



**INDIA
SKATE**

60TH NATIONAL ROLLER SKATING CHAMPIONSHIP-2022

AT BENGALURU - KARNATAKA , FROM 11TH TO 22 DECEMBER-2022

ARTISTIC

11/12/2022		SUNDAY		DAY - 01	
TIME	SLOT FOR PRACTICE / COMPETITION	EVENT	AGE GROUP	VENUE	
06:00 AM TO 06:10 AM	PRACTICE	QUAD FREE – SHORT	ABOVE 17 MEN	SAGOLLI RAYANNA SPORTS CENTER, 4 TH CROSS, G K W LAY OUT BANGLORE - 560072	
06:10 AM TO 06:20 AM	PRACTICE	QUAD FREE – SHORT	ABOVE 17 WOMEN		
06:20 AM TO 06:30 AM	PRACTICE	QUAD FREE – SHORT	14 TO 17 BOYS		
06:40 AM TO 06:50 AM	PRACTICE	QUAD FREE – SHORT	14 TO 17 GIRLS		
06:50 AM TO 07:00 AM	PRACTICE	INLINE FREE –SHORT	ABOVE 17 MEN		
07:00 AM TO 07:10 AM	PRACTICE	INLINE FREE –SHORT	ABOVE 17 WOMEN		
07:10 AM TO 07:20 AM	PRACTICE	INLINE FREE –SHORT	14 TO 17 BOYS		
07:20 AM TO 07:30 AM	PRACTICE	INLINE FREE- SHORT	14 TO 17 GIRLS		
07:30 AM TO 08:00 AM	FIGURES "LOT" FOR ALL AGE GROUPS [CADET, SUB JUNIOR, JUNIOR & SENIOR (ABOVE 17 ,14 TO 17, 11 TO 14, 09 TO 11, 07 TO 09 AND 05 TO 07)]				
	FOLLOWED BY SOLO & COUPLE COMPULSORY DANCE "LOT" FOR CADET (07 TO 09 AND 09 TO 11 AGE GROUP)				
08:00 AM TO 08:35 AM	QUAD FREE - SHORT	ABOVE 17 MEN	COMPETITION		
08:35 AM TO 09:10 AM	QUAD FREE - SHORT	ABOVE 17 WOMEN	COMPETITION		
BREAK 09:10 AM TO 09:40 AM					
09:40 AM TO 10:25 AM	QUAD FREE - SHORT	14 TO 17 BOYS	COMPETITION		
10:25 AM TO 11:00 AM	QUAD FREE - SHORT	14 TO 17 GIRLS	COMPETITION		
11:00 AM TO 11:30 AM	INLINE FREE -SHORT	ABOVE 17 MEN	COMPETITION		
	INLINE FREE- SHORT	ABOVE 17 WOMEN			
11:30 AM TO 11:55 AM	INLINE FREE -SHORT	14 TO 17 BOYS	COMPETITION		
11:55 AM TO 12:20 PM	INLINE FREE- SHORT	14 TO 17 GIRLS	COMPETITION		
12:20 PM TO 12:35 PM	INLINE FREE -SHORT	11 TO 14 BOYS	COMPETITION		
12:35 PM TO 01:10 PM	INLINE FREE- SHORT	11 TO 14 GIRLS	COMPETITION		
01:30 PM TO 01:50 PM	FIGURE SKATING	09 TO 11 BOYS	PRACTICE		
01:50 PM TO 02:20 PM	FIGURE SKATING	09 TO 11 GIRLS	PRACTICE		
02:20 PM TO 02:40 PM	FIGURE SKATING	07 TO 09 BOYS	PRACTICE		
02:40 PM TO 03:00 PM	FIGURE SKATING	07 TO 09 GIRLS	PRACTICE		
03:00 PM TO 03:20 PM	FIGURE SKATING	05 TO 07 BOYS	PRACTICE		
03:20 PM TO 03:40 PM	FIGURE SKATING	05 TO 07 GIRLS	PRACTICE		
MARCH PAST					
After 9pm	FIGURE SKATING	11 TO 14 BOYS	PRACTICE		
After 9pm	FIGURE SKATING	11 TO 14 GIRLS	PRACTICE		
After 9pm	FIGURE SKATING	14 TO 17 BOYS	PRACTICE		
After 9pm	FIGURE SKATING	14 TO 17 GIRLS	PRACTICE		
After 9pm	FIGURE SKATING	ABOVE 17 MEN	PRACTICE		
After 9pm	FIGURE SKATING	ABOVE 17 WOMEN	PRACTICE		



**INDIA
SKATE**

60TH NATIONAL ROLLER SKATING CHAMPIONSHIP-2022

12/12/2022		MONDAY		DAY - 02
TIME	SLOT FOR PRACTICE / COMPETITION	EVENT	AGE GROUP	VENUE
06:00 AM TO 06:10 AM	FIGURE SKATING	ABOVE 17 MEN	PRACTICE	SAGOLLI RAYANNA SPORTS CENTER, 4TH CROSS, G K W LAY OUT, BANGLORE - 560072
06:10 AM TO 06:20 AM	FIGURE SKATING	ABOVE 17 WOMEN	PRACTICE	
06:20 AM TO 06:30 AM	FIGURE SKATING	14 TO 17 BOYS	PRACTICE	
06:30 AM TO 06:40 AM	FIGURE SKATING	14 TO 17 GIRLS	PRACTICE	
06:40 AM TO 06:50 AM	FIGURE SKATING	11 TO 14 BOYS	PRACTICE	
06:50 AM TO 07:00 AM	FIGURE SKATING	11 TO 14 GIRLS	PRACTICE	
07:00 AM TO 07:10 AM	FIGURE SKATING	09 TO 11 BOYS	PRACTICE	
07:10 AM TO 07:20 AM	FIGURE SKATING	09 TO 11 GIRLS	PRACTICE	
07:20 AM TO 07:30 AM	INLINE FREE - LONG	11 TO 14 BOYS	PRACTICE	
07:30 AM TO 07:40 AM	INLINE FREE - LONG	11 TO 14 GIRLS	PRACTICE	
08:00 AM TO 9:10 AM	FIGURE SKATING	ABOVE 17 MEN	COMPETITION	
BREAK 9:10 AM TO 09:40 AM				
09:40 AM TO 10:40 AM	FIGURE SKATING	ABOVE 17 WOMEN	COMPETITION	
10:40 AM TO 11:50 AM	FIGURE SKATING	14 TO 17 BOYS	COMPETITION	
11:50 AM TO 01:00 PM	FIGURE SKATING	14 TO 17 GIRLS	COMPETITION	
BREAK 01:00 PM TO 01:45 PM				
01:45 PM TO 02:25 PM	FIGURE SKATING	05 TO 07 BOYS	COMPETITION	
02:25 PM TO 02:50 PM	FIGURE SKATING	05 TO 07 GIRLS	COMPETITION	
02:50 PM TO 04:00 PM	FIGURE SKATING	07 TO 09 BOYS	COMPETITION	
04:00 PM TO 04:45 PM	FIGURE SKATING	07 TO 09 GIRLS	COMPETITION	
04:45 PM TO 05:30 PM	FIGURE SKATING	09 TO 11 BOYS	COMPETITION	
05:30 PM TO 06:30 PM	FIGURE SKATING	09 TO 11 GIRLS	COMPETITION	
06:30 PM TO 07:00 PM	FIGURE SKATING	11 TO 14 BOYS	COMPETITION	
07:10 PM TO 08:00 PM	FIGURE SKATING	11 TO 14 GIRLS	COMPETITION	
08:00 PM TO 10:00 PM				
OPEN PRACTICE FOR NEXT DAY EVENTS				



**INDIA
SKATE**

60TH NATIONAL ROLLER SKATING CHAMPIONSHIP-2022

13/12/2022		TUESDAY		DAY - 03	
TIME	SLOT FOR PRACTICE / COMPETITION	EVENT	AGE GROUP	VENUE	
06:00 AM TO 06:10 AM	SOLO COMPULSORY	07 TO 09 BOYS	PRACTICE	SAGOLLI RAYANNA SPORTS CENTER, 4TH CROSS, G K W LAY OUT BANGLORE - 560072	
06:10 AM TO 06:20 AM	SOLO COMPULSORY	07 TO 09 GIRLS	PRACTICE		
06:20 AM TO 06:30 AM	SOLO COMPULSORY	09 TO 11 BOYS	PRACTICE		
06:30 AM TO 06:40 AM	SOLO COMPULSORY	09 TO 11 GIRLS	PRACTICE		
06:40 AM TO 06:50 AM	SHOW GROUP	07 TO 14 YRS	PRACTICE		
06:50 AM TO 07:00 AM	SHOW GROUP	14 AND ABOVE YRS	PRACTICE		
07:00 AM TO 07:10 AM	PRECISION	07 TO 14	PRACTICE		
07:10 AM TO 07:20 AM	PRECISION	14 AND ABOVE	PRACTICE		
07:20 AM TO 07:30 AM	SOLO STYLE DANCE	ABOVE 17 MEN	PRACTICE		
07:30 AM TO 07:40 AM	SOLO STYLE DANCE	ABOVE 17 WOMEN	PRACTICE		
07:40 AM TO 07:50 AM	SOLO STYLE DANCE	14 TO 17 BOYS	PRACTICE		
07:50 AM TO 08:00 AM	SOLO STYLE DANCE	14 TO 17 GIRLS	PRACTICE		
08:00 AM TO 08:30 AM	SHOW GROUP	14 AND ABOVE	COMPETITION		
08:30 AM TO 09:00 AM	SHOW GROUP	07 TO 14	COMPETITION		
BREAK 09:00 AM TO 09:30 AM					
09:30 AM TO 10:05 AM	SOLO COMPULSORY	07 TO 09 BOYS	COMPETITION		
10:05 AM TO 10:40 AM	SOLO COMPULSORY	07 TO 09 GIRLS	COMPETITION		
10:00 AM TO 10:40 AM	SOLO COMPULSORY	09 TO 11 BOYS	COMPETITION		
10:40 AM TO 12:20 AM	SOLO COMPULSORY	09 TO 11 GIRLS	COMPETITION		
12:20 PM TO 12:35 PM	PRECISION	14 & ABOVE AGE	COMPETITION		
12:35 PM TO 01:00 PM	PRECISION	07 TO 14 AGE	COMPETITION		
01:40 PM TO 01:50 PM	SOLO STYLE DANCE	11 TO 14 BOYS	PRACTICE		
01:50 PM TO 02:00 PM	SOLO STYLE DANCE	11 TO 14 GIRLS	PRACTICE		
02:00 PM TO 02:10 PM	COUPLE STYLE DANCE	ABOVE 17 YRS	PRACTICE		
02:10 PM TO 02:20 PM	COUPLE STYLE DANCE	14 TO 17 YRS	PRACTICE		
02:20 PM TO 02:30 PM	COUPLE STYLE DANCE	11 TO 14 YRS	PRACTICE		
02:30 PM TO 02:40 PM	QUAD FREE SKATING	07 TO 09 BOYS	PRACTICE		
02:40 PM TO 03:35 PM	SOLO STYLE DANCE	ABOVE 17 MEN	COMPETITION		
03:35 PM TO 04:40 PM	SOLO STYLE DANCE	ABOVE 17 WOMEN	COMPETITION		
04:40 PM TO 05:30 PM	SOLO STYLE DANCE	14 TO 17 BOYS	COMPETITION		
05:30 PM TO 06:35 PM	SOLO STYLE DANCE	14 TO 17 GIRLS	COMPETITION		
06:35 PM TO 07:20 PM	SOLO STYLE DANCE	11 TO 14 BOYS	COMPETITION		
07:20 PM TO 08:20 PM	SOLO STYLE DANCE	11 TO 14 GIRLS	COMPETITION		
08:20 PM TO 10:00 PM OPEN PRACTICE FOR NEXT DAY EVENTS					



**INDIA
SKATE**

60TH NATIONAL ROLLER SKATING CHAMPIONSHIP-2022

14/12/2022		WEDNESDAY		DAY - 04	
TIME	SLOT FOR PRACTICE & COMPETITION	EVENT	AGE GROUP	VENUE	
06:00 AM TO 06:10 AM	QUAD FREE - LONG	ABOVE 17 YRS BOYS	PRACTICE	SAGOLLI RAYANNA SPORTS CENTER, 4TH CROSS, G K W LAY OUT BANGLORE - 560072	
06:10 AM TO 06:20 AM	QUAD FREE - LONG	ABOVE 17 YRS GIRLS	PRACTICE		
06:20 AM TO 06:30 AM	QUAD FREE - LONG	14 TO 17 BOYS	PRACTICE		
06:30 AM TO 06:40 AM	QUAD FREE - LONG	14 TO 17 GIRLS	PRACTICE		
06:40 AM TO 06:50 AM	QUAD FREE - LONG	11 TO 14 BOYS	PRACTICE		
06:50 AM TO 07:00 AM	QUAD FREE - LONG	11 TO 14 GIRLS	PRACTICE		
07:00 AM TO 07:10 AM	QUAD - FREE SKATING	09 TO 11 BOYS	PRACTICE		
07:10 AM TO 07:20 AM	QUAD - FREE SKATING	09 TO 11 GIRLS	PRACTICE		
07:20 AM TO 07:30 AM	COUPLE COMPULSARY	07 TO 09 YRS	PRACTICE		
07:30 AM TO 07:40 AM	COUPLE COMPULSARY	09 TO 11 GIRLS	PRACTICE		
07:40 AM TO 07:50 AM	QUAD - FREE SKATING	05 TO 07 BOYS	PRACTICE		
07:50 AM TO 08:00 AM	QUAD - FREE SKATING	05 TO 07 GIRLS	PRACTICE		
08:00 AM TO 08:20 AM	COUPLE COMPULSORY	07 TO 09 YRS	COMPETITION		
08:20 AM TO 08:40 AM	COUPLE COMPULSORY	09 TO 11 YRS	COMPETITION		
08:40 aM TO 09:35 aM	EXTRA TIME				
BREAK 09:30 AM TO 10:05 AM					
10:05 AM TO 11:00 AM	EXTRA TIME				
11:00 AM TO 11:50 aM	EXTRA TIME				
11:40 aM TO 12:45 PM	EXTRA TIME				
12:50 PM TO 01:00 PM	PAIR SKATING - SHORT	ABOVE 17 YRS	PRACTICE		
01:00 PM TO 01:10 PM	PAIR SKATING - SHORT	14 TO 17 YRS	PRACTICE		
01:10 PM TO 01:20 PM	PAIR SKATING - SHORT	11 TO 14 YRS	PRACTICE		
01:20 PM TO 01.30 PM	INLINE FREE - LONG	ABOVE 17 MEN	PRACTICE		
01:30 PM TO 01:40 PM	INLINE FREE - LONG	ABOVE 17 WOMEN	PRACTICE		
01:40 PM TO 01:50 PM	INLINE FREE - LONG	14 TO 17 BOYS	PRACTICE		
01:50 PM TO 02:00 PM	INLINE FREE - LONG	14 TO 17 GIRLS	PRACTICE		
02:00 PM TO 02:10 PM	INLINE FREE - LONG	11 TO 14 BOYS	PRACTICE		
02:10 PM TO 02:20 PM	INLINE FREE - LONG	11 TO 14 GIRLS	PRACTICE		
02:20 PM TO 02.30 PM	INLINE FREE - LONG	09 TO 11 BOYS	PRACTICE		
02:30 PM TO 02:40 PM	INLINE FREE - LONG	09 TO 11 GIRLS	PRACTICE		
02:40 PM TO 02:50 PM	INLINE FREE - LONG	07 TO 09 BOYS	PRACTICE		
02:50 PM TO 03:00 PM	INLINE FREE - LONG	07 TO 09 GIRLS	PRACTICE		
03:00 PM TO 03:45 PM	PAIR SKATING - SHORT	ABOVE 17 YRS	COMPETITION		
03:45 PM TO 04:30 PM	PAIR SKATING - SHORT	14 TO 17 YRS	COMPETITION		
04:30 PM TO 05:10 PM	PAIR SKATING - SHORT	11 TO 14 YRS	COMPETITION		
05:10 PM TO 06:50 PM	COUPLE STYLE DANCE	ABOVE 17 YRS	COMPETITION		
06:50 PM TO 07:40 PM	COUPLE STYLE DANCE	14 TO 17 YRS	COMPETITION		
07:40 PM TO 08:10 PM	COUPLE STYLE DANCE	11 TO 14 YRS	COMPETITION		
08:10 PM TO 10:00 PM OPEN PRACTICE FOR NEXT DAY EVENTS					



**INDIA
SKATE**

60TH NATIONAL ROLLER SKATING CHAMPIONSHIP-2022

15/12/2022		THURSDAY		DAY - 05			
TIME	SLOT FOR PRACTICE / COMPETITION	EVENT	AGE GROUP	VENUE			
06:00 AM TO 06:10 AM	SOLO FREE DANCE	ABOVE 17 MEN	PRACTICE	SAGOLLI RAYANNA SPORTS CENTER, 4TH CROSS, G K W LAY OUT BANGLORE - 560072			
06:10 AM TO 06:20 AM	SOLO FREE DANCE	ABOVE 17 WOMEN	PRACTICE				
06:20 AM TO 06:30 AM	SOLO FREE DANCE	14 TO 17 BOYS	PRACTICE				
06:30 AM TO 06:40 AM	SOLO FREE DANCE	14 TO 17 GIRLS	PRACTICE				
06:40 AM TO 06:50 AM	SOLO FREE DANCE	11 TO 14 BOYS	PRACTICE				
06:50 AM TO 07:00 AM	SOLO FREE DANCE	11 TO 14 GIRLS	PRACTICE				
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07:00 AM TO 07:10 AM	QUARTET	ABOVE 17 YRS	PRACTICE				
07:10 AM TO 07:20 AM	QUARTET	14 TO 17 YRS	PRACTICE				
07:20 AM TO 07:30 AM	QUARTET	11 TO 14 YRS	PRACTICE				
07:30 AM TO 07:40 AM	QUARTET	09 TO 11 YRS	PRACTICE				
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07:40 AM TO 07:50 AM	QUARTET	07 TO 09 YRS	PRACTICE				
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08:00 AM TO 08:50 AM	QUAD FREE - LONG	ABOVE 17 MEN	COMPETITION				
08:50 AM TO 09:35 AM	QUAD FREE - LONG	ABOVE 17 WOMEN	COMPETITION				
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BREAK 09:35 AM TO 10:00 AM							
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10:00 AM TO 10:45 AM	QUAD FREE - LONG	14 TO 17 BOYS	COMPETITION				
10:45 AM TO 11:35 AM	QUAD FREE - LONG	14 TO 17 GIRLS	COMPETITION				
11:35 AM TO 12:30 PM	QUAD FREE - LONG	11 TO 14 BOYS	COMPETITION				
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12:30 PM TO 01:25 PM	QUAD FREE - LONG	11 TO 14 GIRLS	COMPETITION				
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01:30 PM TO 01:40 PM	SOLO FREE DANCE	09 TO 11 BOYS	PRACTICE				
01:40 PM TO 01:50 PM	SOLO FREE DANCE	09 TO 11 GIRLS	PRACTICE				
01:50 PM TO 02:00 PM	SOLO FREE DANCE	07 TO 09 BOYS	PRACTICE				
02:00 PM TO 02:10 PM	SOLO FREE DANCE	07 TO 09 GIRLS	PRACTICE				
02:10 PM TO 02:20 PM	SOLO FREE DANCE	05 TO 07 BOYS	PRACTICE				
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02:20 PM TO 02:30 PM	SOLO FREE DANCE	05 TO 07 GIRLS	PRACTICE				
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02:30 PM TO 03:15 PM	QUAD - FREE SKATING	09 TO 11 BOYS	COMPETITION				
03:15 PM TO 04:00 PM	QUAD - FREE SKATING	09 TO 11 GIRLS	COMPETITION				
04:00 PM TO 04:45 PM	QUAD - FREE SKATING	07 TO 09 BOYS	COMPETITION				
04:45 PM TO 05:30 PM	QUAD - FREE SKATING	07 TO 09 GIRLS	COMPETITION				
05:30 PM TO 06:15 PM	QUAD - FREE SKATING	05 TO 07 BOYS	COMPETITION				
06:15 PM TO 07:00 PM	QUAD - FREE SKATING	05 TO 07 GIRLS	COMPETITION				
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07:00 PM TO 07:30 PM	QUARTET	ABOVE 17 YRS	COMPETITION				
07:30 PM TO 08:00 PM	QUARTET	14 TO 17 YRS	COMPETITION				
08:00 PM TO 08:30 PM	QUARTET	11 TO 14 YRS	COMPETITION				
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08:30 PM TO 10:00 PM							
OPEN PRACTICE FOR NEXT DAY EVENTS							



**INDIA
SKATE**

60TH NATIONAL ROLLER SKATING CHAMPIONSHIP-2022

16/12/2022		FRIDAY		DAY - 06	
TIME	SLOT FOR PRACTICE / COMPETITION	EVENT	AGE GROUP	VENUE	
07:00 AM TO 07:10 AM	PAIR SKATING - LONG	ABOVE 17 YRS	PRACTICE	SAGOLLI RAYANNA SPORTS CENTER, 4TH CROSS, G K W LAY OUT BANGLORE - 560072	
07:10 AM TO 07:20 AM	PAIR SKATING - LONG	14 TO 17 YRS	PRACTICE		
07:20 AM TO 07:30 AM	PAIR SKATING - LONG	11 TO 14 YRS	PRACTICE		
07:30 AM TO 07:40 AM	PAIR SKATING - LONG	09 TO 11 YRS	PRACTICE		
07:40 AM TO 07:50 AM	PAIR SKATING - LONG	07 TO 09 YRS	PRACTICE		
07:50 AM TO 08:00 AM	PAIR SKATING - LONG	05 TO 07 YRS	PRACTICE		
08:00 AM TO 09:40 AM	COMPETITION	SOLO FREE DANCE	ABOVE 17 MEN		
BREAK 09:20AM TO 09:50AM					
10:10 AM TO 11:20 AM	SOLO FREE DANCE	ABOVE 17 WOMEN	COMPETITION		
11:20 AM TO 12:10 PM	SOLO FREE DANCE	14 TO 17 BOYS	COMPETITION		
12:10 AM TO 01:20 PM	SOLO FREE DANCE	14 TO 17 GIRLS	COMPETITION		
BREAK 01:20 PM TO 02:00 PM					
02:00 PM TO 02:30 PM	QUARTET	09 TO 11 YRS	COMPETITION		
02:30 PM TO 03:00 PM	QUARTET	07 TO 09 YRS	COMPETITION		
03:00 PM TO 03:45 PM	SOLO FREE DANCE	11 TO 14 BOYS	COMPETITION		
03:45 PM TO 04:55 PM	SOLO FREE DANCE	11 TO 14 GIRLS	COMPETITION		
04:55 PM TO 05:30 PM	SOLO FREE DANCE	05 TO 07 GIRLS	COMPETITION		
05:30 PM TO 06:05 PM	SOLO FREE DANCE	05 TO 07 GIRLS	COMPETITION		
06:05 PM TO 06:40 PM	SOLO FREE DANCE	07 TO 09 BOYS	COMPETITION		
06:40 PM TO 07:20 PM	SOLO FREE DANCE	07 TO 09 GIRLS	COMPETITION		
07:20 PM TO 07:55 PM	SOLO FREE DANCE	09 TO 11 BOYS	COMPETITION		
07:55 PM TO 08:30 PM	SOLO FREE DANCE	09 TO 11 GIRLS	COMPETITION		
08:30 PM TO 10:00 PM					
OPEN PRACTICE FOR NEXT DAY EVENTS					



**INDIA
SKATE**

60TH NATIONAL ROLLER SKATING CHAMPIONSHIP-2022

17/12/2022		SATURDAY		DAY - 07
TIME	SLOT FOR PRACTICE & COMPETITION	EVENT	AGE GROUP	VENUE
07:00 AM TO 07:10 AM	COUPLE FREE DANCE	07 TO 09 YRS	PRACTICE	SAGOLLI RAYANNA SPORTS CENTER, 4 TH CROSS, G K W LAY OUT BANGLORE – 560072
07:10 AM TO 07:20 AM	COUPLE FREE DANCE	05 TO 07 YRS	PRACTICE	
07:20 AM TO 07:30 AM	PAIR SKATING - LONG	11 TO 14 YRS	PRACTICE	
07:30 AM TO 07:40 AM	PAIR SKATING - LONG	09 TO 11 YRS	PRACTICE	
07:40 AM TO 07:50 AM				
06:50 AM TO 07:00 AM				
07:00 AM TO 07:40 AM	INLINE FREE - LONG	ABOVE 17 BOYS		
	INLINE FREE - LONG	ABOVE 17 WOMEN	COMPETITION	
07:40 AM TO 08:20 AM	INLINE FREE - LONG	14 TO 17 BOYS	COMPETITION	
08:20 AM TO 08:50 AM	INLINE FREE - LONG	14 TO 17 GIRLS	COMPETITION	
08:50 AM TO 09:15 PM	INLINE FREE - LONG	11 TO 14 BOYS	COMPETITION	
BREAK 09:15 AM TO 09:45 AM				
09:45 PM TO 10:30 PM	INLINE FREE - LONG	11 TO 14 GIRLS	COMPETITION	
10:30 AM TO 10:50PM	INLINE FREE - LONG	09 TO 11 BOYS	COMPETITION	
10:50 PM TO 11:10 PM	INLINE FREE - LONG	09 TO 11 GIRLS	COMPETITION	
11:10 AM TO 11:30 AM	INLINE FREE - LONG	07 TO 09 BOYS	COMPETITION	
11:30 AM TO 11:50 AM	INLINE FREE - LONG	07 TO 09 GIRLS	COMPETITION	
11:30 aM TO 12:15 PM	PAIR SKATING - LONG	11 TO 14 YRS	COMPETITION	
12:15 PM TO 12:45 PM	PAIR SKATING - LONG	09 TO 11 YRS	COMPETITION	
12:45 PM TO 01:10 PM	PAIR SKATING - LONG	07 TO 09 YRS	COMPETITION	
01:10 PM TO 01:35 PM	PAIR SKATING - LONG	05 TO 07 YRS	COMPETITION	
BREAK 01:35 pm TO 02:20 pm				
02:20 PM TO 03:35 PM	COUPLE FREE DANCE	ABOVE 17 YRS	COMPETITION	
03:35 PM TO 04:30 PM	COUPLE FREE DANCE	14 TO 17 YRS	COMPETITION	
04:30 PM TO 05:00 PM	COUPLE FREE DANCE	11 TO 14 YRS	COMPETITION	
05:00 PM TO 05:20 PM	COUPLE FREE DANCE	09 TO 11 YRS	COMPETITION	
05:20 PM TO 05:40 PM	COUPLE FREE DANCE	07 TO 09 YRS	COMPETITION	
05:40 PM TO 06:10 PM	COUPLE FREE DANCE	05 TO 07 YRS	COMPETITION	
06:10 PM TO 07:00 PM	PAIR SKATING - LONG	14 TO 17 YRS	COMPETITION	
07:00 PM TO 07:50 PM	PAIR SKATING - LONG	ABOVE 17 YRS	COMPETITION	