Rink Race - V Finals	500 + D Mts Inline	SUB - JUNIORS	Girls
Followed by	Rink Race - V Finals	500 + D Mts Inline	SUB - JUNIORS	Boys
06.10 P.M.	Rink Race - V Finals	500 + D Mts Inline	JUNIORS	Girls
Followed by	Rink Race - V Finals	500 + D Mts Inline	JUNIORS	Boys
06.20 P.M.	Rink Race - V Finals	500 + D Mts Inline	SENIORS	Women
Followed by	Rink Race - V Finals	500 + D Mts Inline	SENIORS	Men
06.50 P.M.	Rink Race - V Finals	500 + D Mts Inline	MASTERS	Women
Followed by	Rink Race - V Finals	500 + D Mts Inline	MASTERS	Men
<b>Date:</b>	<b>December 16, 2021</b>			<b>DAY 2</b>
06.00 A.M.	Track Elimination Heats	5000 Mts Inline	SUB - JUNIORS	Girls
Followed by	Track Elimination Heats	5000 Mts Inline	SUB - JUNIORS	Boys
07.00 A.M.	Point to Point + Elimination	10000 Mts Inline	JUNIORS	Girls
Followed by	Point to Point + Elimination	10000 Mts Inline	JUNIORS	Boys
07.45 A.M.	Track Elimination	10000 Mts Inline	SENIORS	Women
Followed by	Track Elimination	10000 Mts Inline	SENIORS	Men
08.30 A.M.	Track Elimination Finals	5000 Mts Inline	SUB - JUNIORS	Girls

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Followed by	Track Elimination Finals	5000 Mts Inline	SUB - JUNIORS	Boys
09.00 A.M.	Track Elimination	5000 Mts Inline	MASTERS	Women
Followed by	Track Elimination	5000 Mts Inline	MASTERS	Men
06.00 A.M.	Road Race - I Series	One lap Quad	SUB - JUNIORS	Girls
Followed by	Road Race - I Series	One lap Quad	SUB - JUNIORS	Boys
06.45 A.M.	Road Race - I Series	One lap Quad	JUNIORS	Girls
Followed by	Road Race - I Series	One lap Quad	JUNIORS	Boys
07.30 A.M.	Road Race - I Series	One lap Quad	SENIORS	Women
Followed by	Road Race - I Series	One lap Quad	SENIORS	Men
08.00 A.M.	Road Race - I 1/4 Finals	One lap Quad	SUB - JUNIORS	Girls
Followed by	Road Race - I 1/4 Finals	One lap Quad	SUB - JUNIORS	Boys
08.20 A.M.	Road Race - I 1/4 Finals	One lap Quad	JUNIORS	Girls
Followed by	Road Race - I 1/4 Finals	One lap Quad	JUNIORS	Boys
08.40 A.M.	Road Race - I 1/4 Finals	One lap Quad	SENIORS	Women
Followed by	Road Race - I 1/4 Finals	One lap Quad	SENIORS	Men
09.00 A.M.	Road Race - I 1/2 Finals	One lap Quad	SUB - JUNIORS	Girls
Followed by	Road Race - I 1/2 Finals	One lap Quad	SUB - JUNIORS	Boys
09.10 A.M.	Road Race - I 1/2 Finals	One lap Quad	JUNIORS	Girls
Followed by	Road Race - I 1/2 Finals	One lap Quad	JUNIORS	Boys
09.20 A.M.	Road Race - I 1/2 Finals	One lap Quad	SENIORS	Women
Followed by	Road Race - I 1/2 Finals	One lap Quad	SENIORS	Men
09.30 A.M.	Road Race - I Finals	One lap Quad	SUB - JUNIORS	Girls
Followed by	Road Race - I Finals	One lap Quad	SUB - JUNIORS	Boys
09.40 A.M.	Road Race - I Finals	One lap Quad	JUNIORS	Girls
Followed by	Road Race - I Finals	One lap Quad	JUNIORS	Boys
09.50 A.M.	Road Race - I Finals	One lap Quad	SENIORS	Women
Followed by	Road Race - I Finals	One lap Quad	SENIORS	Men
02.00 P.M.	Rink Race - VI Series	1000 Mts Inline	SUB - JUNIORS	Girls

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Followed by	Rink Race - VI Series	1000 Mts Inline	SUB - JUNIORS	Boys
02.45 P.M.	Rink Race - VI Series	1000 Mts Inline	JUNIORS	Girls
Followed by	Rink Race - VI Series	1000 Mts Inline	JUNIORS	Boys
03.30 P.M.	Rink Race - VI Series	1000 Mts Inline	SENIORS	Women
Followed by	Rink Race - VI Series	1000 Mts Inline	SENIORS	Men
04.15 P.M.	Rink Race - VI 1/2 Finals	1000 Mts Inline	SUB - JUNIORS	Girls
Followed by	Rink Race - VI 1/2 Finals	1000 Mts Inline	SUB - JUNIORS	Boys
04.30 P.M.	Rink Race - VI 1/2 Finals	1000 Mts Inline	JUNIORS	Girls
Followed by	Rink Race - VI 1/2 Finals	1000 Mts Inline	JUNIORS	Boys
04.45 P.M.	Rink Race - VI 1/2 Finals	1000 Mts Inline	SENIORS	Women
Followed by	Rink Race - VI 1/2 Finals	1000 Mts Inline	SENIORS	Men
05.00 P.M.	Rink Race - VI 1/2 Finals	1000 Mts Inline	MASTERS	Women
Followed by	Rink Race - VI 1/2 Finals	1000 Mts Inline	MASTERS	Men
05.30 P.M.	Rink Race - VI Finals	1000 Mts Inline	SUB - JUNIORS	Girls
Followed by	Rink Race - VI Finals	1000 Mts Inline	SUB - JUNIORS	Boys
05.45 P.M.	Rink Race - VI Finals	1000 Mts Inline	JUNIORS	Girls
Followed by	Rink Race - VI Finals	1000 Mts Inline	JUNIORS	Boys
06.00 P.M.	Rink Race - VI Finals	1000 Mts Inline	SENIORS	Women
Followed by	Rink Race - VI Finals	1000 Mts Inline	SENIORS	Men
Followed by	Rink Race - VI Finals	1000 Mts Inline	MASTERS	Women
Followed by	Rink Race - VI Finals	1000 Mts Inline	MASTERS	Men
<b>Date:</b>	<b>December 17, 2021</b>			<b>DAY 3</b>
06.00 A.M.	Track Elimination	10000 Mts Inline	JUNIORS	Girls
Followed by	Track Elimination	10000 Mts Inline	JUNIORS	Boys
07.00 A.M.	Point to Point + Elimination	10000 Mts Inline	SENIORS	Women
Followed by	Point to Point + Elimination	10000 Mts Inline	SENIORS	Men
03.00 P.M.	Relay Semi Finals	3000 Mts Inline	SUB - JUNIORS	Girls
Followed by	Relay Semi Finals	3000 Mts Inline	SUB - JUNIORS	Boys

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04.00 P.M.	Relay Semi Finals	3000 Mts Inline	JUNIORS	Girls
Followed by	Relay Semi Finals	3000 Mts Inline	JUNIORS	Boys
05.00 P.M.	Relay Semi Finals	3000 Mts Inline	SENIORS	Women
Followed by	Relay Semi Finals	3000 Mts Inline	SENIORS	Men
06.00 P.M.	Relay Finals	3000 Mts Inline	SUB - JUNIORS	Girls
Followed by	Relay Finals	3000 Mts Inline	SUB - JUNIORS	Boys
06.30 P.M.	Relay Finals	3000 Mts Inline	JUNIORS	Girls
Followed by	Relay Finals	3000 Mts Inline	JUNIORS	Boys
07.00 P.M.	Relay Finals	3000 Mts Inline	SENIORS	Women
Followed by	Relay Finals	3000 Mts Inline	SENIORS	Men
<b>Date:</b>	<b>December 18, 2021</b>			<b>DAY 4</b>
06.00 A.M.	Rink Race - II Series	500 + D Mts Quad	SUB - JUNIORS	Girls
Followed by	Rink Race - II Series	500 + D Mts Quad	SUB - JUNIORS	Boys
06.45 A.M.	Rink Race - II Series	500 + D Mts Quad	JUNIORS	Girls
Followed by	Rink Race - II Series	500 + D Mts Quad	JUNIORS	Boys
07.30 A.M.	Rink Race - II Series	500 + D Mts Quad	SENIORS	Women
Followed by	Rink Race - II Series	500 + D Mts Quad	SENIORS	Men
08.15 A.M.	Rink Race - II 1/4 Finals	500 + D Mts Quad	SUB - JUNIORS	Girls
Followed by	Rink Race - II 1/4 Finals	500 + D Mts Quad	SUB - JUNIORS	Boys
08.30 A.M.	Rink Race - II 1/4 Finals	500 + D Mts Quad	JUNIORS	Girls
Followed by	Rink Race - II 1/4 Finals	500 + D Mts Quad	JUNIORS	Boys
08.45 A.M.	Rink Race - II 1/4 Finals	500 + D Mts Quad	SENIORS	Women
Followed by	Rink Race - II 1/4 Finals	500 + D Mts Quad	SENIORS	Men
09.30 A.M.	Rink Race - II 1/2 Finals	500 + D Mts Quad	SUB - JUNIORS	Girls
Followed by	Rink Race - II 1/2 Finals	500 + D Mts Quad	SUB - JUNIORS	Boys
09.45 A.M.	Rink Race - II 1/2 Finals	500 + D Mts Quad	JUNIORS	Girls
Followed by	Rink Race - II 1/2 Finals	500 + D Mts Quad	JUNIORS	Boys
10.00 A.M.	Rink Race - II 1/2 Finals	500 + D Mts Quad	SENIORS	Women

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Followed by	Rink Race - II 1/2 Finals	500 + D Mts Quad	SENIORS	Men
10.20 A.M.	Rink Race - II Finals	500 + D Mts Quad	SUB - JUNIORS	Girls
Followed by	Rink Race - II Finals	500 + D Mts Quad	SUB - JUNIORS	Boys
Followed by	Rink Race - II Finals	500 + D Mts Quad	JUNIORS	Girls
Followed by	Rink Race - II Finals	500 + D Mts Quad	JUNIORS	Boys
Followed by	Rink Race - II Finals	500 + D Mts Quad	SENIORS	Women
Followed by	Rink Race - II Finals	500 + D Mts Quad	SENIORS	Men
02.00 P.M.	Rink Race - III Series	1000 Mts Quad	SUB - JUNIORS	Girls
Followed by	Rink Race - III Series	1000 Mts Quad	SUB - JUNIORS	Boys
02.45 P.M.	Rink Race - III Series	1000 Mts Quad	JUNIORS	Girls
Followed by	Rink Race - III Series	1000 Mts Quad	JUNIORS	Boys
03.30 P.M.	Rink Race - III Series	1000 Mts Quad	SENIORS	Women
Followed by	Rink Race - III Series	1000 Mts Quad	SENIORS	Men
04.15 P.M.	Rink Race - III 1/2 Finals	1000 Mts Quad	SUB - JUNIORS	Girls
Followed by	Rink Race - III 1/2 Finals	1000 Mts Quad	SUB - JUNIORS	Boys
05.30 P.M.	Rink Race - III 1/2 Finals	1000 Mts Quad	JUNIORS	Girls
Followed by	Rink Race - III 1/2 Finals	1000 Mts Quad	JUNIORS	Boys
05.45 P.M.	Rink Race - III 1/2 Finals	1000 Mts Quad	SENIORS	Women
Followed by	Rink Race - III 1/2 Finals	1000 Mts Quad	SENIORS	Men
06.30 P.M.	Rink Race - III Finals	1000 Mts Quad	SUB - JUNIORS	Girls
Followed by	Rink Race - III Finals	1000 Mts Quad	SUB - JUNIORS	Boys
06.40 P.M.	Rink Race - III Finals	1000 Mts Quad	JUNIORS	Girls
Followed by	Rink Race - III Finals	1000 Mts Quad	JUNIORS	Boys
06.50 P.M.	Rink Race - III Finals	1000 Mts Quad	SENIORS	Women
Followed by	Rink Race - III Finals	1000 Mts Quad	SENIORS	Men
<b>Date:</b>	<b>December 19, 2021</b>			<b>DAY 5</b>
06.00 A.M.	Road Race - V	3000 Mts Inline	SUB - JUNIORS	Girls
Followed by	Road Race - V	3000 Mts Inline	SUB - JUNIORS	Boys

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06.45 A.M.	Road Elimination Race	15000 Mts Inline	JUNIORS	Girls
Followed by	Road Elimination Race	15000 Mts Inline	JUNIORS	Boys
08.15 A.M.	Point to Point Race	10000 Mts Inline	SENIORS	Women
Followed by	Point to Point Race	10000 Mts Inline	SENIORS	Men
02.30 P.M.	Road Race IV Series	One lap Inline	SUB - JUNIORS	Girls
Followed by	Road Race IV Series	One lap Inline	SUB - JUNIORS	Boys
03.00 P.M.	Road Race IV Series	One lap Inline	JUNIORS	Girls
Followed by	Road Race IV Series	One lap Inline	JUNIORS	Boys
03.45 P.M.	Road Race IV Series	One lap Inline	SENIORS	Women
Followed by	Road Race IV Series	One lap Inline	SENIORS	Men
04.30 P.M.	Road Race IV 1/4 Finals	One lap Inline	SUB - JUNIORS	Girls
Followed by	Road Race IV 1/4 Finals	One lap Inline	SUB - JUNIORS	Boys
05.00 P.M.	Road Race IV 1/4 Finals	One lap Inline	JUNIORS	Girls
Followed by	Road Race IV 1/4 Finals	One lap Inline	JUNIORS	Boys
05.15 P.M.	Road Race IV 1/4 Finals	One lap Inline	SENIORS	Women
Followed by	Road Race IV 1/4 Finals	One lap Inline	SENIORS	Men
05.30 P.M.	Road Race IV 1/2 Finals	One lap Inline	SUB - JUNIORS	Girls
Followed by	Road Race IV 1/2 Finals	One lap Inline	SUB - JUNIORS	Boys
05.45 P.M.	Road Race IV 1/2 Finals	One lap Inline	JUNIORS	Girls
Followed by	Road Race IV 1/2 Finals	One lap Inline	JUNIORS	Boys
06.00 P.M.	Road Race IV 1/2 Finals	One lap Inline	SENIORS	Women
Followed by	Road Race IV 1/2 Finals	One lap Inline	SENIORS	Men
06.15 P.M.	Road Race IV Finals	One lap Inline	SUB - JUNIORS	Girls
Followed by	Road Race IV Finals	One lap Inline	SUB - JUNIORS	Boys
06.30 P.M.	Road Race IV Finals	One lap Inline	JUNIORS	Girls
Followed by	Road Race IV Finals	One lap Inline	JUNIORS	Boys
06.45 P.M.	Road Race IV Finals	One lap Inline	SENIORS	Women
Followed by	Road Race IV Finals	One lap Inline	SENIORS	Men

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Date:	December 20, 2021			DAY 6
06.00 A.M.	Point to Point Race	10000 Mts Inline	JUNIORS	Girls
Followed by	Point to Point Race	10000 Mts Inline	JUNIORS	Boys
07.30 A.M.	Road Elimination Race	15000 Mts Inline	SENIORS	Women
Followed by	Road Elimination Race	15000 Mts Inline	SENIORS	Men
02.00 P.M.	Road Race III Series	100 Mts Inline	SUB - JUNIORS	Girls
Followed by	Road Race III Series	100 Mts Inline	SUB - JUNIORS	Boys
Followed by	Road Race III Series	100 Mts Inline	JUNIORS	Girls
Followed by	Road Race III Series	100 Mts Inline	JUNIORS	Boys
Followed by	Road Race III Series	100 Mts Inline	SENIORS	Women
Followed by	Road Race III Series	100 Mts Inline	SENIORS	Men
04.30 P.M.	Road Race III 1/8 Final	100 Mts Inline	SUB - JUNIORS	Girls
Followed by	Road Race III 1/8 Final	100 Mts Inline	SUB - JUNIORS	Boys
Followed by	Road Race III 1/8 Final	100 Mts Inline	JUNIORS	Girls
Followed by	Road Race III 1/8 Final	100 Mts Inline	JUNIORS	Boys
Followed by	Road Race III 1/8 Final	100 Mts Inline	SENIORS	Women
Followed by	Road Race III 1/8 Final	100 Mts Inline	SENIORS	Men
05.30 P.M.	Road Race III 1/4 Final	100 Mts Inline	SUB - JUNIORS	Girls
Followed by	Road Race III 1/4 Final	100 Mts Inline	SUB - JUNIORS	Boys
Followed by	Road Race III 1/4 Final	100 Mts Inline	JUNIORS	Girls
Followed by	Road Race III 1/4 Final	100 Mts Inline	JUNIORS	Boys
Followed by	Road Race III 1/4 Final	100 Mts Inline	SENIORS	Women
Followed by	Road Race III 1/4 Final	100 Mts Inline	SENIORS	Men
06.00 P.M.	Road Race III 1/2 Final	100 Mts Inline	SUB - JUNIORS	Girls
Followed by	Road Race III 1/2 Final	100 Mts Inline	SUB - JUNIORS	Boys
Followed by	Road Race III 1/2 Final	100 Mts Inline	JUNIORS	Girls
Followed by	Road Race III 1/2 Final	100 Mts Inline	JUNIORS	Boys
Followed by	Road Race III 1/2 Final	100 Mts Inline	SENIORS	Women



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Followed by	Road Race III 1/2 Final	100 Mts Inline	SENIORS	Men
06.45 P.M.	Road Race III Losers Final	100 Mts Inline	SUB - JUNIORS	Girls
Followed by	Road Race III Losers Final	100 Mts Inline	SUB - JUNIORS	Boys
Followed by	Road Race III Losers Final	100 Mts Inline	JUNIORS	Girls
Followed by	Road Race III Losers Final	100 Mts Inline	JUNIORS	Boys
Followed by	Road Race III Losers Final	100 Mts Inline	SENIORS	Women
Followed by	Road Race III Losers Final	100 Mts Inline	SENIORS	Men
Followed by	Road Race III Final for I & II	100 Mts Inline	SUB - JUNIORS	Girls
Followed by	Road Race III Final for I & II	100 Mts Inline	SUB - JUNIORS	Boys
Followed by	Road Race III Final for I & II	100 Mts Inline	JUNIORS	Girls
Followed by	Road Race III Final for I & II	100 Mts Inline	JUNIORS	Boys
Followed by	Road Race III Final for I & II	100 Mts Inline	SENIORS	Women
Followed by	Road Race III Final for I & II	100 Mts Inline	SENIORS	Men
<b>Date:</b>	<b>December 21, 2021</b>			<b>DAY 7</b>
<b>Time</b>	<b>Event</b>	<b>Distance</b>	<b>Age Group</b>	<b>Gender</b>
06.00 A.M.	Marathon	42 K	JUNIORS	Girls
			JUNIORS	Women
07.45 A.M.	Marathon	42 K	SENIORS	Boys
			SENIORS	Men

**Note:**

1. Skater/s must report 30 minutes before the schedule time.
2. Skater/s must be prepared to run any number of races in a day. He/She should also be prepared to run race/s within a short notice.
3. Schedule is Subject to change. Protest/s will not be accepted for change in schedule.
4. Protest of any kind will not be accepted for not responding at the "Area of call"
5. The skater must be present at the area of call when they are called by the official speaker of the competition or THIRTY MINUTES (30) before the start of the race. If a skater does not answer the call area judge after being called twice, at one-minute
6. The skater/s must be present with his complete equipment and his/her race numbers correctly positioned.
7. The judge is in task to control the presence of the skater and to confirm him/her, his/her place on the starting line. The judge check the conformity of the race equipment, race numbers and size of wheels.

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8. Skates having a maximum of five (5) wheels, fastened in line, or skates with two pairs of wheels fastened parallel to each other are permitted. The skate must not exceed fifty (50) centimetres in length. Skates must be firmly attached to the shoes

9. The maximum diameter of wheel must not exceed hundred and ten (110) millimetres.

10. For the Marathon, the maximum diameter of wheel must not exceed hundred & twenty-five (125) millimetres.

**i). The racing suit is the following:**

a. For National Championships all skaters of the same State/UT must wear the same uniform with long or short sleeves, with the State colours.

b. The name of the State/UT or its official abbreviation must be clearly mentioned on the racing suit.

ii). In National Competitions with the participation of State/UT teams, advertisements are free. Nevertheless, those advertisements must never hinder the easy identification of the official colours of the State/UT team.

iii). Skaters are to wear corresponding racing suits. Those who are not properly equipped are not allowed to start the race.

iv). Skaters must wear skates and their official racing suit during the medals presentation. Without any cap and sunglasses.

11. The helmet must be a hard gear with National certification.

i). On mass start the hard headgear must have a regular shape and may not have protrusions or ends.

ii). Each skater is solely responsible that his personal equipment meets the highest safety criteria in order to obtain the utmost safety of the skater.

iii). The helmet must be well fastened on the head in conformity with the safety instructions of the manufacturer.

iv). A skater who removes his helmet before the end of the race shall be disqualified.

**NARESH KUMAR SHARMA**  
**GENERAL SECRETARY - RSFI**

**SEBASTIAN PREM C**  
**CHAIRMAN STC - RSFI**