1st NATIONAL INTER DISTRICT ROLLER SKATING CHAMPIONSHIP 26th April to 2nd May 2023 Mohali SCHEDULE - SPEED SKATING

Date:	April 30, 2023		DAY 1	
Time	Event	Age Group	Gender	Distance
05.00 A.M.	Rink Race - II Series	SUB - JUNIORS	Girls	500 + D Mts Quad
Followed by	Rink Race - II Series	SUB - JUNIORS	Boys	500 + D Mts Quad
Followed by	Rink Race - II Series	JUNIORS	Girls	500 + D Mts Quad
Followed by	Rink Race - II Series	JUNIORS	Boys	500 + D Mts Quad
Followed by	Rink Race - II Series	SENIORS	Women	500 + D Mts Quad
Followed by	Rink Race - II Series	SENIORS	Men	500 + D Mts Quad
Followed by	Rink Race - II 1/4 Finals	SUB - JUNIORS	Girls	500 + D Mts Quad
Followed by	Rink Race - II 1/4 Finals	SUB - JUNIORS	Boys	500 + D Mts Quad
Followed by	Rink Race - II 1/4 Finals	JUNIORS	Girls	500 + D Mts Quad
Followed by	Rink Race - II 1/4 Finals	JUNIORS	Boys	500 + D Mts Quad
Followed by	Rink Race - II 1/4 Finals	SENIORS	Women	500 + D Mts Quad
Followed by	Rink Race - II 1/4 Finals	SENIORS	Men	500 + D Mts Quad
Followed by	Rink Race - II 1/2 Finals	SUB - JUNIORS	Girls	500 + D Mts Quad
Followed by	Rink Race - II 1/2 Finals	SUB - JUNIORS	Boys	500 + D Mts Quad
Followed by	Rink Race - II 1/2 Finals	JUNIORS	Girls	500 + D Mts Quad
Followed by	Rink Race - II 1/2 Finals	JUNIORS	Boys	500 + D Mts Quad
Followed by	Rink Race - II 1/2 Finals	SENIORS	Women	500 + D Mts Quad
Followed by	Rink Race - II 1/2 Finals	SENIORS	Men	500 + D Mts Quad
Followed by	Rink Race - II Finals	SUB - JUNIORS	Girls	500 + D Mts
Followed by	Rink Race - II Finals	SUB - JUNIORS	Boys	Quad 500 + D Mts Quad
Followed by	Rink Race - II Finals	JUNIORS	Girls	500 + D Mts
Followed by	Rink Race - II Finals	JUNIORS	Boys	Quad 500 + D Mts Quad
Followed by	Rink Race - II Finals	SENIORS	Women	500 + D Mts Quad
Followed by	Rink Race - II Finals	SENIORS	Men	500 + D Mts Quad
05.00 A.M.	Road Race IV Series	SUB - JUNIORS	Girls	One lap Inline

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Followed by	Road Race IV Series	SUB - JUNIORS	Boys	One lap Inline
Followed by	Road Race IV Series	JUNIORS	Girls	One lap Inline
Followed by	Road Race IV Series	JUNIORS	Boys	One lap
Followed by	Road Race IV Series	SENIORS	Women	Inline One lap
Followed by	Road Race IV Series	SENIORS	Men	Inline One lap
Followed by	Road Race IV 1/4 Finals	SUB - JUNIORS	Girls	Inline One lap
Followed by	Road Race IV 1/4 Finals	SUB - JUNIORS	Boys	Inline One lap
Followed by	Road Race IV 1/4 Finals	JUNIORS	Girls	Inline One lap
Followed by	Road Race IV 1/4 Finals	JUNIORS	Boys	Inline One lap
Followed by	Road Race IV 1/4 Finals	SENIORS	Women	Inline One lap
Followed by	Road Race IV 1/4 Finals	SENIORS	Men	Inline One lap
				Inline One lap
Followed by	Road Race IV 1/2 Finals	SUB - JUNIORS	Girls	Inline One lap
Followed by	Road Race IV 1/2 Finals	SUB - JUNIORS	Boys	Inline One lap
Followed by	Road Race IV 1/2 Finals	JUNIORS	Girls	Inline One lap
Followed by	Road Race IV 1/2 Finals	JUNIORS	Boys	Inline
Followed by	Road Race IV 1/2 Finals	SENIORS	Women	One lap Inline
Followed by	Road Race IV 1/2 Finals	SENIORS	Men	One lap Inline
Followed by	Road Race IV Finals	SUB - JUNIORS	Girls	One lap Inline
Followed by	Road Race IV Finals	SUB - JUNIORS	Boys	One lap Inline
Followed by	Road Race IV Finals	JUNIORS	Girls	One lap Inline
Followed by	Road Race IV Finals	JUNIORS	Boys	One lap Inline
Followed by	Road Race IV Finals	SENIORS	Women	One lap Inline
Followed by	Road Race IV Finals	SENIORS	Men	One lap Inline
05.00 P.M.	Track Elimination Heats	SUB - JUNIORS	Girls	5,000 Mts Inline
Followed by	Track Elimination Heats	SUB - JUNIORS	Boys	5,000 Mts Inline
Followed by	Track Elimination Finals	JUNIORS	Girls	10,000 Mts Inline
Followed by	Track Elimination Finals	JUNIORS	Boys	10,000 Mts Inline

Followed by	Track Elimination Finals	SENIORS	Women	10,000 Mts Inline
Followed by	Track Elimination Finals	SENIORS	Men	10,000 Mts Inline
Followed by	Track Elimination Finals	SUB - JUNIORS	Girls	5,000 Mts Inline
Followed by	Track Elimination Finals	SUB - JUNIORS	Boys	5,000 Mts Inline
Followed by	Track Elimination	MASTERS	Women	5,000 Mts Inline
Followed by	Track Elimination	MASTERS	Men	5,000 Mts Inline
05.00 P.M.	Road Race - II	SUB - JUNIORS	Girls	1500 Mts Quad
Followed by	Road Race - II	SUB - JUNIORS	Boys	1500 Mts Quad
Followed by	Road Race - II	JUNIORS	Girls	3000 Mts Quad
Followed by	Road Race - II	JUNIORS	Boys	3000 Mts Quad
Followed by	Road Race - II	SENIORS	Women	3000 Mts Quad
Followed by	Road Race - II	SENIORS	Men	3000 Mts Quad
Date:	May 1, 2023		D	4Y 2
05.00 A.M.	Rink Race - V Series	SUB - JUNIORS	Girls	500 + D Mts
Followed by	Rink Race - V Series	SUB - JUNIORS	Boys	500 + D Mts
Followed by	Rink Race - V Series	JUNIORS	Girls	500 + D Mts
Followed by	Rink Race - V Series	JUNIORS	Boys	500 + D Mts
Followed by	Rink Race - V Series	SENIORS	Women	500 + D Mts
Followed by	Rink Race - V Series	SENIORS	Men	500 + D Mts
Followed by	Rink Race - V 1/4 Finals	SUB - JUNIORS	Girls	500 + D Mts
Followed by	Rink Race - V 1/4 Finals	SUB - JUNIORS	Boys	500 + D Mts
Followed by	Rink Race - V 1/4 Finals	JUNIORS	Girls	500 + D Mts
Followed by	Rink Race - V 1/4 Finals	JUNIORS	Boys	500 + D Mts
Followed by	Rink Race - V 1/4 Finals	SENIORS	Women	500 + D Mts
Followed by	Rink Race - V 1/4 Finals	SENIORS	Men	500 + D Mts
Followed by	Rink Race - V 1/4 Finals	MASTERS	Women	500 + D Mts
Followed by	Rink Race - V 1/4 Finals	MASTERS	Men	Inline 500 + D Mts
Followed by	KINK RACE - V 1/4 FINAIS	MASIERS	Men	Inline

Followed by	Rink Race - V 1/2 Finals	SUB - JUNIORS	Girls	500 + D Mts Inline
Followed by	Rink Race - V 1/2 Finals	SUB - JUNIORS	Boys	500 + D Mts
Followed by	Rink Race - V 1/2 Finals	JUNIORS	Girls	500 + D Mts
Followed by	Rink Race - V 1/2 Finals	JUNIORS	Boys	500 + D Mts
Followed by	Rink Race - V 1/2 Finals	SENIORS	Women	500 + D Mts
Followed by	Rink Race - V 1/2 Finals	SENIORS	Men	500 + D Mts
Followed by	Rink Race - V 1/2 Finals	MASTERS	Women	500 + D Mts
Followed by	Rink Race - V 1/2 Finals	MASTERS	Men	Inline 500 + D Mts
Followed by	Rink Race - V Finals	SUB - JUNIORS	Girls	500 + D Mts
Followed by	Rink Race - V Finals	SUB - JUNIORS	Boys	Inline 500 + D Mts
Followed by	Rink Race - V Finals	JUNIORS	Girls	Inline 500 + D Mts
Followed by	Rink Race - V Finals	JUNIORS	Boys	Inline 500 + D Mts
Followed by	Rink Race - V Finals	SENIORS	Women	Inline 500 + D Mts
Followed by	Rink Race - V Finals	SENIORS	Men	Inline 500 + D Mts
Followed by	Rink Race - V Finals	MASTERS	Women	Inline 500 + D Mts
Followed by	Rink Race - V Finals	MASTERS	Men	Inline 500 + D Mts
05.00 A.M.	Road Race - I Series	SUB - JUNIORS	Girls	Inline One lap
Followed by	Road Race - I Series	SUB - JUNIORS		Quad One lap
Followed by	Roau Race - I Series	SOD - JUNIORS	Boys	Quad
Followed by	Road Race - I Series	JUNIORS	Girls	One lap Quad
Followed by	Road Race - I Series	JUNIORS	Boys	One lap Quad
Followed by	Road Race - I Series	SENIORS	Women	One lap Quad
Followed by	Road Race - I Series	SENIORS	Men	One lap Quad
Followed by	Road Race - I 1/4 Finals	SUB - JUNIORS	Girls	One lap
Followed by	Road Race - I 1/4 Finals	SUB - JUNIORS	Boys	Quad One lap
Followed by	Road Race - I 1/4 Finals	JUNIORS	Girls	Quad One lap
Followed by	Road Race - I 1/4 Finals	JUNIORS	Boys	Quad One lap
Followed by	Road Race - I 1/4 Finals	SENIORS	Women	Quad One lap
. shellow by				Quad

1st NATIONAL INTER DISTRICT ROLLER SKATING CHAMPIONSHIP 26th April to 2nd May 2023 Mohali SCHEDULE - SPEED SKATING

Followed by	Road Race - I 1/4 Finals	SENIORS	Men	One lap Quad
Followed by	Road Race - I 1/2 Finals	SUB - JUNIORS	Girls	One lap Quad
Followed by	Road Race - I 1/2 Finals	SUB - JUNIORS	Boys	One lap
Followed by	Road Race - I 1/2 Finals	JUNIORS	Girls	Quad One lap
Followed by	Road Race - I 1/2 Finals	JUNIORS	Boys	Quad One lap
Followed by	Road Race - I 1/2 Finals	SENIORS	Women	Quad One lap
Followed by	Road Race - I 1/2 Finals	SENIORS	Men	Quad One lap
Followed by	Road Race - I Finals	SUB - JUNIORS	Girls	Quad One lap
Followed by	Road Race - I Finals	SUB - JUNIORS	Boys	Quad One lap
Followed by	Road Race - I Finals	JUNIORS	Girls	Quad One lap
				Quad One lap
Followed by	Road Race - I Finals	JUNIORS	Boys	Quad One lap
Followed by	Road Race - I Finals	SENIORS	Women	Quad
Followed by	Road Race - I Finals	SENIORS	Men	One lap Quad
04.00 P.M.	Rink Race - VI Series	SUB - JUNIORS	Girls	1000 Mts Inline
Followed by	Rink Race - VI Series	SUB - JUNIORS	Boys	1000 Mts Inline
Followed by	Rink Race - VI Series	JUNIORS	Girls	1000 Mts Inline
Followed by	Rink Race - VI Series	JUNIORS	Boys	1000 Mts Inline
Followed by	Rink Race - VI Series	SENIORS	Women	1000 Mts Inline
Followed by	Rink Race - VI Series	SENIORS	Men	1000 Mts Inline
Followed by	Rink Race - VI 1/2 Finals	SUB - JUNIORS	Girls	1000 Mts Inline
Followed by	Rink Race - VI 1/2 Finals	SUB - JUNIORS	Boys	1000 Mts Inline
Followed by	Rink Race - VI 1/2 Finals	JUNIORS	Girls	1000 Mts Inline
Followed by	Rink Race - VI 1/2 Finals	JUNIORS	Boys	1000 Mts Inline
Followed by	Rink Race - VI 1/2 Finals	SENIORS	Women	1000 Mts
Followed by	Rink Race - VI 1/2 Finals	SENIORS	Men	Inline 1000 Mts
Followed by	Rink Race - VI 1/2 Finals	MASTERS	Women	Inline 1000 Mts
Followed by	Rink Race - VI 1/2 Finals	MASTERS	Men	Inline 1000 Mts
		I	1	Inline

Date:	May 2, 2023		DA	Y 3
Followed by	Relay Race - Final	SENIORS	Men	3000 Mts Inline
Followed by	Relay Race - Final	SENIORS	Women	3000 Mts
Followed by	Relay Race - Final	JUNIORS	Boys	3000 Mts
Followed by	Relay Race - Final	JUNIORS	Girls	3000 Mts Inline
Followed by	Relay Race - Final	SUB - JUNIORS	Boys	3000 Mts Inline
Followed by	Relay Race - Final	SUB - JUNIORS	Girls	3000 Mts Inline
Followed by	Relay Race - 1/2 Final	SENIORS	Men	3000 Mts Inline
Followed by	Relay Race - 1/2 Final	SENIORS	Women	3000 Mts Inline
Followed by	Relay Race - 1/2 Final	JUNIORS	Boys	3000 Mts Inline
Followed by	Relay Race - 1/2 Final	JUNIORS	Girls	3000 Mts Inline
Followed by	Relay Race - 1/2 Final	SUB - JUNIORS	Boys	3000 Mts Inline
Followed by	Relay Race - 1/2 Final	SUB - JUNIORS	Girls	3000 Mts Inline
Followed by	Relay Race - Series	SENIORS	Men	3000 Mts Inline
Followed by	Relay Race - Series	SENIORS	Women	3000 Mts Inline
Followed by	Relay Race - Series	JUNIORS	Boys	3000 Mts Inline
Followed by	Relay Race - Series	JUNIORS	Girls	3000 Mts Inline
Followed by	Relay Race - Series	SUB - JUNIORS	Boys	3000 Mts
10.00 P.M.	Relay Race - Series	SUB - JUNIORS	Girls	3000 Mts Inline
Followed by	Rink Race - VI Finals	MASTERS	Men	1000 Mts Inline
Followed by	Rink Race - VI Finals	MASTERS	Women	1000 Mts Inline
Followed by	Rink Race - VI Finals	SENIORS	Men	1000 Mts Inline
Followed by	Rink Race - VI Finals	SENIORS	Women	1000 Mts Inline
Followed by	Rink Race - VI Finals	JUNIORS	Boys	1000 Mts Inline
Followed by	Rink Race - VI Finals	JUNIORS	Girls	1000 Mts Inline
Followed by	Rink Race - VI Finals	SUB - JUNIORS	Boys	1000 Mts Inline
Followed by	Rink Race - VI Finals	SUB - JUNIORS	Girls	1000 Mts Inline

1st NATIONAL INTER DISTRICT ROLLER SKATING CHAMPIONSHIP 26th April to 2nd May 2023 Mohali SCHEDI/LE - SPEED SKATING

	SCHEDULE - SI LED SIGHTING				
05.00 A.M.	Rink Race - III Series	SUB - JUNIORS	Girls	1000 Mts Quad	
Followed by	Rink Race - III Series	SUB - JUNIORS	Boys	1000 Mts Quad	
Followed by	Rink Race - III Series	JUNIORS	Girls	1000 Mts Quad	
Followed by	Rink Race - III Series	JUNIORS	Boys	1000 Mts Quad	
Followed by	Rink Race - III Series	SENIORS	Women	1000 Mts Quad	
Followed by	Rink Race - III Series	SENIORS	Men	1000 Mts Quad	
Followed by	Rink Race - III 1/2 Finals	SUB - JUNIORS	Girls	1000 Mts Quad	
Followed by	Rink Race - III 1/2 Finals	SUB - JUNIORS	Boys	1000 Mts	

Followed by

Followed by

Followed by

Followed by

04.00 P.M.

Point to Point Race

Point to Point Race

Road Race - III Series

Road Race - III Series

Road Race - III Series

Followed by Rink Race - III 1/2 Finals JUNIORS Girls JUNIORS Followed by **Rink Race - III 1/2 Finals** Boys Rink Race - III 1/2 Finals **SENIORS** Women Followed by **Rink Race - III 1/2 Finals SENIORS** Men Followed by Followed by **Rink Race - III Finals SUB - JUNIORS** Girls **Rink Race - III Finals SUB - JUNIORS** Followed by Boys Followed by **Rink Race - III Finals** JUNIORS Girls Followed by **Rink Race - III Finals** JUNIORS Boys Followed by **Rink Race - III Finals SENIORS** Women **Rink Race - III Finals SENIORS** Men Followed by Road Race - V Girls 05.00 A.M. **SUB - JUNIORS** Followed by Road Race - V **SUB - JUNIORS** Boys Girls **Point to Point Race** JUNIORS Followed by **Point to Point Race** JUNIORS Followed by **Boys**

Quad 1000 Mts

Quad 3000 Mts

Inline 3000 Mts

Inline 10000 Mts

Inline 10000 Mts

Inline 10000 Mts

Inline 10000 Mts

> Inline 100 Mts

> Inline 100 Mts

Inline 100 Mts

Inline

SENIORS

SENIORS

SUB - JUNIORS

SUB - JUNIORS

JUNIORS

Women

Men

Girls

Boys

Girls

Followed by	Road Race - III Series	JUNIORS	Boys	100 Mts Inline
Followed by	Road Race - III Series	SENIORS	Women	100 Mts
	Road Race - III Series	SENIORS	Men	Inline 100 Mts
Followed by	Road Race - III Series	SENIORS	wen	Inline
Followed by	Road Race - III 1/8 Finals	SUB - JUNIORS	Girls	100 Mts Inline
Followed by	Road Race - III 1/8 Finals	SUB - JUNIORS	Boys	100 Mts Inline
Followed by	Road Race - III 1/8 Finals	JUNIORS	Girls	100 Mts Inline
Followed by	Road Race - III 1/8 Finals	JUNIORS	Boys	100 Mts
Followed by	Road Race - III 1/8 Finals	SENIORS	Women	Inline 100 Mts
Followed by	Road Race - III 1/8 Finals	SENIORS	Men	Inline 100 Mts
Followed by	Road Race - III 1/4 Finals	SUB - JUNIORS	Girls	Inline 100 Mts
Followed by	Road Race - III 1/4 Finals	SUB - JUNIORS	Boys	Inline 100 Mts
Followed by	Road Race - III 1/4 Finals	JUNIORS	Girls	Inline 100 Mts
Followed by	Road Race - III 1/4 Finals	JUNIORS	Boys	Inline 100 Mts
Followed by	Road Race - III 1/4 Finals	SENIORS	Women	Inline 100 Mts
Followed by	Road Race - III 1/4 Finals	SENIORS	Men	Inline 100 Mts
Followed by	Road Race - III 1/2 Finals	SUB - JUNIORS	Girls	Inline 100 Mts
Followed by	Road Race - III 1/2 Finals	SUB - JUNIORS	Boys	Inline 100 Mts
Followed by	Road Race - III 1/2 Finals	JUNIORS	Girls	Inline 100 Mts
Followed by	Road Race - III 1/2 Finals	JUNIORS	Boys	Inline 100 Mts
Followed by	Road Race - III 1/2 Finals	SENIORS	Women	Inline 100 Mts
Followed by	Road Race - III 1/2 Finals	SENIORS	Men	Inline 100 Mts
Followed by	Road Race - III 3 & 4 Place	SUB - JUNIORS	Girls	Inline 100 Mts
Followed by	Road Race - III 3 & 4 Place	SUB - JUNIORS	Boys	Inline 100 Mts
Followed by	Road Race - III 3 & 4 Place	JUNIORS	Girls	Inline 100 Mts
Followed by	Road Race - III 3 & 4 Place	JUNIORS	Boys	Inline 100 Mts
Followed by	Road Race - III 3 & 4 Place	SENIORS	Women	Inline 100 Mts
Followed by	Road Race - III 3 & 4 Place	SENIORS	Men	Inline 100 Mts
				Inline

			1	
Followed by	Road Race - III 1 & 2 Place	SUB - JUNIORS	Girls	100 Mts Inline
	Pood Poop III 4 9 2 Place		Povo	100 Mts
Followed by	Road Race - III 1 & 2 Place	SUB - JUNIORS	Boys	Inline
Followed by	Road Race - III 1 & 2 Place	JUNIORS	Girls	100 Mts
				Inline
Followed by	Road Race - III 1 & 2 Place	JUNIORS	Boys	100 Mts
				Inline 100 Mts
Followed by	Road Race - III 1 & 2 Place	SENIORS	Women	Inline
Followed by	Road Race - III 1 & 2 Place	SENIORS	Men	100 Mts
				Inline
10.00 P.M.	Mixed Relay Series	SUB - JUNIORS	Girls	3000 Mts
	-			Inline 3000 Mts
Followed by	Mixed Relay Series	SUB - JUNIORS	Boys	Inline
Followed by	Mixed Relay Series	JUNIORS	Girls	3000 Mts
chowed by	wineu relay Selles	JUNUKJ	5115	Inline
Followed by	Mixed Relay Series	JUNIORS	Boys	3000 Mts
				Inline 3000 Mts
Followed by	Mixed Relay Series	SENIORS	Women	
	Mixed Delay Series	CENIODO	Man	3000 Mts
Followed by	Mixed Relay Series	SENIORS	Men	Inline
Followed by	Mixed Relay 1/2 Final	SUB - JUNIORS	Girls	3000 Mts
	·····, ····			Inline
Followed by	Mixed Relay 1/2 Final	SUB - JUNIORS	Boys	3000 Mts Inline
Tallaura d'Ita	Mixed Deleve 4/2 Etrat		Ointe	3000 Mts
Followed by	Mixed Relay 1/2 Final	JUNIORS	Girls	Inline
Followed by	Mixed Relay 1/2 Final	JUNIORS	Boys	3000 Mts
				Inline
Followed by	Mixed Relay 1/2 Final	SENIORS	Women	3000 Mts
				Inline 3000 Mts
Followed by	Mixed Relay 1/2 Final	SENIORS	Men	Inline
Followed by	Mixed Relay Final	SUB - JUNIORS	Girls	3000 Mts
Showed by				Inline
Followed by	Mixed Relay Final	SUB - JUNIORS	Boys	3000 Mts
	-			Inline 3000 Mts
Followed by	Mixed Relay Final	JUNIORS	Girls	Inline
	Mixed Deley Firel		Devie	3000 Mts
ollowed by	Mixed Relay Final	JUNIORS	Boys	Inline
Followed by	Mixed Relay Final	SENIORS	Women	3000 Mts
Followed by	Mixed Relay Final	SENIORS	Men	3000 Mts
Note:				Inline

1. Skater/s must report 30 minutes before the schedule time.

2. Skater/s must be prepared to run any number of races in a day. He/She should also be prepared to run race/s within a short notice.

3. Schedule is Subject to change. Protest/s will not be accepted for change in schedule.

4. Protest of any kind will not be accepted for not responding at the "Area of call"

5. The skater must be present at the area of call when they are called by the official speaker of the competition or THIRTY MINUTES (30) before the start of the race. If a skater does not answer the call area judge after being called twice, at one-minute

6. The skater/s must be present with his complete equipment and his/her race numbers correctly positioned.

7. The judge is in task to control the presence of the skater and to confirm him/her, his/her place on the starting line. The judge check the conformity of the race equipment, race numbers and size of wheels.

8. Skates having a maximum of five (5) wheels, fastened in line, or skates with two pairs of wheels fastened parallel to

each other are permitted. The skate must not exceed fifty (50) centimetres in length. Skates must be firmly attached

to the shoes and

9. The maximum diameter of wheel must not exceed hundred and ten (110) millimetres.

10. For the Marathon, the maximum diameter of wheel must not exceed hundred and twenty-five (125) millimetres.

i). The racing suit is the following:

a. For National Championships all skaters of the same State/UT must wear the same uniform with long or short sleeves, with the State colours.

b. The name of the State/UT or its official abbreviation must be clearly mentioned on the racing suit.

ii). In National Competitions with the participation of State/UT teams, advertisements are free. Nevertheless, those advertisements must never hinder the easy identification of the official colours of the State/UT team.

iii). Skaters are to wear corresponding racing suits. Those who are not properly equipped are not allowed to start the race.

iv). Skaters must wear skates and their official racing suit during the medals presentation. Without any cap and sunglasses.

11. The helmet must be a hard gear with National certification.

i). On mass start the hard headgear must have a regular shape and may not have protrusions or ends.

ii). Each skater is solely responsible that his personal equipment meets the highest safety criteria in order to obtain the utmost safety of the skater.

iii). The helmet must be well fastened on the head in conformity with the safety instructions of the manufacturer. iv). A skater who removes his helmet before the end of the race shall be disgualified.

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