

भारतीय रोलर स्केटिंग महासंघ

## SPEED TECHNICAL COMMITTEE

## GENERAL REGULATIONS

RULEBOOK, EDITION 2022

## TABLE OF CONTENTS

| 1. PREFACE | PAG. 3 |
| :--- | :--- |
| 2. TECHNICAL COMMITTEE | PAG. 4 |
| 3. NATIONAL OFFICIALS | PAG. 6 |
| 4. NATIONAL SKATERS | PAG. 11 |
| 5. NATIONAL COMPETITIONS | PAG. 12 |
| 5.1 National Events sanctioned by India Skate (RSFI) | PAG. 12 |
| 5.2 National Speed Skating Championship | PAG. 15 |
| SECTION 1. ORGANIZATIONAL RULES | PAG. 15 |
| SECTION 2. COMPETITION RULES | PAG. 18 |
| 5.3 International Selections | PAG. 23 |
| 5.4 National Cup Marathon | PAG. 23 |
| National Records | PAG. 23 |
| 6. TECHNICAL RULES | PAG. 25 |
| 6.1 General Rules Of Competition | PAG. 25 |
| The Skater | PAG. 31 |
| The Track | PAG. 33 |
| The Road | PAG. 37 |
| The Distances \& Types of race | PAG. 39 |
| The Race | PAG. 52 |
| 6.3 The Jury | PAG. 61 |
| 6.4 The Judgment | PAG. 65 |
| The Discipline | PAG. 74 |
| SPECIFIC RULES FOR NATIONAL SPEED CHAMPIONSHIP - NSSC 87 |  |
| Terminology |  |
| Abbreviation |  |

## 1. PREFACE

It is with a great pleasure that we present you the new Speed Technical Committee (STC) Rulebook, Edition 2022. According to the RSFI - India Skate Statutes, the Speed Technical Committee amends the Rulebook and it is applicable starting from June ${ }^{\text {st }} 2022$.

The present Technical Regulations Rulebook is the Official version, written in the Official India Skate language: English. In this document, the masculine gender is used in relation to all the India Skate Individuals. Quantity is written by letter and (by number). Example: two (2).

## Chairman

## 2. TECHNICAL COMMITTEE

2. Speed Technical Committee

### 2.1 Definition

The Speed Technical Committee (STC) is a Technical Committee of the India Skate.

### 2.2 Composition

See RSFI - INDIA SKATE Statutes

3. Tasks<br>See RSFI-INDIA SKATE Statutes

## 4. Duties of Technical Committee members <br> See RSFI- INDIA SKATE Statutes

## 5. The Secretary of the Committee

The General Secretary of the RSFI - INDIA SKATE

## 6. The General assembly

The RSFI-Executive

## 7. Dismissals <br> See RSFI- INDIA SKATE Statutes

## 8. Revenue and expenditures

See RSFI-INDIA SKATE Statutes
9. STC Disciplinary Committee
9.1 For all national competitions supervised by the Technical Committee, the RSFI Disciplinary Committee members shall constitute the Disciplinary Committee. There must be at least three (3) present people.
9.2 For all national competitions supervised by the Technical Committee, the RSFI Disciplinary Committee members shall constitute the Disciplinary Committee. There must be at least three (3) present people.
9.3 When only one (1) or two (2) members are present to constitute the Disciplinary Committee, a second or third person, selected by the Technical Committee Chairman is (are) added to the Committee.
9.4 In national competitions where there are no RSFI Disciplinary Committee Members, the Speed Technical Committee constitutes a Disciplinary Committee composed of three STC Members.
9.5 The decision of appeal taken by the Disciplinary Committee is final.

## 10. Other business

10.1 All State/UT Associations shall forward within three (3) months after the beginning of the new season in every State/UT, a list of all the clubs involved in speed skating. Furthermore, they shall send to the RSFI Secretariat / Speed Technical Committee the official results of their Cadet / Sub Junior / Junior and Senior state/ut championships.
10.2 The organizers of important All India Level Competitions such as Open Tournaments / Championships, Cups, etc. shall send to the RSFI Secretariat and a Copy to the Chairman Speed Technical Committee the program and maps relative to such competitions within sixty (60) days before they start. The RSFI Secretariat in coordination with the Speed Technical Committee will issue, when approved, a specific authorisation.
10.3 All State / UT Associations that issued magazines and newsletter on speed skating shall send a copy of every issue to the RSFI Secretariat and copy to the Chairman Speed Technical Committee.
10.4 Technical Committee minutes, letters and copies of administrative documents or anyother document shall be kept at the RSFI Secretariat and a copy with the Chairman. Such documents shall be given to his successor.
10.5 The Technical Committee will settle matters, which are not included in this Rulebook.

## 3. NATIONAL OFFICIALS

## 11. Officials

The national officials are:
I1. 1 The RSFI Executive (India Skate), Chairman of the National Speed Technical Committees;
11.2 Technical Committee members.

## 12. The Delegate

12.1 State/UT or Team's delegates who have been officially appointed by the participating State/UT is responsible of its delegation and must behave according to the principlesof sports honesty and fair play.
12.2 For National Speed Skating Championship, INDIA SKATE accredit two (2) Official Delegates per State/UT.
13. Coaches
13.1 The State/U.T's or team's coaches are not officials. They are not allowed to represent theirteam or their State/UT in any official approach.
13.2 A specific area called "Coaches area" located near the race course is reserved for them.

## 14. Officials of the Competition

The officials of the competition are:
14.1 The Jury composed of judges and the Chief Judge;
14.2 The Official Speaker, he is allowed inside the race course;
14.3 The Doping Control Officer (DCO) and Chaperone as defined in the INDIA SKATE \& WORLD SKATE Anti-Doping Rules.

## 15. Judges - Composition of the Jury and tasks

The RSFI Secretariat in coordination with the Speed Technical Committee Chairman must appoint, organize, register all National SpeedSkating Judges in India, and verify their activity. The Technical Committee Chairman will use the co-operation of suitable and necessary people in order to carry out such work.

## 16. Technical Committee Rights

16.1 To guarantee the uniform interpretation and application of the Rulebook and any other directions issued by Technical Committee for the National Speed Skating Championships and all other national, zonal, tournaments / competitions.
16.2 To point out to the State/UT Associations, any particular lack of proper performance of judging duties during a championship or zonal event, recommending or not their appointment to zonal competitions.
16.3 To draw up every year a report about its own activity, the activity carried out by its collaborators and by the National Judges employed throughout the year, to take care of financial business, to draw up a regular financial statement; to appoint from time to time the two (2) collaborators who shall examine future National Judges.
16.4 The RSFI Secretariat in consultation with the Speed Technical Committee will appoint the Chief Judge for all State/UT/Zonal events.

## 17. Availability of National Judges

17.1 Each year by January 31st, every State/UT Association must send to the Technical Committee a list of its working National Judges. Such Judges shall renew their category, their card every year and pay the fee established by India Skate.
17.2 Only National Judges recognized by the Speed Technical Committee and registered for the current year can be appointed as members of the Jury for the National or Zonal Championships, and for all the National events with participation of two (2) or more States/UT of different zones. In the absence of a sufficient number of recognized National Judges, State/UT Judges may be used to assist the Jury.
17.3 It is mandatory to follow India Skate Academy Judge's Seminar to maintain the National category (renewal every three years).
17.4 State/UT Associations must communicate to the RSFI Secretariat and the Chairman Speed Technical Committee the names of their National Judges who have been suspended, expelled or for any reasons have interrupted their activity.

## 18. Chief Judge

A National Chief Judge can be a National Judge, who has been for at least five (5) years a National judge, who speaks fluently the Official India Skate language and who, in the opinion of the Technical Committee, has already demonstrated in previous National or Zonal Championships to be able to carry out perfectly all the tasks included in a Jury. He is therefore qualified to direct a National competition.

## 19. Examination of National Judges

19.1 India Skate organizes the examination of the Jury with the support of the Technical Committee.
19.2 Each candidate must have officiated at least for two (2) years at the maximum categoryin his State/UT or for five (5) years as judge in his District Competition or must be an International / National participant. Such candidates must be fluent in the official language of India Skate: English.
19.3 Proposed candidates will be examined by a Technical Committee member and an experienced International Judge, as follows:
a. Oral test of twenty (20) minutes about the knowledge of the speed skating sport. The capacity to understand and speak the official language (English) is evaluated.
b. One (1) hours written test of about the knowledge of the Speed Technical Regulations.
c. Candidates who succeed the India Skate two (2) tests will be observed and evaluated in their capacity as judge in the different tasks of the Jury.
d. Candidates who pass such exams will be registered National Judges and can be convened for national competitions. The minimum qualifying percent is 60\%
19.4 The fee for the inscription at the National Judge examination is Rs.2000.

## 20. Withdrawal of National qualification

20.1 If an National Judge does not officiate at state or national or zonal levels for three
(3) consecutive years, his membership will be revoked. He must retake the exam if willing to have a new membership.
20.2 If an National Judge is not up-to-date with the payment of national fees, after three (3) years his membership will be revoked. He must retake the exam if willing to have a new membership.

## 21. Registration fee for National Judge

The State/UT Associations/Individuals have to pay a fee of the registration of their National Judges.

First entry fee for National judges (badge included) `2000 Affiliation fee (annual renewal) ` 1000
The fees related to the current year must be paid without additional bank expenses (free of charge) to India Skate at the following bank account not later than January 31st

Beneficiary: Roller Skating Federation of India Bank: Axis Bank
Account no.
IFSC Code:
Reason of Payment: "Speed Skating Judge - (name of the judge)"

## 22. List of National Judges

Every year the Technical Committee communicates to State/UT Associations list of available National Judges.

## 23. National Judges Level Categories

There is currently only one National Category Level: National Judge. National ChiefJudges is the nomination for a specific National competition, art 18.

## 24. Employment of National Judges

24.1 For national competitions, with the participation of at least two (2) different States/Ut, the organizing State/UT can arrange the composition of the Jury with other participating State/UT, but shall request the Technical Committee to indicate and appoint the Chief Judge.
24. 2 If willing to bear all relative expenses, the organizing State/UT may apply to the Technical Committee for the appointment of a Chief Judge and other National Judges belonging to non-participating State/UT (but as near as possible to the site of the competition).

## 25. Restrictions - Honorary judges

25.1 All National Judges must retire at their seventieth (70) birthday.
25.2 National Judges who have achieved the age limit of seventy (70) years old and have successfully carried out their National activity for at least ten (10) years maybe appointed by the RSFI on the recommendation of the Technical Committee as "Honorary Judges" receiving a proper digital Certificate, upon proposal of the State/UT Association to which they belong.
25.3 National Judges having relatives participating in the National or Inter State or Zonal Championships or who are trainers or managers of participating skaters must be excluded, if possible, from the Jury. If there are appointed judges in such situation, they will have to present their reasons to the Chief Judge who will consider their position in the assignment of tasks

## 26. Duties of National Judges

26.1 National Judges appointed to National Championships or Zonal or State/Ut competitions must respect and strictly enforce all regulations and other rules issued by the Technical Committee without any reference to their own State/UT.
26.2 National judges have to follow India Skate Academy Judge's Seminar to maintain the National category (renewal every three years).
26.3 Each year by January 31st such Judges shall renew their category, their card and pay the fee established by INDIA SKATE.
26.4 The Technical Committee can punish a National Judge for violating the presentRulebook. This can be done by means of warning, suspensions of one year or a final removal from the roster.
26.5 Disciplinary measures taken against National Judges by State/Ut Associations, are definitely recognized as valid and applicable also by the Technical Committee.

## 4. NATIONAL SKATERS

## 27. Domicile

Skaters taking part in a national competition and competing for their State/Ut Association must prove that they are participating from their domiciled unit. (If asked)

A skater who participated in a zonal or National Speed Skating Championship representing a state/UT and changed his domicile cannot represent another State/UT in zonal or National Speed Skating Championship, . If a skater moves to another District/State due to change of School/college/office etc during the same competition year, they cannot represent another District or State. The can do for the next competition season. Example A skater registered for 202122 cannot change his Club or District or State during the period 2021-22, he can do for 2022-23. As per Rule 4.05 of RSFI Statue.

## 28. Categories gender

In conformity with IOC, WORLD SKATE guidelines, INDIA SKATE is entitled to conduct some tests on specific occasions. This would mean laboratory tests could be done if there is a suspicion that a skater is competing is the wrong category. (WORLD SKATE Medical Regulation Chapter B Paragraph 1 to 3 ).

## 29. Age

All limit of age established in these rules are to be considered at December $31^{\text {st }}$ of the year of the competition. There are five (5) recognized categories; Cadet, Sub Junior, Junior, Senior and Master.
29.1 Age Groups and their categories are classified in the IIRR, Annexure "A" of RSFI.
29.2 A Cadet skater is aged $5,6,7,8,9,10$ at December $31^{\text {st }}$ of the year of the competition A Sub Junior skater is aged $11,12,13$ at December $31^{\text {st }}$ of the year of the competition
A Junior Skater is aged 14, 15, 16 at December 31st of the year of the competition A Senior Skater is aged 17 at December $31^{\text {st }}$ of the year of the competition A Master Skater is aged 35 at December $31^{\text {st }}$ of the year of the competition
29.3 Skaters to participate in their respective age groups only.
29.4 A senior skater having participated at Master shall not participate to any other Senior Championship.
29.5 Minimum age to compete in a National Speed Skating Championship is five (05) years at December $3{ }^{\text {st }}$ of the year of the championship.

## 5. NATIONAL COMPETITIONS

### 5.1 National Events sanctioned by India Skate

India Skate may sanction and/or recognize events organized by different bodies or entities, providing those events with dignity of official India Skate recognized events. These events shall be included in India Skate Events Calendar. Sanctioned events are national events not organized directly by India Skate.

Here below the procedure to follow for the sanctioning by India Skate.
An official request must be sent to Sports Department, RSFI Secretariat by email (rsfi@indiaskate.com)specifying mandatory information:
a. Name of the event
b. Discipline
c. Location, city/District
d. Days of the event
e. Typology of the event (Inter State event, Zonal event, Open National Event...)
f. Number of Participants expected.
g. Number National Judges/Referees
h. Competition Format and Schedule
i. Which will be the award provided for the competition (Medals, Trophies or Price money)
j. As Sports Department receives the info requested, they will be sent to the Technical Committee for the approval of the Chairman. In the case of the positive answer, Sports Department will send the Terms \& Conditions.

## 30. Organiser

Only the Technical Committee, State/UT Associations or their affiliated Units and Clubs associated with these district units can organize official national level competitions. No Association or Club, which in some way is part of the INDIA SKATE structure, may participate in any privately organized national / international competition, or in any competition organized by groups not belonging to India Skate.

## 31. Championships

National and Zonal Championships of the same sports discipline can be organized only once a year. The winners of each competition are the official holders of the title until the following competition of the same kind.

## 32. Approval

State/UT Championships, competitions and criteria organised within the recognised State/UT Areas, in which only members of those organizations can participate, do not need the RSFI/Technical Committee approval.

## 33. National fees

The various fees to be paid shall be established by the RSFI - INDIA SKATE.

## 34. Fees payment

34.1 The official INDIA SKATE currency is the Rupee ( ${ }^{( }$).
34.2 Fees are directly paid to RSFI - INDIA SKATE using bank transfer; it must be free of charge for the INDIA SKATE. If such charges subsist, they will be presented for paymentat the Association.

## 35. Authorisation for Zonal/Inter State (Two (2) or more States/U.T's) competition

The Association or private bodies organizing Zonal/Inter State competitions must have INDIA SKATE authorisation by sending program ninety ( 90 ) days before its beginning. India Skate will grant corresponding authorisation if all requirements (including the payment of the organizingfee) have been fulfilled. RSFI - India Skate logo must be in all advertisements and printings of the competition.

## 36. Official competition

Races on road or track can be organized by all the different State/UT Associations, for all the recognized categories.

## 37. Official India Skate calendar

All Inter State (two (2) or more), Zonal, Open Nationals competitions must be authorized by RSFI India Skate. State/UT Associations affiliated to RSFI - INDIA SKATE must send the planning of their competition of the next yearat least by December 15, so that INDIA SKATE may draw up the official calendar.

## 38. Communication for competition

The communication of any competition must include the following information:
a. place, program and duration;
b. whether the tracks are indoor or outdoor, condition of the track (INDIA SKATE, WORLD SKATE standard,material and dimensions), facility capacity;
c. deadline for entry;
d. entry fee for participant;
e. possibility of training on the racing course;
f. number of invited states/Ut's and number of judges for each state/Ut;
g. expenses to be met by organizers for the travel and stay of skaters and judges of eachAssociation;
h. specification of organizer's responsibility with regard to possible accidents;
i. specification of first Aid facilities and availability of the doctor in case of serious accidents;
j. list of awards.

## 39. Modification

Should it be necessary to postpone a competition, the organizer shall promptly notify the new date to each participant. India Skate must also be informed. Entries that have been already submitted remain valid unless otherwise notified.

## 40. Participation

Only RSFI registered skaters of District/State/UT can participate in District/State/U.T/ National Level \& International competitions approved by India Skate and World Skater respectively.

## 41. Registration

41.1 All skater registrations must contain: surname, name, date of birth, State/UT andgender;
41.2 The applying State/UT Association must sign the participation form.

## 42. Results \& Reports

State/UT Associations shall send to the RSFI Secretariat with a copy to the Chairman Technical Committee a written report
-Including results- of the Tournament / Competition organized by them.

## 43. Anti-Doping rules

Concerning the doping control, WADA and World Skate Anti-Doping Rules will be observed.

### 5.2 National Speed Skating Championship

## SECTION 1. ORGANIZATIONAL RULES

## 44. Definition

There are two (2) National Speed Skating Championships. One (1) Quad on Track and Road and one (1) Inline on Track and Road.

## 45. Participation

45.1 National Speed Skating Championship is open to all the State/UT Associations which are affiliated members of RSFI - India Skate, who have regularly paid their fees andhave given confirmation of their participation according to the terms established by the RSFI
45.2 The State/UT Associations must confirm their participation thirty (90) days before the beginning of the National Speed Skating
45.3 State/UT must complete the registration on the official India Skate platform (www.rsfi@indiaskate.com) within the deadline.
45.4 All the skaters must be members of their State/UT Association and must be covered by a federal or personal insurance.

## 46. Withdraw of a Association

46.1 Each State/UT that decides to withdraw after submitting an entry must notify the RSFI Secretariat of this decision no later than ten (10) days prior to the beginning of the Championships.
46.2 If, upon examination, the withdrawal is considered unjustified, the RSFI - India Skate will finethe Association in question for the inconvenience.

## 47. Candidature

Candidature for the organization of the National Championship must be presented to RSFI - India Skate.

## 48. Organizing State/UT responsibilities

See ll RR-RSFI
49. Information to the participating States/UT's

See ll RR-RSFI

## 50. Broadcast charges

See ll RR-RSFI

## 51. Anti-doping charges

See ll RR-RSFI

## 52. Nomination of the Jury \& Chief Judge

52.1 The constitution of the Jury and the designation of the Chief Judge is decided by the Technical Committee Chairman, in accordance with the indications provided by the Technical Committee Member responsible for the judges and their current categories.
52.2 To be nominated, Judges have to be active in their State/UT, to have maintained national / international standards and to have followed India Skate Judge's Seminar.

## 53. Jury

The RSFI Secretariat in consultation with the Technical Committee Chairman appoints by means of a written letter, sent at least sixty (60) days before the beginning of the Championship by the Sports Department, the sixteen (16) National Judges belonging to different State/UT. The Organizing Committee will be responsible for board and lodging expenses. Travelling expenses shall be paid to the members of the Jury by the secretariat RSFI.

## 54. Preparatory meeting

A technical meeting is scheduled 24 hours before the beginning of the National Speed Skating Championship. The agenda includes:

- Welcome of the Technical Committee Chairman;
- Information from the Organising Secretary / Chairman of the Local Organizing Committee;
- Designation of the Chief Judge and the Jury;
- Technical information about the National Speed Skating Championships (modification of schedule, heats, etc.)


## 55. Podium

55.1 The winner of each Championship race is named Champion of that race distance and holds the title until the following Championship.
55.2 The organizers (lf possible) shall supply the jerseys for all the winning senior skaters only. For NationalGames and AIU Games the podium is done respecting the IOA and AIU dresscode rules.
55.3 The first, second and third place winners of each Championship race receive gold, silverand bronze medals, supplied by India Skate or the organizers.
55.4 Skaters must wear their racing suit and their skates during the award presentations. Capand sunglasses are forbidden.
55.5 If a skater is not present for the podium ceremony, the skater loses his medal points for the general rankings (individual \& nation) art 69. In addition to the above he also receives one (1) demerit point. A Skater with two (2) demerit points will be penalized with suspension of one race/event.
55.6 The IOA rules must be respected during National Games.
55.7 The AIU rules must be respected during University Games.

## 56. Official Results

All the National Championships results will be uploaded on the RSFI - India Skate webpage, in the sectionrelating to the championship in question.

## SECTION 2. COMPETITION RULES

## 57. Composition

National Speed Skating Championships are divided as follows:

- Masters, Senior, Junior, Sub Juniors \& Cadet: men and women, Boys \& Girls on track Inline
- Masters, Senior, Junior, Sub Juniors \& Cadet: men and women, Boys \& Girls on road Inline
- Senior, Junior, Sub Juniors \& Cadet: men and women, Boys \& Girls on track Quad
- Senior, Junior, Sub Juniors \& Cadet: men and women, Boys \& Girls on road Quad


## 58. Frequency

The National Speed Skating Championship is organized every year, in accordance with the Technical Committee and India Skate Regulations.

## 59. Programming

The National Speed Skating Championships are organized in accordance with the Technical Committee, India Skate and the Organizer, with the following possible program:

- Verification of Entries, preparatory meeting \& opening ceremony 1 day
- Races on Track
- Races on Road
- Marathon

3 days 3 days

1 day

This programming can be object of modifications, based on the local specific conditions. For example, National Championship on road circuit and track can be conducted together.

National/State/District Championship on road circuit may be conduct first also.
60. Official distances for National Championships

| For the track: | For the road: |
| :--- | :--- |
| 200 m Dual Time Trial | 100 m Sprint |
| 1 lap, 2laps, 3laps, 4 laps | 1 lap Sprint |
| $500 \mathrm{~m}+\mathrm{D}$ Sprint | $1,500 \mathrm{~m}$ Mass Race |
| $1,000 \mathrm{~m}$ Sprint | $3,000 \mathrm{~m}$ Mass Race |
| $5,000 \mathrm{~m}$ Points race | $10,000 \mathrm{~m}$ Points race |
| $5,000 \mathrm{~m}$ Elimination | $15,000 \mathrm{~m}$ Elimination |
| $10,000 \mathrm{~m}$ Points + Elimination race | raceMarathon |
| $10,000 \mathrm{~m}$ Elimination race |  |
| $3,000 \mathrm{~m}$ Relays race |  |

## 61. Program

61.1 The Official Program for National Speed Skating Championships is released during the year of the Championships.
61.2 The Organizer of the National Championships has the possibility to propose a different program, but it is up to the Technical Committee to decide the final official version.
61.3 The race distances valid for the National Championships are established in art 60. Should the need arise to reduce or modify the races, as a result of exceptional circumstances, the Technical Committee members in consultation with the General Secretary RSFI are then to decide which races to cancel.
61.4 There will be no losers' finals at the National Speed Skating Championships.
61.5 For television requests, the Technical Committee can change the program and the initial schedule during the National Championships.
61.6 The Technical Committee has the power to modify the program for any sports or technical reasons.

## 62. Training program

62.1 Organizing State/UT Association establishes the schedule of training times, under the control of the Technical Committee.
62.2 Track and Road circuit must be available for free trainings at least three (3) days before the beginning of the National Championships. Two (2) free training days and one (1) official training days.
63. State/UT Participation \& Registration
63.1 Refer to Annexure - A of 11-RR-RSFI 2022-2023 and subsequent releases.
63.2 Each State/UT can register a maximum of eight (8) female skaters and eight (8) male skaters to take part in the Marathon race.
63.3 Each State/UT can allow its skaters to add a logo of their own sponsor on the race suit.
63.4 Two (2) skaters only from each State/UT may take part in each race of the National Speed Skating Championships.
63.5 Three (3) or four (4) skaters from each State/UT may be registered in relay race.
63.6 Registration must be done on the India Skate platform: www.indiaskate.com

## 64. Entry form

64.1 Only in exceptional/special cases the State/UT's can modify the preregistration. Only preregistered skaters can be changed, supplementary registration cannot be done. Modification must be done at the Championship Office the day before the concerned championship. The modification must be done only after obtaining written permission from the Secretary General of the Roller Skating Federation of India using the Technical Committee official form (annex). If no modification is done, preregistration will be considered as official inscription.
64.2 If the Championship Committee accepts a late registration during the National Championship, the skater is not allowed to race before the following day of his registration.
64.3 When a registered skater is suspended (art 181), he cannot be replaced by a teammate.
64.4 An injured skater can be replaced by a teammate. The team manager must present a medical certification with the official form and the form should be approved by the RSFI Medical Committee. The injured athlete will not be allowed to race until the end of the National Championship.
65. State/UT \& Athlete Participation Fees

- See Annexure - F - 11 RR-RSFI


## 66. National Speed Skating Championship Fees

- $\quad$ Refer 11 RR


## 67. Organizing State/UT charges

- Refer 11 RR


## 68. Organizing Federation Technical charges

68.1 Timekeeping charges.

As stipulated in art 88.d the timekeeping must be supplied by an automatic timekeeping basing of the use of transponders and electronic photo finish.
68.2 Times and ranking information.

The Organizing State/UT is in charge to provide the corresponding electronic equipment and be able to provide the following times and information displayed on a large screen board:
a. $200 \mathrm{~m} / 300 \mathrm{~m}$ (track) for each skater:

- the intermediate time every one hundred (100) metres and the difference with thebest time;
- the final time, the intermediate ranking;
- the composition of the final.
b. $500 \mathrm{~m}+\mathrm{D}($ track $) \&$ One lap (road circuit):
- the ranking of each race;
- the composition of the next round, provided by the Jury.
c. 1.000 m (track):
- the time of each lap, the final time of each skater;
- the composition of the next round provided by the Jury.
d. Points race:
- The result of each sprint (first and second skaters);
- The intermediate ranking with the sum of points for at least the five (5) first skaters.
68.3 Warm up.

If possible a skating area of warming-up must be provided to the skaters. This zone is situated near the village of the skaters and possibly contains a direct and reserved access to the venueof competition (track and road circuit).
68.4 For National Championships, the organizer/RSFI must provide an official video recording.

## 69. National Ranking

69.1 For National Speed Skating Championships, the rankings per State/UT are calculated by adding the medals. The India Skate criteria is the number of gold medals, the second criteria the number of silver medals and third criteria the number of bronze medals. If State/UT have the same number of medals with one of these criteria, the following procedure is used to rank them.
69.2 For the States/UT's without medals, the ranking is established adding the points obtained in each event, excluding Relays and Marathon. Skaters placed first in each race obtain a six (6) points; skaters placed second obtain one (1) point less; those placed third two (2) points less; and so on till the $6^{\text {th }}$ placed who obtains only one (1) point.
69.3 For long distance races ( $10 \mathrm{~km} \& 15 \mathrm{~km}$ ), there is no loser final. According with the total of skaters participating in the race, the unqualified skaters keep the points obtained inqualification heat.
69.4 Disqualified skaters for sports or disciplinary faults (DQ-SF / DQ-DF) do not receive anypoint.
69.5 At the end of the National Championships, national rankings per State/Ut are established as follows:

The ranking of State/U.T team is established, by calculating the team which secured most points as per clause 69.2, for Track \& Road for all age groups.

## 70. Trophies \& Prices

At the end of the National Speed Skating Championships, the Organizers award the first State/U.T for the following two (2) rankings.
a) Speed Overall Champion (Quad)
b) Speed Overall Champion (Inline)

### 5.3 International Selections

## 71. Selection for Asian / Worlds Eligibility

As per 11-RR 10.11

## 72. Officials distances for the India Skate Roller Games

The specific Technical Rules for India Skate Roller Games are applied during Games.

### 5.4 National Cup (Marathon)

The National Cup of Marathon is an official national event of the India Skate and the Technical Committee. This event has its own regulations and applies the Technical Committee Rulebook.

## National Records

## 73. Validation

The Technical Committee recognizes and validates national records, set on current official National Championship distances as by program and during Zonal or National Championship or India Skate Roller Games or India Skating Ranking Championship.

## 74. Records

The following records are recognized:

- men track races
- women track races
- men road circuit races
- women road circuit races


## 75. Requirements

In order to have a record recognized, it is necessary to proceed accordingly to all the items of this Rulebook and to have electronic timekeeping.

## 76. Documentation

76.1 When a record is set, the Chief Referee of the National or Zonal championship or Ranking Tournaments or India Skater Roller Games where the result has been obtained must notify the RSFI Secretariat and the Chairman of the Technical Committee within sixty (10) days, the following information:
a. date when the record has been set;
b. Minutes bearing the signatures of the Chief Judge and the judges who attended the competition. The minutes must include the list of times achieved and must be undersigned by the Official Timekeeper of the competition. When the records are set on a track or on a closed circuit, this list shall specify the total times and the times achieved for each lap around the track. The minutes must indicate where the competition was held, the day and hour, the name of the skater who set the record.
76.2 With this signature, the competition Chief Judge certifies that all the items of the Technical Committee Regulations have been respected and that those who sign the minutes have really acknowledged the times registered by the Timekeepers with the corresponding tape or electronic recording.
76.3 Together with the minutes, it is necessary to enclose the following:
a. plan of the competition course, prepared by the competent technical office of the locality, indicating the course length, starting point, finish line and the exact number of laps determining the distance;
b. a list of the skaters, in order of arrival, who took part in the competition during which the record was set;
c. certificate of domicile of the skater who set the record;
d. certification specifying that the doping control has been carried out.

## 77. Publication

The Technical Committee must inform to all the India Skate member State/UT about the changes made in the list of the records. This shall take place through publication in the India Skate website.

## 6. TECHNICAL RULES

### 6.1 General Rules of Competition

## 78. Race course

78.1 A race course may be either a track or road course. A road race course may be eitheran "open" or "closed" circuit.
78.2 Both on the track and on the road, the race course is measured on the inner edge.
78.3 On road courses with both left and right bends, measuring is to be taken along animaginary line from the extreme ends of the bends themselves.
78.4 On open road circuit, the measurement of the distance is done:
a. on the middle of the road when all the width of the road can be used;
b. on the middle of the race course when only a part of width of the road can be used.
78.5 In all courses, bends are to be bordered by either a natural edge or moving signals that are highly visible. Such signals are never to be placed on the race course because they may represent a danger for skaters.
78.6 During races only judges and skaters are allowed to stay on the course. Only Delegates and medical team can enter on the race course when the Chief Judge has authorized them.

## 79. Safety zone

A safety zone must be respected at two (2) meters inside the inner edge of the race course without any obstacle that may present a danger for the skaters.

Beyond the external fence (balustrade) there must be a strip free from the public and from any obstacle with a width of at least 1.50 m .

## 80. Suitability of the race course

Any decision regarding the suitability for practice of a race course is up to the Chief Judge before and after the start of the competition itself.

## 81. Direction of the race

For track or road closed circuit competitions, the direction of the race shall be counter clockwise.
82.1 The start line must be marked with a white line of five (5) centimeters wide must not be on a bend.
82.2 For 100 m , the start line determines two (2), three (3) or four (4) equal start boxes ( 2.60 m wide). A second line must be drawn sixty (60) centimetres from the start line.
82.3 For 200 m , a second line must be drawn sixty (60) centimetres from the start line. Thephotocells are positioned on the inner of the white start line (see draw).

82.4 For 1.000 m , a second line must be drawn sixty (60) centimetres from the start line anda lateral line separating the 1 m start boxes (see draw).
82.5 For $500 \mathrm{~m}+\mathrm{D}, 1.000 \mathrm{~m}$ and One lap races, the start line determines equal start boxes ofone (1) meter (on track: one (1) m on six (6) m wide, but 0.80 m on a five (5) m wide). See draw

82.6 For One Lap race on road, the start line can be changed of place if there is not enoughstraight line.
82.7 For the Sprint races, when the start and the finish line are the same, the start back linecannot be in white.

## 83. The finish line

83.1 The finish line must be marked with a white line of five (5) centimeters wide
must not be on a bend. The judgement is established with the inner edge of this line. The electronic photo finish is placed on this inner edge of the finish line (see draw).
83.2 On road circuit, the finish line must be placed after minimum sixty (60) m of a straightway.
83.3 On track for National / World Championship, see art 108.
83.4 On open road circuit, see art 112.


## 84. Start \& Finish line equipment

84.1 The photocells must be in high from the race course the start line: thirty (30) cm ; the finish line: ten $(10) \mathrm{cm}$.

84.2 In case of night race, the finish line has to present a lighting allowing the smooth running of electronic photo finish (minimum 1500 lux).
84.3 When transponders are used, the electronic photo finish must be present for the officialranking at least for the ten (10) first skaters.

## 85. Equipment

The following equipment when they are placed inside the race course may not present any dangerfor the skaters. They must respect the safety zone (art 79).
85.1 Photocell, electronic photo finish equipment, or video scanner and photoelectric
cells.
85.2 Lap scoring a scoreboard indicating the number of laps to be still covered.
85.3 A bell or any other device indicating specific laps. It is placed inside the inner edge near the lap scorer.

## 86. Timekeeping

86.1 Three (3) methods of timekeeping exist, two (2) automatics timekeeping and one (1) manual timekeeping.
86.2 Automatic timekeeping procedure has to be put in place for the National Championship, National Games and India Skate Games and India Skate Ranking Championship.
86.3 A manual timekeeping procedure has to be put in place for all the competitions. If the automatic timekeeping is preferred, manual timekeeping procedure can be used in caseof fails of the automatic timekeeping system.

## 87. Manual timekeeping procedure

87.1 For manual timekeeping only digital electronic watches shall be used. All watches usedmust have the capacity to measure and display times with an accuracy level of at leastone hundred of second.
87.2 In order to guarantee the exact determination of times, it is necessary to observe the following:
a. The timekeeping Jury is composed by one ( 1 ) Timekeeper Chief and three (3) Timekeepers and one (1) substitute;
b. Each Timekeeper should use only one watch;
c. The Timekeepers are to be positioned at the finish line and start their watches atthe moment when smoke or flash from the shot fired by the Starter becomes visible;
d. At the conclusion of the race, the Timekeeper Chief shall read the watches. Only if one or more Timekeepers have not taken the time (for any reason) the time taken by the substitute Timekeeper shall be recorded;
e. Under the supervision of the Timekeeper Chief the time of each skater will then be determined and recorded in the Timekeeper protocol as follows:
f. when two (2) watches show the same time and the third watch a different time, the time of the two (2) watches will be the result;
g. when the three (3) stop-watches indicate three (3) different times, the
average of the three (3) times is considered valid; if one time is plus or minus 0.5 sec . from the other two (2), it must be excluded, and the average of the other two (2) timeswill be considered valid;
h. when only two stopwatches register the time, the worse time indicated will be considered valid.
i. In open road races, Organizers must also provide transportation for the Timekeepers, in order to carry them from the start line to the finish line.

## 88. Automatic timekeeping

88.1 The term automatic timekeeping denotes a time-measuring system that is started automatically by firing of a starting-gun or crossing an optical line and records automatically the reaching of the finish line by each skater.
88.2 Different technologies or technical solutions may be used to establish automatictimekeeping:
a. Electronic system based on optical sensors to record the start of the skater, only for the time trial race ( 300 m ), and his finish with two (2) complete sets of photo cells installed on the start line and on the finish line (art 84).
b. A transponder-based system using signals from transmitter worn by the skater to record the finish of the skater.
c. An electronic photo finish system using photographic evidence of the finish of theskater in such a way that an undistorted image containing a time scale can be reproduced immediately after the finish.
d. For the National Championship, the times from a photocells system and transponder system may be displayed "live" on the scoreboard. But, if the times of the systems in use differ, the times and order of the finish of skaters or teams from the electronic photo finish system determine the final results.

## 89. Transponders

If supplied the transponder must be placed on the skate or ankle.
For National Championship, two (2) transponders by skater are used and they are placed on each skatewith a fixation supplied and validated by the Technical Committee.

## 90. Time announcement

The time obtained by each skater in individual races must be immediately communicated afterarriving at the finish.

## 91. Official time

91.1 When photocells or transponders are used, the timekeeping system must be activated by the firing of the gun (except for the individual time trial). The official time will be the time sold between the firing of the gun and the crossing of the finish line by the skater.
91.2 The times are considered official when the Judge has signed the timekeeping protocol.The official times may not be questioned.

## 92. Video recording

92.1 In competition under the Technical Committee control and whenever possible, it is recommended the use of an official video recording of all races, on which the accuracy of performances and violation of the rules are recorded.
92.2 The video recording is used by the Chief Judge and the Assistant Chief Judge to do thecontrol they need if they have doubts to take or confirm a decision.
92.3 For National Championships a video judge can be used.
92.4 The Chief Judge and the Disciplinary Committee use the video recording as supportingdocumentation.
92.5 Only the official video is used. Personal video is not accepted.

## 93. Coaches' area

An area reserved for the coaches must be located near the race course so that these can communicate with the skaters during the race. This area takes place in the corner before thefinish straightaway, close from the beginning of the relay zone (art 130.3).

## The Skater

Each skater is solely responsible to meet the following rules (art. 94 to art. 99). In case he doesnot respect them, he will be disqualified by technical fault (DQ-TF).

## 94. Racing suit

94.1 The racing suit is the following:
a. for national competitions all skaters of the same State/UT must wear identicaluniforms with long or short sleeves, with the State/UT colours;
b. the name of the state or its official abbreviation must be clearly mentioned on the racing suit.
94.2 In national competitions with the participation of State/UT teams, advertisementsare free. Nevertheless, those advertisements must never hinder the easy identification of the official colours of the State/UT team.
94.3 Skaters are to wear corresponding racing suits. Those who are not properly equipped are not allowed to start the race.
94.4 Skaters must wear skates and their official racing suit during the medals presentation. Without any cap and sunglasses (art 55).
94.5 Health care facemask and gloves are allowed.

## 95. Identification of the Champions

National Champions running in a distance, for which they are current champions, may wear the National Champion jersey.

## 96. Helmet

The helmet must be a hard gear with national / international certification.
96.1 In Short and Long Distance races, the hard headgear must have a regular shape and maynot have protrusions or ends.
96.2 On time trial races the hard headgear can present a profiled shape with profiled ends.
96.3 Each skater is solely responsible that his personal equipment meets the highest safetycriteria in order to obtain the utmost safety of the skater.
96.4 The helmet must be well fastened on the head, all the time while being in the race course, in conformity with the safety instructions of the manufacturer.
96.5 A skater who removes or unfastens his helmet is disqualified by technical fault (DQ-TF).
97. Skates
97.1 Skates having a maximum of five (5) wheels, fastened inline are permitted. The skate must not exceed fifty (50) centimeters in length. Skates must be firmly attached to theshoes and axles are not to protrude from the wheels. Brakes are forbidden.
97.2 The maximum diameter of wheel must not exceed one hundred and ten (110) millimeters for the masters, seniors and the juniors Categories, for the Sub Juniors the maximum diameter should be one hundred (100) millimeters, for the Cadet the maximum diameter should be ninety ( 90 ) millimeters.
97.3 For the Marathon, the maximum diameter of wheel must not exceed one hundred and twenty-five (125) millimeters.
97.4 In all the events under the India Skate or its affiliated units' umbrella, all the skaters should only use the above specified size of the wheel for any violation he will be (DQ-TF) art. (134.3) and art. (134.4).

## 98. Race numbers

Skaters are identified by means of three (3) numbers. They are applied on both hips and on the top of the back. If a fourth number is supplied, it is placed on the helmet. Numbers are to be clearly visible.
Two (2) more numbers to be placed on both sides of the helmet are compulsory at the National Championship.

## 99. Other equipment

99.1 Heart rate monitor and corresponding watches are allowed.
99.2 Radios and earphones are forbidden.
99.3 It is not allowed to skate with plaster, synthetic plaster or any hard contention.
99.4 The judge is in power to ask to the skater to take off any item that in his judgment maypresent a danger for himself or the other skaters.
99.5 For Marathon, the skater is allowed to take the start with small plastic bottle of wateror hydration adapted equipment.

## The Track

## 100. The definition of the Track

100.1 A Track is defined as a race course within an outdoor or indoor facility provided with two (2) straightaways of the same length and with two (2) symmetrical bends havingthe same radius.
100.2 For the characteristics of the flat track please refer to art. 100 bis.
100.3 The new tracks for the National Championships designed after the date of entry into force of this article (2018), must be realized according to the standard models defined in the art108 and certificate by India Skate.
100.4 According to the opinion of India Skate, the existing tracks may also be temporarilycertified for the event, notwithstanding the Rules of this Rulebook.

## 100 Bis. Flat Track

100 Bis 1 . The track is made by placing special skittle on a rectangular surface.
100 Bis 2 . The size of the field and the position of the skittles is established according to the length of the competition path to be carried out, according to the following table:

| Length of a lap <br> of track m | Minimum <br> dimensions <br> of the field m |  |  | Positions of skittles m |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |

100 Bis 3. The tolerance allowed on linear measurements is $\pm 0.5 \%$.

100 Bis 4. The track must be closed by polycarbonate or high-density polyethylene fencing, (possibly transparent), being one hundred and twenty (120) centimeters in height, having a feet safeguard panel of twenty (20) centimeters in height and three (3) cm in width, detached two (2) cm from the ground.
If the fence is not present, the track rectangle must be clearly marked with awhite line five (5) cm wide. Outside the rectangle, there must be a 1.50 m wide safety band.

100 Bis 5 . The track surface may be made of any material, perfectly smooth and not

100 Bis 6 . Painting and advertising are not allowed on the surface of the race course. Only finish line (art 83), start line (art 82) and the relay zone (art 130) can beprinted on the race course.

## 101. The Length of the track

101.1 The length of the track is between one hundred and seventy-five (175) meters, and two hundred (200) meters with a tolerance of $\pm 5 \mathrm{~cm}$. The length of the track is measured on the inner edge. See Annex A
101.2 The inner edge is drawn with a white line of five (5) cm. The length is measured inthe inner edge of this white line.

## 102. The Width of the track

The minimum width of the race course of the track, in horizontal projection measured from the inside edge to the fence, it is minimum five and a half $(5,5)$ meters and a maximum of six and a half $(6,5)$ meters, in relation to the length of the track, with a tolerance of $( \pm 5 \mathrm{~cm})$.

The Speed Committee can also approve tracks with different dimensions.

## 103. The Profile of the track

103.1 Each straightaway, halfway through its development, must have a flat longitudinalprofile for at least $1 / 3$ of its length with a tolerance of 5 cm . The inside edge of thetrack must be all at the same altitude.
103.2 Each rectilinear, in the area with a flat longitudinal profile, can have a maximum transversal slope of $1 \%$ from the outer edge towards the inner edge.
103.3 In the curves and in the transition zones, the cross-section of the track must be inclined towards the inside
103.4 An increasing profile with parabolic law is preferable for newly developed tracks. The constant track profile (linear profile) is also permitted.
With the exception of flat straight areas (with a linear profile), all the other sections of the track must be connected with continuous and gradual variation.

## 104. The Surface of the track

The track surface of the track shall be made with a combined synthetic based finish. Synthetic Resin must be certified by India Skate/World Skate.

## 105. The no skating zone

In the inner part of the track, a no skating zone of fifty (50) cm must be foreseen besides the width of the track must be provided with no slippery self-sticking stripes, spaced out transversally every fifteen (15) cm of wheelbase on the curves and every forty (40) cm vertically on the straights; being minimum two (2) to five (5) cm in width and maximum three (3) in height, strips with a uniform profile that have no parts that could damage the athletes in the event of a fall


## 106. The Safety

106.1 The track must be closed by polycarbonate or high-density polyethylene fencing, (possibly transparent), being one hundred and twenty (120) centimetres in height, having a feet safeguard panel of twenty (20) centimetres in height and three (3) cmin width, detached maximum two (2) cm from the ground.
106.2 Fencing must observe safety measures to skaters; thus, it must not have dangerousprotuberances inside the track, and the gates must open to the outside. Fencing must be able to resist the fall of a group of skaters.
106.3 A safety zone must be respected as indicated in art 79.

## 107. Painting and advertising on the track

Painting and advertising are not allowed on the surface of the race course. Only finish line (art 83), start line (art 82) and the relay zone (art 130.3) can be printed on the race course.

## 108. Track for National Championship

108.1 Tracks for the National Championships must be built according to the geometriccharacteristics indicated in one of the following standard templates:

- 175/200 meters indoor/outdoor track; 5,5/6,5 meters wide with a parabolic or linear transversal profile in the fittings and curves
108.2-The finish line "A", 5 cm wide, must be drawn at the end of the flat longitudinal profile (in a flat area), preferably at a distance equal to $3 / 4$ of the straight before the corner entry. For existing tracks, finish lines $2 / 3$ of the straight and 8 meters before the start of the curve are allowed.


A Finish line located at 3/4 of the straigh


A Finish line placed at $2 / 3$ of the straight


A Finish line 8 m before the curve
108.3 On all linear measurements in plan and heights, a tolerance of $\pm 0.5 \%$ is accepted.
108.4 For all the info concerning the characteristic of the Standard Track, please visit the World Skate website: www.worldskate.org

## 109. The certification of the track

India Skate/ World Skate homologates the tracks for the National Championships and, upon request, approves thetracks projects for the subsequent homologation

## The Road

## 110. Road course

110.1 For the permanent circuits, the road course cannot be less than six (6) meters wide at any point on the course. Better if the road course is of greater width, like eight
(8) meters. For temporary circuits, derived from city routes, the Speed Committee can also approve tracks with different dimensions.
110.2 The road surface must be uniformly and sufficiently smooth without hollows and fissures. From the inside of the course to the outside of the course there can be no more than $5 \%$ of the width of the course fall in camber.
110.3 Safety devices to be installed in the points that the Chief Judge may consider as dangerous.

## 111. Closed road circuit race course

111.1 A closed circuit road is a road course consisting of an asymmetrical closed circuit onwhich skaters are to cover one or more times according to the distance of the race.
111.2 A closed circuit road must not be shorter than two hundred and fifty (250) meters.
lll. 3 For the Marathon ( 42.195 m ), a closed circuit must be at least three (3) km .

## 112. Open road race course

112.1 The race course is considered as open when the skaters do not have to complete several laps to cover the distance of the race.
112.2 In "open road race courses" gradients shall never exceed 5\%. Exceptions to this rule shall never exceed $25 \%$ of the whole course.
112.3 On open road circuit, if the road course presents holes or excavations, they must be filled with an appropriate material so they do not present any danger to the skaters. If irregularity of the race course cannot be repaired, they must be signaled with white paint.
112.4 For race exceeding twenty (20) kilometers, a refreshment stand must be provided. Itshall be placed approximately at the middle of the course.

## 113. Equipment of the finish line

113.1 The external edge must be bordered by adapted equipment in order to isolate theskaters from the public. This disposal must be applied:
a. One hundred and fifty (150) m before the finish line and one hundred (100) mafter the finish line with barriers;
b. Three hundred (300) m to one hundred and fifty ( 150 ) m before the finish linewith strings or coloured bands.
113.2 If the public can be present in the inner part of the circuit, this disposal must bepresent on the inner edge too.

## 114. Finish line of open road circuit

On open road circuit:
114.1 A canvas stripe reading "FINISH LINE" to be placed above the finish line. If there arepreceding finish lines, it will be written on the ground;
114.2 A signal indicating the last five hundred (500) m of the race;
114.3 The disposal exposed art 113 must be applied on the external and internal edges ofthe road.
114.4 For Roller Marathon National Championship, there must be adequate notification, announcing the proximity of the finish line ( $1 \mathrm{~km}, 500 \mathrm{~m}$ ).
114.5 The finish line must be placed in such way that the skater can stop in safe conditions.

## 115. Skating course

In open circuit roads, skaters must always keep to their right and in no case, can they overcome the Centre of the road. Furthermore, skaters must strictly observe instructions given by the organizer.

## The Distances \& Types of race

## 116. Official distances of the races

Refer Art 60.
Marathon ( 42.195 km ) is only raced on road.

## 117. Type of races

There are two types of races: Long Distance and Short Distance races

| Type | Races |
| :---: | :---: |
| Short | 200 m Dual Time |
| Distance | Trial300 m Time |
|  | Trial |
|  | 100 m Sprint |
|  | 500 m + Distance |
|  | Sprintl Lap Sprint |
|  | 1000 m Sprint |
|  | Eliminatio |
|  | nPoints |
|  | Points- |
|  | Elimination |
| Distance | Relay |

## 118. Official distances of National Championships

See art. 60

## 119. Individual Time trial

Races against time may take place either on a track or on the road. In such races there is a certain number of skaters who cover a distance while their times are taken by means of a timekeeping (electronic or manual art 86 to art 88). Their finish time determines their ranking.

## 120. Composition of Heats for Dual Time Trial

120.1 Races against time may take place either on a track or on the road. Teams of three
(3) skaters who cover a distance while their times are taken by means of a timekeeping.
120.2 Only one team skates and starts together on the track or on the road at one time.
120.3 The time will be registered when the second skater crosses the finish line.

## 121. 200 m Dual Time Trial

121.1 200 m Dual Time trial is raced on track. Skaters are competing two by two (2). The start and finish lines are on the middle of the straightaway. The start procedure is identical as for Sprint races.
121.2 Constitution of the first round.

Qualification heats are built according to the inverted ranking of State/UT:
a. the State/UT with one (1) skater are drawn first;
b. the State/UT with two (2) skaters are drawn in second;
c. skaters of a same State/UT cannot be in the same qualification heat.
121.3 During the first round, only twelve (12) best times are qualified.
121.4 In final, the winner is the skater with the best time.

| Rank | STATE/UT | Skaters by <br> State/UT |
| :---: | :--- | :---: |
| $\mathbf{1}$ | Karnataka | 2 |
| $\mathbf{2}$ | Tamil Nadu | 2 |
| $\mathbf{3}$ | Haryana | 1 |
| $\mathbf{4}$ | Maharashtra | 1 |
| $\mathbf{5}$ | Uttar Pradesh | 2 |
| $\mathbf{6}$ | Delhi | 1 |
| $\mathbf{7}$ | Telangana | 2 |
| $\mathbf{8}$ | Andhra Pradesh | 2 |
| $\mathbf{9}$ | Bihar | 1 |
| $\mathbf{1 0}$ | Jammu and Kashmir | 2 |
| $\mathbf{1 1}$ | Rajasthan | 2 |
| $\mathbf{1 2}$ | Gujarat | 1 |
| $\mathbf{1 3}$ | Chandigarh | 1 |
| $\mathbf{1 4}$ | Madhya Pradesh | 1 |
| $\mathbf{1 5}$ | Goa | 1 |
| $\mathbf{1 6}$ | Kerala | 2 |
| $\mathbf{1 7}$ | Pondicherry | 1 |
| $\mathbf{1 8}$ | Punjab | 1 |
| $\mathbf{1 9}$ | West Bengal | 1 |
| $\mathbf{2 0}$ | Sikkim | $\mathbf{1}$ |
| $\mathbf{2 1}$ | Orissa | $\mathbf{1}$ |


| Rank | STATE/UT |
| :---: | :---: |
| HEAT - 1 | Orissa |
| HEAT-2 | West Bengal |
|  | Sikkim |
| HEAT - 3 | Pondicherry |
|  | Punjab |
| HEAT - 4 | Madhya Pradesh |
|  | Goa |
| HEAT - 5 | Gujrat |
|  | Chandigarh |
| HEAT - 6 | Delhi |
|  | Bihar |
| HEAT - 7 | Haryana |
|  | Maharashtra |
| HEAT - 8 | Rajasthan |
|  | Kerala |
| Heat - 9 | Rajasthan |
|  | Kerala |
| Heat - 10 | Andhra Pradesh |
|  | Jammu and Kashmir |
| Heat -11 | Andhra Pradesh |
|  | Jammu and Kashmir |
| Heat -12 | Uttar Pradesh |
|  | Telangana |
| Heat -13 | Uttar Pradesh |
|  | Telangana |
| Heat -14 | Karnataka |
|  | Tamil Nadu |
| Heat -15 | Karnataka |
|  | Tamil Nadu |

## 122. Sprint races

122.1 A sprint race is organized on short distance race with a certain number of rounds to accede to the final.
122.2 In the first round, according to the number of skaters, the Chief Judge has to organizethe qualification system.
122.3 For all the rounds and final, the skaters are called and choose their position on thestart line according to art 134.
122.4 If skaters get the same time and they cannot be decided using hundredth orthousandth of second, then the State/UT's ranking at National Championships will be used.
122.5 The skaters who do not qualify to the following round or the final will be rankedaccording to art 149.

## 123. General rules for $100 \mathbf{m}$ sprint

123.1 It is a race on a 100 m road straightaway of at least 130 m . The final is raced by two (2), three (3) or four* (4) skaters.
123.2 The qualification table is built according with the width of the race course with heatsof two (2), three (3) or four (4) skaters.
123.3 During the first round, only best times are qualified.
123.4 Constitution of the first round with three (3) lanes. Qualification heats are built according to the inverted ranking of state/UT:
a. the state/UT with one (1) skater are drawn first;
b. the state/UT with two (2) skaters are drawn in second;
c. skaters of a same nation cannot be in the same qualification heat.

| Rank | STATE/UT | Skaters by <br> State/UT |
| :---: | :--- | :---: |
| $\mathbf{1}$ | Karnataka | 2 |
| $\mathbf{2}$ | Tamil Nadu | 2 |
| $\mathbf{3}$ | Haryana | 1 |
| $\mathbf{4}$ | Maharashtra | 1 |
| $\mathbf{5}$ | Uttar Pradesh | 2 |
| $\mathbf{6}$ | Delhi | 1 |
| $\mathbf{7}$ | Telangana | 2 |
| $\mathbf{8}$ | Andhra Pradesh | 2 |
| $\mathbf{9}$ | Bihar | 1 |
| $\mathbf{1 0}$ | Jammu and <br> Kashmir | 2 |
| $\mathbf{1 1}$ | Rajasthan | 2 |
| $\mathbf{1 2}$ | Gujarat | 1 |
| $\mathbf{1 3}$ | Chandigarh | 2 |
| $\mathbf{1 4}$ | Madhya Pradesh | 1 |
| $\mathbf{1 5}$ | Goa | 1 |
| $\mathbf{1 6}$ | Kerala | 2 |
| $\mathbf{1 7}$ | Pondicherry | 1 |
| $\mathbf{1 8}$ | Punjab | 1 |
| $\mathbf{1 9}$ | West Bengal | 1 |
| $\mathbf{2 0}$ | Sikkim | 1 |
| $\mathbf{2 1}$ | Orissa | 1 |
| $\mathbf{1}$ |  |  |


| Heats | STATE/UT | STATE/UT | STATE/UT |
| :---: | :---: | :---: | :---: |
| HEAT-1 | Orissa | Maharashtra | Andhra Pradesh |
| HEAT - 2 | Sikkim | Haryana | Andhra Pradesh |
| HEAT - 3 | West Bengal | Kerala | Telangana |
| HEAT - 4 | Punjab | Kerala | Telangana |
| HEAT - 5 | Pondicherry | Chandigarh | Uttar Pradesh |
| HEAT - 6 | Goa | Chandigarh | Uttar Pradesh |
| HEAT - 7 | Madhya Pradesh | Rajasthan | Tamil Nadu |
| HEAT - 8 | Gujarat | Rajasthan | Tamil Nadu |
| HEAT - 9 | Bihar | Jammu and Kashmir | Karnataka |
| $\begin{aligned} & \text { HEAT - } \\ & 10 \end{aligned}$ | Delhi | Jammu and Kashmir | Karnataka |

123.5 The following rounds are built according to the best times of the winners.
123.6 The other skaters are qualified according to the best times in the heats.
123.7 The heats are built respecting the following protocol:

| 3 lanes | 1/4 Final |  | 1/2 Final |  |
| :---: | :---: | :---: | :---: | :---: |
| Engaged | Heats | Qualified | Heat S | Qualified |
| 9 skaters |  |  |  |  |
| 10 to 12 | $4 \times 2-3$ |  |  |  |
| 13 to 15 | $5 \times 2-3$ |  |  |  |
| 16 to 18 | $6 \times 2-3$ |  |  |  |
| 19 to 21 | $7 \times 2-3$ |  |  |  |
| 22 to 24 | $8 \times 2-3$ |  |  |  |
| 25 to 27 | $9 \times 2-3$ |  | $3 \times 3$ | 3 <br> winner <br> sln final |


*In case there are four lanes, the Chief Judge will announce the corresponding protocol.
123.8 If there are only two (2) lanes, the 100 m sprint can be organized on two (2) days.
123.9 Constitution of the first round with two (2) lanes.

Qualification heats are built according to the inverted ranking of state/UT:
a. the state/UT with one ( 1 ) skater are drawn first;
b. the state/UT with two (2) skaters are drawn in second;
c. Skaters of a same State/UT cannot be in the same qualification heat.

| Rank | STATE/UT | Skaters by State/UT |
| :---: | :---: | :---: |
| 1 | Karnataka | 2 |
| 2 | Tamil Nadu | 2 |
| 3 | Haryana | 1 |
| 4 | Maharashtra | 1 |
| 5 | Uttar Pradesh | 2 |
| 6 | Delhi | 1 |
| 7 | Telangana | 2 |
| 8 | Andhra Pradesh | 2 |
| 9 | Bihar | 1 |
| 10 | Jammu and Kashmir | 2 |
| 11 | Rajasthan | 2 |
| 12 | Gujarat | 1 |
| 13 | Chandigarh | 1 |
| 14 | Madhya Pradesh | 1 |
| 15 | Goa | 1 |
| 16 | Kerala | 2 |
| 17 | Pondicherry | 1 |
| 18 | Punjab | 1 |
| 19 | West Bengal | 1 |
| 20 | Sikkim | 1 |
| 21 | Orissa | 1 |


| Rank | STATE/UT |
| :---: | :---: |
| HEAT-1 | Orissa |
| HEAT - 2 | West Bengal |
|  | Sikkim |
| HEAT - 3 | Pondicherry |
|  | Punjab |
| HEAT - 4 | Madhya Pradesh |
|  | Goa |
| HEAT - 5 | Gujrat |
|  | Chandigarh |
| HEAT - 6 | Delhi |
|  | Bihar |
| HEAT - 7 | Haryana |
|  | Maharashtra |
| HEAT - 8 | Rajasthan |
|  | Kerala |
| Heat - 9 | Rajasthan |
|  | Kerala |
| Heat - 10 | Andhra Pradesh |
|  | Jammu and Kashmir |
| Heat -11 | Andhra Pradesh |
|  | Jammu and Kashmir |
| Heat -12 | Uttar Pradesh |
|  | Telangana |
| Heat -13 | Uttar Pradesh |
|  | Telangana |
| Heat -14 | Karnataka |
|  | Tamil Nadu |
| Heat -15 | Karnataka |
|  | Tamil Nadu |

123.10 The heats of the $1 / 8$ final, will be made according to the times obtained in qualification: Heat $1\left(8^{\text {th }} / 9^{\text {th }}\right)$, Heat $2\left(7^{\text {th }} / 10^{\text {th }}\right)$, Heat $3\left(6^{\text {th }} / 11^{\text {th }}\right) \ldots$ Heat $8\left(1^{\text {st }} /\right.$ $16^{\text {th }}$ ).
123.11 The heats of the $1 / 4$ final will be made according to the winner times obtained inl $/ 8$ final: Heat $1\left(4^{\text {th }} / 5^{\text {th }}\right)$, Heat $2\left(3^{\text {rd }} / 6^{\text {th }}\right)$, Heat $3\left(2^{\text {nd }} / 7^{\text {th }}\right)$ Heat 4 ( $\mathrm{l}^{\mathrm{st}} / 8^{\mathrm{th}}$ ).

| First Day |  |  |  | Second Day |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1/16 |  | 1/8 |  | Quarter Finals |  | Semi Finals |  | Final |
| Heats | Qualified | Heats | Qualified | Heats | Qualified | Heats | Qualified | Qualified |
| X HEATS | $\begin{aligned} & 16 \text { Best } \\ & \text { Times } \end{aligned}$ | $8 \times 2$ | 8 Winners | $4 \times 2$ | 4 Winners | $2 \times 2$ | 2 Winners <br> 2 Losers | 2 Winners (For $1^{\text {st }} \& 2^{\text {nd }}$ ) <br> 2 Loser (For $3^{\text {rd }} \& 4^{\text {th }}$ ) |

123.12 If the total number of registered skaters are sixteen (16) or less than sixteen (16), eight (8) best times qualify for the next round. The heat of $1 / 4$ final will be made according to the times obtained in the qualification: Heat $1\left(4^{\text {th }} / 5^{\text {th }}\right)$, Heat $2\left(3^{\text {rd }} / 6^{\text {th }}\right)$, Heat $3\left(2^{\text {nd }} / 7^{\text {th }}\right)$, Heat $4,\left(1^{\text {st }} / 8^{\text {th }}\right)$.
123.13 The heat of $1 / 2$ final will be made according to the winner timing obtained in $1 / 4$ final: Heat $1\left(2^{\text {nd }} / 3^{\text {rd }}\right)$, Heat $2\left(1^{\mathrm{st}} / 4^{\text {th }}\right)$.

| Series |  | $1 / 4$ Final |  | $1 / 2$ Final |  | Finals |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Heats | Qualified | Heats | Qualified | Heats | Qualified | Qualified |
| X Heats | 8 best <br> times | $\begin{aligned} & 4 x \\ & 2 \end{aligned}$ | 4 winners | $2 \times 2$ | 2 Winners <br> 2 Losers | 2 Winners for ( $1^{\text {st }} \delta 2^{\text {nd }}$ Place) 2 Losers for ( $3^{\text {rd }} \propto 4^{\text {th }}$ Place) |

123.14 If the total number of registered skaters are eight (8) or less than eight (8), four (4) best times qualify for the next round. The Heat of $1 / 2$ final will be as per 123.13

| Series |  | $1 / 2$ Final |  | Finals |
| :---: | :---: | :---: | :---: | :---: |
| Heats | Qualified | Heats | Qualified | Qualified |
| X Heats | 4 best <br> times | $\begin{aligned} & 2 \\ & x \\ & 2 \end{aligned}$ | 2 Winners <br> 2 Losers | 2 Winners for ( $1^{\text {st }} \& 2^{\text {nd }}$ Place) 2 Losers for ( $3^{\text {rd }} \& 4^{\text {th }}$ Place) |

123.15 If the total number of registered skaters are four (4), Best two times qualify for the $1^{\text {st }} \& 2^{\text {nd }}$ Place and the next two best times qualify for the $3^{\text {rd }}$ $\delta 4^{\text {th }}$ Place.

| First Round |  | Finals |
| :---: | :---: | :---: |
| Heats | Qualified | Qualified |
| $\begin{gathered} 2 \times 2 \\ \text { Heats } \end{gathered}$ | 4 best <br> times | Best two (2) times for ( $\mathrm{l}^{\text {st }} \& 2^{\text {nd }}$ Place) <br> Next Best two (2) times for (3 $3^{\text {rd }} \& 4^{\text {th }}$ Place) |

123.16 If the total number of registered skaters are three (3), the best two times qualify for the $1^{\text {st }} \mathcal{\&} 2^{\text {nd }}$ place and the third timer will be $3^{\text {rd }}$ place.

| First Round |  | Finals |
| :---: | :---: | :---: |
| Heats | Qualified | Qualified |
| $1 \times 1$ Heats <br> $2 \times 1$ Heat | 3 best <br> times | Best two (2) times for ( $1^{\text {st }} \& 2^{\text {nd }}$ Place) |
| The 3 $3^{\text {rd }}$ Best times is 3 ${ }^{\text {rd }}$ Place |  |  |

124. General rules for 1 lap, 2 laps on track, $500 m+D$ \& 1 lap on road sprint race:

It is a sprint race. In the first round, only sixteen (16) best times are qualified. In each qualification heats, only the winner and the second access to the following round. The final is run by four (4) skaters.
On track, the distance of race is 2.5 laps ( 500 m ) plus the Distance resulting to the middle of the straightaway, thus the start line will be in the middle of the straightway. And for one (1) Lap and two (2) lap the start line and finish line are the same.

On the road circuit, for One Lap race, the line position does not change.

## Organization:

a. First Round qualifies the best sixteen (16) times. No more than six (6) skaters per heat areallowed in the qualifying round.
b. Quarter Final, Semi Final and Final are organized according to the following table.
c. According to art 122.4 , if skaters $16^{\text {th }}$ and $17^{\text {th }}$ cannot be decided then the quarters of final are raced with seventeen (17) skaters. The Quarter Final series 1 will be raced with five (5) skaters.
d. In case of sports fault, an additional skater can be added (art 183.3).


| Start line <br> Ranking Quarter final Called in first | Heat 1 | Heat 2 | Heat 3 | Heat <br> 4 |
| :---: | :---: | :---: | :---: | :---: |
| Called in first | Best time | 2 | 3 | 4 |
| Called in second Called in third Called in fourth | 8 | 7 | 6 | 5 |
|  | 9 | 10 | 11 | 12 |
|  | 16 | 15 | 14 | 13 |
|  | 17 |  |  |  |

124.1 If the total number of registered skaters are equal to 16 or less than then 16 , in the 1 lap, 2 laps on track, 500 m +D \& 1 lap on road sprint race then;

## Organization:

e. First Round qualifies the best sixteen (8) times. No more than six (6) skaters per heat areallowed in the qualifying round.
f. Semi Final and Final are organized according to the following table.
g. According to art 122.4 , if skaters $8^{\text {th }}$ and $9^{\text {th }}$ cannot be decided then the semi final are raced with nine (9) skaters. The Semi Final series 1 will be raced with five (5) skaters.
h. In case of sports fault, an additional skater can be added (art 183.3).

| Semi Final - I |
| :--- | :--- |
| Time 1 |
| Time 4 |
| Time 5 |
| Time 8 |$\quad \longrightarrow$| Final |
| :--- | :--- |
| Winner SF - I |
| Winner SF - II |
| Runner SF I |
| Runner SF - II |$\quad$| Semi Final - II |
| :--- |
| Time 2 |
| Time 3 |
| Time 6 |
| Time 7 |


| Start line | Heat 1 | Heat 2 |
| :---: | :---: | :---: |
| Ranking <br> Semi final |  |  |
| Called in first <br> Called in <br> second <br> Called in third <br> Called in <br> fourth | Best time | 2 |
|  | 4 | 3 |
|  | 9 | 6 |

124.2 If the total number of registered skaters are equal to eight (8) or less than then eight (8), in the llap, 2 laps on track, $500 \mathrm{~m}+\mathrm{D}$ \& 1 lap on road sprint race then;

## Organization:

i. First Round qualifies the best four (4) times. No more than six (6) skaters per heat areallowed in the qualifying round.
j. Final is organized with the four best time.
k. According to art 122.4 , if skaters $4^{\text {th }}$ and $5^{\text {th }}$ cannot be decided then the Final is raced with five (5) skaters. In case of sports fault, an additional skater can be added (art 183.3).

## 125. General rules for three (3) laps, four (4) laps 1.000 m sprint,

It is a sprint race with a maximum of three (3) rounds. Only the winners of the heat accede directly to the next round. The other skaters are qualified according to the best times in the heats. The final is run, by the winner of each Semi Final and the best loser times, for a total of eight (8) skaters.

## Qualifying Round composition \& Qualification table:

|  | Qualifying Round |  |  |  | Semi Final |  |  | Final |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Engage d | Heats | $\begin{gathered} \hline \text { Plac } \\ \text { e } \end{gathered}$ | Time | Skaters <br> Qualified | Heats | $\begin{gathered} \hline \text { Plac } \\ \text { e } \end{gathered}$ | Time | Skaters Qualified |
| $8$ <br> skaters |  |  |  |  |  |  |  |  |
| 9 to 16 |  |  |  |  | $\begin{gathered} 2 \times 4- \\ 8 \end{gathered}$ | 1 | 6 |  |
| 17 to 24 |  |  |  |  | $\begin{gathered} 3 \times 5- \\ 8 \end{gathered}$ | 1 | 5 |  |
| 25 to 32 | 4×6-8 | 1 | 12 | 16 | $2 \times 8$ | 1 | 6 |  |
| 33 to 40 | $5 \times 6-8$ | 1 | 11 | 16 | $2 \times 8$ | 1 | 6 |  |
| 41 to 48 | 6x6-8 | 1 | 10 | 16 | $2 \times 8$ | 1 | 6 |  |
| 49 to 56 | $7 \times 7-8$ | 1 | 9 | 16 | $2 \times 8$ | 1 | 6 |  |
| 57 to 64 | $8 \times 7-8$ | 1 | 8 | 16 | $2 \times 8$ | 1 | 6 |  |
| 65 to 72 | $9 \times 7-8$ | 1 | 15 | 24 | $3 \times 8$ | 1 | 5 |  |
| 73 to 80 | $10 \times 7-8$ | 1 | 14 | 24 | $3 \times 8$ | 1 | 5 |  |
| 81 to 88 | $11 \times 7-8$ | 1 | 13 | 24 | $3 \times 8$ | 1 | 5 |  |
| 89 to 96 | $12 \times 7-8$ | 1 | 12 | 24 | $3 \times 8$ | 1 | 5 |  |
| 97 to 104 | $13 \times 7-8$ | 1 | 11 | 24 | $3 \times 8$ | 1 | 5 |  |
| 105-112 | $14 \times 7-8$ | 1 | 10 | 24 | $3 \times 8$ | 1 | 5 |  |

## Semi Final Heats composition

125.1 Heats are constituted according to the results of the qualifying round and the sameserpentine system.
125.2 Ranking according to the best time of the winner (Winner Time) WTI, WT2, ...
125.3 Ranking according to the time of the Qualified Time - QT1, QT2,
125.4 According to art 122.4, if the last position of the qualified skaters cannot be decidedthen, an extra skater will be accepted in the following round.
125.5 In case of sports fault, an additional skater can be added (art 183.3).

| Start line | Heat 1 | Heat 2 |
| :---: | :---: | :---: |
| Called in first | Winner Timel | WT2 |
| Called in <br> second | WT4 | WT3 |
| Called in third | WT5 | WT6 |
| Called in <br> fourth | WT8 | WT7 |
| $\ldots$ | Qualified Time <br> 1 | QT2 |
| $\ldots$ | QT4 | QT3 |
| $\ldots$. | QT5 | QT6 |
| $\ldots$ | QT8 | QT7 |


| Start line | Heat 1 | Heat 2 | Heat 3 |
| :---: | :---: | :---: | :---: |
| Called in first | Winner <br> Timel | WT2 | WT3 |
| Called in <br> second | WT6 | WT5 | WT4 |
| Called in third | WT7 | WT8 | WT9 |
| Called in <br> fourth | QT3 | QT2 | Qualified Time <br> 1 |
| .. | QT4 | QT5 | QT6... |

## 126. Long Distance race

Such races can be carried out both on the track or on the road. In these races, an unlimited number of skaters can participate at the same time. When the number of registered skaters is too high in relation to the size of the track or the road, qualification heats may take place, followed by a final event.

## 127. Elimination race

This race is carried out through direct elimination of one (1) or two (2) skaters at one fixed point of the race course. The Chief Judge communicates the elimination rules before start of the race.
127.1 One lap before each sprint, at the passing of the finish line by the lead skater, the bell will sound.
127.2 The eliminated skater is determined by the last point of the last skate to cross the finish line (art 148).
127.3 Whenever a skater leaves the race, be it because of a fall, fatigue, disqualification,this retirement will count as the corresponding elimination.
127.4 If during an elimination sprint a skater violates any rule, the Chief Judge may eliminate him in replacement for the skater who crossed the finish line last.
127.5 In case of massive fall with the simultaneous retirement of a group of skaters, the elimination is suspended during some laps. The Official Speaker announces which lapthe elimination will restart.
127.6 The Official Speaker announces the eliminated skater. The Speaker announces the number and the nation of the skater in the official language; English and then in thelanguage of the Organizer "State/U.T".
127.7 On the opposite line of the finish line, a judge can show the number of the eliminatedskater on a board (manual or electronic).
127.8 If the skater does not leave the track after the third announcement, he will be disqualified of the race (DQ-SF).

## 128. Points race

This race awards a score for each skater after the fixed point of the course. At the completion of the last lap, a greater score will be awarded. The skater totaling the highest number of points wins the race.
128.1 One lap before the first sprint, as the lead skater is about to cross the finish line and before the last lap, the bell will sound.
128.2 If in the opinion of Chief Judge, a skater commits a fault on any point sprint, the Chief Judge may change the order of the arrival and the assignment of points.
128.3 The Speaker will inform in an unofficial manner, the number of the skaters who obtain points in each sprint. The Official classification will only be announced after viewing the electronic photo finish or video scanner.
128.4 If a skater does not finish the race, for any reason (withdraw, fall, overtaken), that skater will lose the points earned for this race.
128.5 If there is a tie in points among two (2) or more skaters, it will be decided by who was the first of them at the finish line in the last lap.

## 129. Point-Elimination race

This race is a combination of the elimination and points races. It consists in eliminating the last skater or the last skaters and in assigning points to the first two (2) skaters at certain laps. The winner of this race will be the one who, having run the whole course, has accumulated the greatest score.
129.1 Elimination, see art 127 \& art 148.
129.2 Points, see art 128 \& 148.
129.3 The bell will ring to indicate there is sprint for point in the following lap. The racestarts by a sprint for the points and elimination next lap.
129.4 The skater who is eliminated will lose the points obtained up to that moment.
129.5 The skater who does not finish the race, for any reason (withdraw, fall, overtaken), will lose the points obtained up to that moment.
129.6 If final or qualification heats must be done but with an insufficient number of skaters to realize all the elimination, the number of eliminations is adapted by deleting thefirst eliminations. The number of attribution of points does not change.

## 130. Relay race

130.1 The organization of the team.
a. Skaters of a team should wear identical racing suit. In case the racing suits of two (2) teams are sufficiently similar, the Chief Judge can order the modificationof one of them by draw;
b. teams must be composed of three (3) skaters;
c. if a skater commits a disqualifying act, the whole team is disqualified;
d. each team is free to decide after how many laps to relay;
e. during the relay the skaters are not allowed to exit of the race course. At the end of the race, when the relay-runner has finished his race, then he is allowedto enter in the middle of the track or exit of the race course under the directionof the Jury.
130.2 The relay.
a. the relay will be completed by pushing with hand(s) from the arriving skater thehip of the starting skater;
b. touch and pull relay is not permitted and it is sanctioned by the disqualification of the team;
c. the last possible relay will be made prior to the start of the last lap;
d. the Chief Judge will advise how the skaters who are relayed should
return and the path they must use, done in such a way that it does not interfere with development of the race.
130.3 The relay zone.
a. the relay zone will be assigned on the straightaway that contains the finish line and a waiting zone is also assigned for the relaying skaters; the relay zone may be extended further than the arrival line as far as the end of the straight line;
b. on track, the relay zone starts in the middle of the corner and finishes at the endof the finish straight;
c. the lines signaling the relay zone must be marked with a white line, two (2) centimeters,
d. the relay must start and be completed inside the relay zone. If not, the team isdisqualified (DQ-TF);
e. in the case a relaying skater enters the relay zone but is not relayed by the teammate, the team is disqualified (DQ-TF). During the last lap and up to the moment in which the last skater crosses the finish line, only the finish skater per team isallowed to enter in the relay zone.
f. the skater is considered as entered in the relay zone when the last part of his second skate has totally passed the first line signaling the beginning of the relayzone;
g. the skater is considered as taken out the relay zone when the first part of his first skate crosses the line signaling the end of the relay zone.

## 131. Deleted

## 132. Deleted

133. Deleted

## The Race

## 134. Area of call

134.1 The skater must be present at the area of call when they are called by the official speaker of the competition or fifteen (15) minutes before the start of the race. If a skater does not answer the call area judge after being called twice, at one-minute
interval from each other, he is marked as Did Not Start (DNS). In the first round, this skater is not ranked. In the following rounds the skater will be rank in the last placeof the round.
134.2 The skater must present with his complete equipment and his race numbers correctlypositioned.
134.3 The judge is in task to control the presence of the skater and to confirm him his place on the start line. The judge checks the conformity of the race equipment, racenumbers, transponders and size of wheels according to art 97.
134.4 Each skater is solely responsible to meet the technical rules. In case he does not respect them, he will be disqualified by technical fault (DQ-TF).

## 135. Start line order

135.1 In the first round the start line order is determined by ranking, by the draw of the State/U.T at the preparatory meeting or the draw of the Jury when there is no preparatory meeting;
135.2 The results of the rounds

In sprint races, the heats are composed according to the result of the precedent round. The winners of the precedent round are head of heat.
135.3 The results of the qualification heats:

After qualification heats, the winners of the qualification heats are in first position in the start line ranking, the seconds in second, and so on.
135.4 The starting positions in the start line are definitive.

## 136. Starting order

136.1 For Sprint races (100m, 200 m DTT, 1 lap, 2 laps, 3 laps, 4 laps, $500 \mathrm{~m}+\mathrm{D}$, One Lap \& 1.000 m ) the skaters are called one by one on the start line by the starters respecting the start line ranking. The skater chooses a box vacant on the start line in all rounds. His choice is definitive.
136.2 For Long Distance race, the Starter call the skaters one by one on the start line, respecting the start line order (art 135) and they are placed successively
from the inner edge to the external edge. The number of rows is determined by the Starter according to the width of the race course and a place of 0.50 m wide must be allowedbetween one skater and the other.
136.3 Call to the start line. If there is not any area of call (art 134), the skater does not answer the Starters after being called twice on the start line, at oneminute interval from each other, he is marked as Did Not Start (DNS). In the first round, this skater is not ranked. In the following rounds the skater will be rank in the last place of theround.
136.4 Circumstances to restart the start procedure.
a. there is an involuntary obstruction between two (2) or more skaters;
b. the Starter notices a dysfunction of the automatic timekeeping;
c. a part of the race course is unsuitable consequently of an external problem;
d. a sports fault occurs at the start (rounds, semi-finals and finals) that mayinfluence the outcome of the race;
e. a false start (FS) occurs;
f. in Individual Time trial, the skater does not respect points 1 and 2 of art 137;
g. in Short Distance races, the falling down of one (1) skater causes the falling down of one (1) or more skaters, within one hundred (100) m from the start line;
h. in Long Distance Races, the falling down of one (1) skater causes the falling down of two (2) or more skaters, within one hundred (100) m from the start line.
i. a skater has any problem after the command "SET" or "ATTENTION" and signalsthis problem to the Starter by lifting a hand.

## 137. Individual Time trial starting conditions

For time trial races, the start procedure will be as follows:
137.1 The skater must have at least one (1) skate on the start box within the two (2) lines:sixty (60) cm. All the wheels must be in contact with the race course.
137.2 During the initiation of the start, the skate cannot leave the race course and all thewheels must stay in contact with the race course. The skate can roll but it is not allowed to cut out the backward line. The oscillation of skater's body is allowed.
137.3 The Starter authorizes the skater to go. The skater has fifteen (15) seconds to initiatethe race and if he does not start, a false start (FS) will be declared (FS).
137.4 On the Starter or Chief Judge's order the start procedure may be repeated when theskater does not respect point 1 and 2 of this article. A false start will be declared (FS).
137.5 If the Starter notices a dysfunction of the automatic timekeeping during the race ofa skater, this skater will restart the start in last position. Anyway, a minimum of ten
(10) minutes of rest is observed.
137.6 For team time trial, the start will be with all the three (3) skaters and starter will
say "attention" and fire the gun.
138. Sprint races starting conditions (100m, 200m Dual TT, 1 lap, 2 laps, 3 laps, 4 laps, $500 \mathrm{~m}+\mathrm{D}$, One Lap on road, 1.000 m )
138.1 When all the skaters have been called, the Starter gives them the authorisation to take their box on the start line by saying "IN POSITION". The skaters must enter in thebox:
a. Standing up
b. Their first skate must be in the box, not touching any line: front, lateral norback lines.
c. The second skate can be in or out of the box, not touching lateral lines. After five (5) seconds, at the command "SET" the skater assume his final position and must remain stationary. Then, under the decision of the starter, the gun is fired.
d. The Starter shall give the start commands in English.
138.2 If a skater has any problem after the command "SET", he has the right to signal this problem to the Starter by lifting a hand. This possibility is allowed only one time for each skater. In this case, the starter stops the start procedure and asks to all the skaters to leave the start zone and then he restarts the start procedure.

## 139. Specific rules for 100 m sprint

139.1 Three (3) lanes of two-point sixty (2.60) meters are drawn with white lines of five (5) cm. The race's condition must be identical in every lane, if it does not happen, only two (2) Ianes could be drawn.

139.2 Skater must skate in his lane. Skater who touches a white line is considered as get out his lane (technical fault) and he is disqualified (DQ-TF).

## 140. Long Distance races conditions

140.1 The start signal is given when the skaters are standing behind the start line at fifty
(50) centimeters from each other.
140.2 The rows of skaters are to be approximately fifty (50) centimeter's from each other. Skaters are to stand behind the start line. The Starter gives the start through two (2) commands. He says "ATTENTION" and then he fires a shot.
140.3 On the Starter or Chief Judge's order, the start procedure may be repeated when the falling down of one (1) skater causes the falling down of two (2) or more other, within one hundred (100) m from the start line.
140.4 For Team Pursuit race, skaters of the team are to be positioned one behind the other.

## 141. Neutralization of the race

When a small part of the race course is unsuitable consequently of minor external problem, fall of a skater or small group of skaters, minor injury of a skater or a slight weather condition hinder the normal performance of a race, the Chief Judge can neutralize the race. The neutralization is signaled to the skaters by:
141.1 All the race judges go inside the race course at one (1) meter from the
inner edge and shake a blue flag ( $50 \mathrm{~cm} \times 40 \mathrm{~cm}$ ). At this time, the skaters must lay down their speed and keep their position in the pack. It is allowed to the distanced skaters to join the pack and they must stay at the end of the pack.
141.5 In case of neutralization due to a fall of skater(s), the fallen skater(s)
141.2
141.3
141.4
141.6
141.7
141.8

The lap score is neutralized. In case of Elimination or Points race, elimination and assignation of points are neutralized, the official speaker announces "No Elimination"or "No points".

The judges have to come on the race course and take position to protect and signalthe unsuitable area or the injured skater(s).

The race restarts when the Chief Judge asks the Jury to leave the race course and return to their judging positions. cannot continue the race when it restarts.

No neutralization is allowed in the last 1.000 m . Neutralization is not possible duringsprint races.
Neutralization cannot be longer than four (4) minutes.
Only two (2) neutralizations by race are allowed. If a third incident happens, the race must be stopped (art 142).

## 142. Stop of the race

The Chief Judge can stop the race in the following case:
142.1 When the ground or weather conditions hinder the normal performance of a race orthe continuation of the same, the Chief Judge can stop the race and the competitionfor a given period of time;
142.2 The fall of a significant group of skaters;
142.3 A serious injury of one of the skaters that needs the intervention of First aid or the evacuation of one (1) skater at least.

## 143. Resume of the race

143.1 When there is a stop of the race for reasons exposed art 142, it is responsibility of the Chief Judge to decide about the Official Program by informing the skaters and the organizer of the competition.
143.2 If a long distance race is stopped in the first half ( 1 st $/ 2$ ), and if the resume can be planned before fifteen (15) minutes after the stop, the race resumes with the same situation at the moment of the stop:
a. only the skaters who were competing at the moment of the stop shall participateagain;
b. with the number of laps remaining to run;
c. without any modification of assignation of points (points race) or elimination;
d. if a skater (or group of skaters) leads the race with an advance or breakaway,this advantage is restored to him (them). The pack starts on the start line;
e. the number of points obtained in the first part of the race are conserved by theskaters.

## 144. Restart of the race

144.1 If the race is stopped in the last half $\left(2^{\text {nd }} / 2\right)$ or if the race is stopped (art 143.3) without the possibility to resume before fifteen (15) minutes, the race must be postponed and restarted totally with all the skaters who had taken the initial start.
144.2 If any race with ranking / qualification by time is stopped, all the skaters registered or qualified in that round or final shall participate again
144.3 Disqualified skater during the initial race cannot restart (DQ-TF / DQ-SF / DQ-DF).

## 145. Cancellation of the race

145.1 The cancellation of a race is under the responsibility of the Chief Judge with theagreement of the Organizer.
145.2 For the National Championship, the Technical Committee decides about thecancellation of a race.

## 146. The bell

Under the responsibility of the Lap Scorer Judge (art 165), the bell announces:
146.1 The last lap in every race (except for the Individual Time Trial 300m);
146.2 The bell rings only for the first pack of skater. When a skater or a small group of skaters is escaped, the bell rings for this skater or small group;
146.3 In the Elimination race, the bell announces the next elimination;
146.4 In the Points race, the bell announces the next assignation of points;
146.5 In Points and Elimination race, the bell announces the next assignation of points. Nobell for eliminations.

## 147. Lap Scorer

147.1 The Lap Scorer Judge shows the number of laps to be covered;
147.2 The lap scorer changes each time the first skater crosses the finish line;
147.3 The lap scorer stops when the race is neutralised.
148. Judgment on the finish line in the different types of race
148.1 In Long Distance races (Elimination, Points, Relay and so on), qualification heats, Team Time Trial and races against time, the ranking position of the skaters is determined according to the time at which the point of the first wheel of the first skate crosses at the finish line.
148.2 At the finish line, the leading skate must be in contact with the ground. If the first skate is not in contact with the ground, then the leading point of the first wheel of the second skate decides the placement.
148.3 If, in case of fall on the finish line, a skater crosses the finish line without any skate on the ground, the first part of the first wheel of the second skate decides the placement.
148.4 In the Elimination race, the elimination will be established on the last part of the lastskate crossing the finish line (in contact or not with the ground).
148.5 For the team pursuit race of three (3) skaters, the finish is defined on the second skater. (art 120)
148.6 In endurance races, the finish line is represented by the exact point where the skateris at the expiration of the fixed time.

## 149. Ranking

149.1 According to the type of race, the ranking is established as follows:
a. the best times in Time Trial race;
b. placement on the finish line for the Elimination race;
c. sum of points in Points race and Points - Elimination races;
149.2 In case of rounds or qualification heats, unqualified skaters are ranked according to:
a. in 100 m Sprint races,

- the round in which they are unqualified (Series, Quarters and Semi-finals),
- their times obtained in this round.
b. in $500 \mathrm{~m}+\mathrm{D}$ Sprint races and One Lap,
- their place (first criteria) and their times (second criteria) obtained in this round.
(Example after the two (2) Semi-finals of $500 \mathrm{~m}+\mathrm{D} /$ One Lap; the two thirdskaters are classified $5^{\text {th }}$ and $6^{\text {th }}$. The best time is $5^{\text {th }}$.)
c. in 1.000 m Sprint race,
- the round in which they are unqualified (Qualifying round and Semi-finals),
- their times obtained in this round.
d. In Short Distance races only the skaters who access to the final can access to the podium. In case of disqualifications for sports or disciplinary faults (DQ-SF / DQ-DF), during the final, the podium can be incomplete and done with only two (2)or one (1) skater.
e. In the same round, skaters having the same technical sanction (DQTF), sportssanction (DQ-SF), disciplinary sanction (DQ-DF) or the same race situation DNF
/ DNS will have the same placement of the corresponding situation.
f. In the results bulletin, skaters not having finished the race, will be reported asDNF in the time column.
149.3 Ranking with the time of skater reduce in rank (RR), he takes the time of the skaterwho arrived at this place.
Example: skater A arrives second (2 $\left.2^{\text {nd }}\right)$ but RR at the third ( $\left.3^{\text {rd }}\right)$ place. He takes the time of the skater who arrived third (3rd).


## 150. Placement of lapped skaters by the pack

150.1 In Long Distance races on track or on closed road circuit, the skaters who have been lapped by the pack or who are about to be lapped, and who may hinder the race, may be kept out. Skaters who have been lapped or kept out for any reason (withdraw, fall, elimination, overtake) will be placed in the inverse order they left the race.
150.2 This rule is not applied if a skater or small group of skaters leads the race and lapped the pack.

## 151. Disqualified skater by Sports Fault (DQ-SF) or Disciplinary Fault (DQDF)

When a skater is disqualified for sports or disciplinary faults (DQ-SF / DQ-DF), he is not ranked and the following skater having raced the same round takes his place.

## 152. Withdrawn skater

152.1 Skater, who decides to abandon the race for any reason or for falling down, is rankedaccording to his placement.
152.2 Skater, who withdraws from the race, should go to the finish line and inform a member of the Jury, so that he is ranked according to his position; if not he might beranked last.

## 153. Ex-aequo placement

153.1 When a group of skaters crosses the finish line all together, and thus it is not possibleto determine their exact finish order, all of these skaters involved will be awarded the same placement position and will be listed in the State/UT' ranking order.
153.2 In case of collective fall, all the skaters concerned by this fall are ranked exaequo and listed in the state/UT' ranking order.
153.3 The disqualified skaters for technical fault (DQ-TF) -art 182- in the same round, are ranked ex-aequo.

## 154. Tiebreak trial and races against time

In order to determine the medals in time trial races, when two (2) or more skaters obtain the sametime, the trial shall be repeated to establish the placements.

## 155. Maximum time in road races

Maximum time in road races is computed by increasing by $25 \%$ the time obtained by the first skater.

## 156. Results ratification

156.1 Competition results become official only after their ratification by the Chief Judgeand their publication in the Official Communication.
156.2 For National Championship, the results become official only after their ratification by a Technical Committee Member and their publication in the Official Communication.

### 6.3 The Jury

## 157. The Jury

157.1 A Chief Judge and Judges direct each competition. The Chief Judge is responsible forjudges for the proper conduct of the races. The Chief Judge vouches directly for his own actions to the Technical Committee. On the national competitions, the Technical Committee itself appoints the Chief Judge by selecting him among the regularly registered International/National Judges.
157.2 For national competitions, the following judges are required:
a. one Chief Judge;
b. one Secretary Judge;
c. a different number of judges according to the importance of the competition andtype of course;
d. a different number of Timekeepers according to the electronic timekeepingsystem.
157.3 For the National Championship competitions, the minimum number of judges shall be:
a. one (ו) Chief Judge;
b. one (1) or two (2) Assistant Chief Judge;
c. one (1) Secretary Judge and one (1) Assistant Secretary Judge;
d. a team of judges;
e. a different number of Timekeepers according to the electronic timekeepingsystem.

## 158. Judge Uniform

In national competitions, the official India Skate uniform of Judges consists mandatory of same colour jersey, trousers, socks, shoes and cap. The use of health care facemask and gloves is permitted. Nothing else is allowed.

## 159. Tasks of the Chief Judge

Besides the specific tasks provided in the various articles of this Rulebook, the Chief Judge is in charge of the technical and judgment of the competition. Therefore, he shall:
159.1 guarantee that all skaters enforce the regulations and decide about any technical problems that might arise during a competition, even when not
covered in this Rulebook;
159.10 warn the skaters who have been reprimanded by the judges for sports faults;
159.11 remove or replace those judges who, in his opinion, do not completely carry out their duties.

## 160. The Secretary Judge

The Secretary Judge and the Assistant Secretary Judge have the task to co-operate with the Chief Judge, particularly concerning the settlement of the preliminary heats, in the preparation of individual ranking and ranking by state/UT; in the drawing up of the competitions minutes that will later be submitted to the Chief Judge and signed by him.

## 161. The Call Area Judge

The tasks of the Call Area Judge are the following:
161.1 Before the beginning of each race, he should gather the skaters and give them the last instructions. Checking their uniform, competition number, transponder, skates and size of wheels;
161.2 he gives to the skaters the composition of the start line;
161.3 under the order of the Chief Judge, he permits to the skaters to accede to the racecourse;
161.4 before the beginning of each event, to check that every skater is supplied
to announce to the skaters when they must be at the start of the race for which they have been entered, and to make sure that no one may have access to the track wherethe race takes place before the Chief Judge has given his authorisation.

## 162. The Starter

The tasks of the Starters are the following:
162.1 he checks that all the skates of all skaters are behind the start line;
162.2 after the Chief Judge's consent, he gives the start signal as stipulated art 136 to art 140;
162.3 he signals the false starts (FS) and call back the skaters as stipulated art 169.

## 163. Course Judges

163.1 The tasks of the Course Judges are the following:
a. to supervise the progress of the event for the portion of which they are responsible;
b. to immediately inform the Chief Judge about any irregularities which took place during the race and they give warning to the skater(s) who commits sports faults(art 172);
c. to take note of lapped skaters, and of those skaters who withdrew and inform the Chief Judge.
163.2 According to their respective positions along the track, course judges are called in the following ways: Straight Judges, Corner Judges, Relay Judges.

## 164. Finish Judges

164.1 The task of the Finish Judges is to exactly establish the order of arrival of skaters.
164.2 In Long Distance races, the number of judges shall be established according to the requirements. The Chief Judge shall assign specific tasks to each judge.
164.3 Finish Judges must be a minimum of three (3). According to the requirements, such a number can be increased but shall always be an odd number. In case of discrepancies, majority will make the decision.
164.4 In any case, when electronic photo finish or video scanner is used, the electronic photo finish or video scanner results are final.
165. Lap Scorer Judge
165.1 The Lap Scorer Judge shall:
a. take note of the number of laps covered;
b. signal the laps still to be covered using the counting device at his disposal;
c. signal the leading skater;
d. cross a lap, when covered by the pack (art 146);
e. provide that the last lap to be covered is signaled by means of a bell.
165.2 In case of long-lasting competitions, Organizers must agree with the judge the method of determination of times to be adopted.

## 166. Official Speaker

166.1 The announcements are done in the Official Language of India Skate which is English.They can be done in the language of the Organizing State/UT/Hindi.
166.2 The Speaker shall inform the public of the names and numbers of the skaters taking part in each race, and all relevant information such as the composition of the heats and punctuation.
166.3 The result of each race should be announced at the earliest possible moment after receipt of the official result.
166.4 In conjunction with the general direction of the Organization and the Technical Committee Chairman, the Speaker is responsible for all matters of announcing protocol.

## 167. Definition of the Faults

167.1 Three (3) kinds of faults are to be considered; technical faults (art 168), sports faults(art 172) and disciplinary faults (art 184).
167.2 In any case, the Chief Judge can estimate that a sports fault presents a very negativeattitude and qualifies it as a disciplinary fault. (art 186)

## 168. Technical Faults

Technical faults are faults related to the technical skills, accomplishment of the technical orders, commands and rules or technical requirements.

### 168.1 Technical Requirements.

Each skater is solely responsible to observe the technical rules. When a skater does not respect technical rules (uniform, competition number, transponder, skates and size of wheels etc.), the skater in fault is disqualified by technical fault (DQ-TF).

### 168.2 Racing suit.

For national competitions all skaters of the same State/UT must wear identical uniforms with long or short sleeves, with the national colours; if there is a particular situation and this is not reported and approved by the Technical Committee, the skater in fault is disqualified by technical fault (DQ-TF).

### 168.3 Remove or unfasten the helmet.

A skater who removes or unfastens his helmet is disqualified by technical fault (DQTF).

### 168.4 Type of helmets.

In Short and Long-Distance races, the hard headgear must have a regular shape and may not have protrusions or ends. A skater who does not respect this rule is sanctioned with a Technical Fault (TF).

### 168.5 Circumstances to restart the start procedure.

When the start procedure is repeated by the Starter or Chief Judge's order due to a false start (FS); the skaters must go back immediately, by the shorter path. If a skater voluntarily delays the restart procedure, the skater in fault is sanctioned with a False Start (FS).

## 169. False start

169.1 General rules:
a. When one skater causes a false start (FS), thereby causing the other skater to follow; only this skater shall be given one (1) false start (FS).
b. The skater or a team (relay) who commits two (2) false starts (FS) in the same race (heats and final), is disqualified DQ-TF.
c. In any race, in case of false start (FS), the Starters shall call back skaters to thestart line (with one (1) or two (2) gunshots or two blows of whistle). Skaters must restart immediately their positions and the start procedure is repeated.
d. The Starter signals the false start (FS) to the skater by showing a yellow card. Heshows a red card to signal the disqualification after a second false start (FS).
e. Cards are shown in two (2) steps: the Judge shows it to the skater, and then he lifts it to be seen by the spectators.
f. During the start procedure, when simultaneous situations occur, more than one skater can receive a false start.
169.2 Get ahead of the commands: When a skater moves or starts before the gun signal isgiven, the skater in fault is sanctioned by a false start (FS).
169.3 Moving: When the skater does not remain stationary in his assumed starting position,the skater in fault is sanctioned by a false start (FS).
169.4 Lines: When the first skate is not in the box or it is touching lines: front, lateral or back lines; or when the second skate is touching lateral lines, the skater in fault is sanctioned by a false start (FS).
169.5 Momentum: When the skater does not remain stationary and pulls his body backwards, in order to gain momentum, force, impetus and speed of movement during the start procedure, the skater in fault is sanctioned by a false start (FS).
169.6 Slow: When a skater moves and descends his body slowly, in order to gain momentum, force, impetus and speed of movement during the start procedure, the skater in faultis sanctioned by a false start (FS).
169.7 Starter orders: When a skater does not respect the Starter's commands to take his
box on the start line, the skater in fault is sanctioned by a false start (FS).
169.8 Immediately restart: When the start procedure is repeated and the skater voluntarily does not go back immediately, by the shorter path, delaying the restart procedure, the skater in fault is sanctioned by a false start (FS).
169.9 Delaying: (in 200 M Dual Time Trial race) When a skater delays the start procedure by actions which cause the other skater jump, the skater in fault is sanctioned by a false start (FS)

### 169.10 300 m Time Trial:

a. A false start (FS) is signaled when the skater crosses the backward line.
b. Only one (1) false start (FS) is permitted in qualification heat and one (ו) false start (FS) in final.

### 169.11100 m, 200 m Dual Time Trial, One, Two, Three, Four laps, 500 m +D

 \& 1.000 m:a. A false start (FS) is signaled when a skater moves or starts before the gun signal is given. The start procedure is cancelled and the skater involved is sanctioned byone (1) false start (FS) technical fault TF.
b. A false start is signaled when a skater has his first skate out of his box (on the lines) when the Starter says the command "SET" art 137.2.
c. For a skater, only one false start (FS) is allowed in a sprint race during all the rounds, except for Time Trial (art 169.2.b).
Ex: If a skater commits a false start (FS) in $1 / 4$ final and a second one in $1 / 2$ final, he is disqualified for technical fault DQ-TF.

### 169.12 Long Distance races

A false start is sanctioned (FS), it is signaled to the skater by showing a yellow card. Only one (1) false start (FS) by race is permitted (heats and final).

## 170. Exit of the skating course

170.1 For Short and Long Distance races, skaters are not allowed to skate on the ground outside the line delineating the course. Skaters violating voluntarily this rule to takeadvantage or to gain positions will be disqualified (DQ-TF). The judges make a decision when this situation occurs during a massive fall of skaters or to avoid a crash.
170.2 For the Time Trial races, the exit of the skating course is sanctioned with the disqualification of the skater (DQ-TF).
170.3 For 100 m Sprint races, the lane between the two (2) white lines constitutes the racecourse. Touching the line is considered as exit of the race course and the skater whocommits this fault is disqualified (DQ-TF).

## 171. Wrong Relay

171.1 Touching or pulling relay is not permitted and it is sanctioned by the disqualification of the team (DQ-TF).
171.2 The relay must start and be completed inside the relay zone (art 130). If not, theteam is disqualified (DQ-TF).

## 172. Sports faults

Sports faults are voluntary faults against the fair play. When the skater takes part in a situation and/or disputes positions in an unfair and non-honourable way.
a. Every situation is evaluated by the judges and notified to the Chief Judge. The ChiefJudge sanctions the skater who commits a sports fault.
b. When a skater receives three (3) warnings in a race, (accumulated in qualification heatd final), the skater in fault is disqualified by sports fault (DQSF).
c. When a skater commits faults considered as voluntary and dangerous, the skater in faultis disqualified by sports fault (DQ-SF).
The following actions are considered as sports faults.

### 172.1 Get out voluntarily the race course

When a skater leaves the race course without the Jury permission and this disturbs the race being held, the skater in fault is disqualified by sports fault (DQ-SF).

### 172.2 Voluntary shortcut of the race course

When a skater leaves the race course and goes back to the race in other point, in order to take advantage or gain positions (Unless instructed by the Jury), the skater in fault is disqualified by sports fault (DQ-SF).

### 172.3 Direction of the race

For track or road closed circuit competitions, the direction of the race shall be counter clockwise. A skater who voluntarily does not respect this rule, taking advantage or gaining positions, is disqualified by sports fault (DQ-SF).

### 172.4 When it is not possible to apply a Reduce in Rank sanction (RR)

When a sports fault is estimated as involuntary, but the sanction Reduce in Rank (RR) cannot be used due to the fact that the skater who receives the fault cannot be qualified to the following round, the skater in fault is disqualified by sports fault (DQSF). (art 183.2)

### 172.5 Sports fault during the start procedure

When a voluntary sports fault is committed during the start procedure (rounds, Semi Finals and finals) that may influence the outcome of the race, the skater in fault is disqualified by sports fault (DQ-SF).

### 172.6 Disqualifying act against a skater in qualifying position

When a skater commits a disqualifying act against a skater in qualifying position, in a qualifying round, and the victim skater is advanced to the next round by the Chief Judge (art 183.3), the skater in fault is disqualified by sports fault (DQ-SF).

## 173. Specific Sports faults

Disruptive body contact or any kind of disruption between two skaters can be considered as a sports fault. In the case the lead skater gives way to the passing skater without being touched, then he gives up his right to the lead.
173.1 Grabbing: to seize suddenly, or roughly.
173.2 Hipping: the intentional use of the hips by a skater to gain an advantage over ordisrupt the progress of another skater.
173.3 Jamming: a skater suddenly slowing up, causing the trailing skaters to run into eachother.
173.4 Holding: a skater who temporarily delays something through illegal obstruction of anopponent, by use of the hands, arms, or legs.
173.5 Interference: Skating with hands or elbows extended, or use of the hands, orshoulders in any manner so as to interfere with another skater.
173.6 Profanity: The use of profanity in any competition is not accepted.
173.7 Pulling: Drawing or hauling another skater toward himself, in a particular direction,or into a particular position. Pulling back or pulling down him.
173.8 Shuttle skating: Abnormal movement from side-to-side to hinder a trailing skater.

## 174. Sport fault - Trajectory and obstructions

174.1 Skaters are to reach the finish line along the shortest imaginary line. In no case can skaters push other skaters or cut in front of them. It is also forbidden to let oneself be taken in tow, to push, obstruct or help any skater. In no case, shall the passing of other skaters cause difficulty to other skaters (passage in force/ entry in force in thepack).

a) The skater leading the race shall not obstruct the runner-up and must continue in a straightway path without loops or lateral deviations. For the last straight, if there are several skaters acceding to the finish line together, they have to reachthe finish line through the right trajectories.

b) During heats and finals, when a skater obstructs and causes difficulty to a runner- up with loops or lateral deviations on the last straightway, to avoid the runner- up reach the finish line, the sanction Reduce in Rank (RR) can be used. This is possible only if the skater in fault did not push, cut, cause a fall, or affect the placement of one or more skaters. In qualification heats, the Chief Judge can make this decision only when the injured skater can be qualified to the following round by applying this sanction.
174.2 Blocking A: Any unnatural method used by one skater to prevent another from passing, with or without body contact. A skater does not follow a reasonably course in a race, sailing in a zigzag.
174.3 Blocking B: Blocking by shuttle skating (excessive weaving).
174.4 Blocking C: Intentional impeding the progress of another skater.
174.5 Elbowing: Use of the elbows to interfere with the progress of another skater.
174.6 Pushing: Intentional body contact by one skater against another, shoving against withforce in order to move him.
174.7 Riding in: Skater's body contact from the outside of the track forcing another skater to the inside of the track.
174.8 Riding Out: Skater's body contact from the inside of the track forcing another skaterto the outside of the track.
174.9 Shoving: A skater intentionally pushing another with the intent to impede hisprogress in the race.
174.10 Tripping: voluntary action by one skater, which obstructs another's footing, whether or not a fall result.
174.11 Weaving: Irregular or unnecessary side-to-side movement of a skater when skating the straightaway of the track-a type of blocking.
174.12 Right-of-way disruption: The act of impeding the privilege of leading
skaters to anunobstructed track when overtaking a lapped skater or skaters. (This privilege does not include permission for leading skater to push or make contact with the lapped skater or skaters.)

## 175. Assistance to skater

175.1 Skaters are strictly forbidden to accept any sort of help. In case of fall, skaters who are still able to continue the race must stand up without any help from a third party. Otherwise, they are disqualified for sports faults (DQ-SF) of the race.
175.3 The skater can receive advice or information from the trainers or coaches.
175.4 During Marathon or longer distance race (more than 20k), a skater is allowed to givewater or food to a teammate.

## 176. No respect of jury instruction

If the skater does not respect the instruction of a Judge/Chief Judge or the announcement of the Official Announcer, he is sanctioned.

## 177. Sanctions

Sanctions that can be adopted by the Chief Judge during the competition, towards skaters responsible of violations to the Jury instructions or the principles of sports ethics, are the followings:
a. False Start (FS)
b. Warnings (W);
c. Reduction in Rank in the order of arrival (RR);
d. Disqualification from the race (DQ-TF/DQ-SF/DQ-DF);
e. Automatic Suspension.

## 178. Warnings

178.1 Warnings may be given to sanction technical and sports faults, in addition to those cases that are expressly included in this Rulebook art 169 to art 176.
178.2 Any judge in charge of the progress of the race, who shall immediately inform the Chief Judge, can give warnings; Chief Judge only must communicate the warnings tothe Official Speaker.
178.3 Warnings are cumulated: heat and final.
178.4 Warning for sports fault (SF) does not exist for sprint races art 183.

## 179. Reduction in rank

During a race, when a skater commits a fault towards one or several opponents, he may be reducedin rank according to the decision of the Chief Judge.
When a sports fault is estimated as involuntary, the sanction Reduce in Rank (RR) can be used only if the skater who receives the fault can be qualified for the next round using this sanction.
During Elimination race, see art 127.4.During Points race, see art 128.2.

## 180. Disqualification

Disqualification measures are decided by the Chief Judge and may be applied:
180.1 Disqualification for technical fault (DQ-TF):
a. when a skater commits two (2) consecutive false starts (300m) (FS), that is tosay: in the same round;
b. when a skater commits two (2) false starts (FS);
c. when a skater commits a wrong relay (pull or touch relay, relay out of the relayzone, enter in relay zone without relay) all the team is disqualified;
d. during 100 m sprint, if the skater exits of his lane, he is disqualified. (Touchesthe line, exiting the race course);
e. during Time Trial races, crossing the line and skate on the ground outside theline delineating the course;
f. during Short and Long Distance races, skaters skate voluntarily the groundoutside the line delineating the course to take advantage or to gain positions;
g. when a skater removes or unfastens his helmet;
h. when a skater does not respect technical rules (uniform, competition number,transponder, skates and size of wheels etc.);
i. when, during National/Zonal competitions, skaters of the same State/U.T do notwear identical uniforms and this is not approved by the Technical Committee.
180.2 Disqualification for sport fault:
a. when a skater commits one (1) fault considered as voluntary and dangerous;
b. when a skater receives three (3) warnings in a race, (cumulated in qualificationheat \& final);
c. when a skater gets out voluntarily of the race course;
d. when a skater voluntarily leaves and shortcut the race course;
e. when a skater voluntarily does not respect the direction of the race, takingadvantage or gaining positions;
f. when it is not possible to apply a Reduce in Rank sanction (RR);
g. sport fault during the start procedure;
h. disqualifying act against a skater in qualifying position;
i. when a skater benefits voluntarily of assistance from another skater in order totake advantage or gain positions;
j. when, in case of fall, a skater is not able to stand up and continue, and receivesassistance from a third party.

## 181. Automatic suspension

181.1 When a skater is disqualified for sports or disciplinary faults (DQ-SF / DQ$D F$ ), he is automatically suspended for the following race of the same Type: Short or Long Distance races (except for Team races) in which the skater is registered. This rule applies even if the following race is considered as begun, when the skater participated in the qualifying series.
181.2 For National Championship, the preregistration of a disqualified skaters for sports or disciplinary faults (DQ-SF / DQ-DF) cannot be modified and this disqualified skater cannot be replaced by a teammate.
181.3 A suspended skater who did not purge his suspension at the end of the National Championship remains suspended for the following National Championship. (Ex: from track to road or S/UT to S/UT+1)

## 182. Official Sanctions

The Chief Judge applies the sanctions and they shall be made public. They have to be notified on the Official Results of the race as:

1. (W1) (W2) for one or two warnings.
2. (FSI) for the first false start.
3. ( $R R$ ) for reduce in rank.
4. (DQ-TF) disqualified for technical fault. The disqualified skater is ranked at the end ofthe heat or round.
5. (DQ-SF) disqualified for sports fault. The disqualified skater is not ranked and he is placedat the end of the official results as disqualified. In case of general ranking, he does not get any point.
6. (DQ-DF) disqualified for disciplinary fault. The disqualified skater is not ranked and he is placed at the end of the official results as disqualified after disqualifications for sports fault. In case of general ranking, he does not get any point.
7. (DNS) did not start.
8. (DNF) did not finish.

## 183. Sanctions \& Ranking

183.1 Only one (1) false start (FS) is allowed for these sprint races. When a skater commits a second false start (FS) in the race, he must be disqualified for technical fault (DQ-TF). He is ranked in the last place of the round.
183.2 When a skater commits a voluntary sports fault, the Chief Judge will disqualify him(DQ-SF). When a skater commits a disciplinary fault, the Chief Judge will disqualify him (DQ-DF). When a sports fault is estimated as involuntary, the sanction Reduce in Rank (RR) can be used only if the skater who receives the fault can be qualified for the next round using this sanction. This rule cannot be used in final.
183.3 If a skater in qualifying position is the victim of a disqualifying act from another skater in a heat of a qualifying round, the Chief Judge may advance that skater to the next round.

## The Discipline

## 184. Disciplinary faults

Disciplinary faults are faults against the fair play, when a skater acts desiring to inflict injury,harm, or suffering on another, either because of a hostile impulse or out of deep-seated meanness, in a planned or sudden attack.

## 185. Fair play

All the skaters must take part in races fairly and enthusiastically. Those showing a negative attitude or clear inability may be excluded from the competition.

## 186. Aggression

It is the responsibility of the Chief Judge to qualify a sports fault in disciplinary fault, taking in consideration the aspect voluntary or involuntary.

## 187. Team fault

There are two (2) types of Team faults ( 1 and 2 ):

## 187. 1 Team Fault 1

- When skater A makes a voluntary sports fault in order to let his teammate (SkaterB) win one (1) or more positions.
- skater (A) who commits the fault is disqualified and may be excluded by the Technical Committee from all the National Championship events. Skater A is disqualified by sports fault (DQ-SF).
- skater (B) who benefices of the fault must be reduced in rank (RR).

Type 1: Skater A voluntarily makes a fault (S-A: DQ-SF) - Skater B involuntarily receives a benefit (S-B: RR)

### 187.2 Team Fault 2

- When two (2) skaters (A and B) make a voluntary sports fault acting physically together in order avoid and prevent another or other skaters from passing them andwin one (1) or more positions.
- When two (2) skaters (A and B) make a voluntary sports fault cooperating physicallytogether(to relay or grab in order to drag the teammate) in order to let his teammate(Skater A B) win one (1) or more positions.
- Skaters A and B are disqualified by sports fault (DQ-SF) and may be excluded by the Technical Committee from all the National Championship events by disciplinary fault (DQ-DF).

Types 2: Skater A voluntarily makes a fault (S-A: DQ-SF) Skater B voluntarily receives a benefit (S-B: DQ-SF)

## 188. Misconduct against the Jury

188.1 Any member of the jury who is affected before, during or after a competition by any offence or violence of any kind on the part of a skater or another member of delegations, may immediately inform the Chief Judge who shall seize the DisciplinaryCommittee.
188.2 Any India Skate official who is affected during an official event is in power to seizeDisciplinary Committee.

## 189. Disciplinary procedure

189.1 It is the responsibility of the Chief Judge to seize the Disciplinary Committee in caseof disciplinary fault. Anyone, skater, coach or delegate who commits disciplinary fault is sanctioned by the Disciplinary Committee.
189.2 Any member of the Technical Committee who observes a disciplinary fault is in powerto seize the Disciplinary Committee.

## 190. Progress of the disciplinary Committee

When a skater or a member of an official delegation committed a disciplinary fault, the Disciplinary Committee convenes him. This person has the possibility to appear in front of the Disciplinary Committee and the Official of the delegation may accompany him. President of the Committee presents the blamed facts to him. The skater or the Official of the delegation has then the possibilityof presenting a defence.

## 191. Disciplinary measures

Disciplinary measures that can be adopted by the Disciplinary Committee are the following:

1. Exclusion of the competition.
2. Period of suspension.

## 192. Exclusion of the competition

In the case of very serious infringement, any skater or member of the official delegation may be excluded Disciplinary Committee from all the competition. In case of exclusion, the credential card is removed.

## 193. Suspension

The Disciplinary Committee has the ultimate power to adopt suspension measures for period of time, of a maximum up to six (6) months.

## 194. Body of first instance

The Technical Committee is the body of first instance for claims concerning the application of this Rulebook different from Jury decisions about sanctions. The Technical Committee evaluates if the claim proceeds and if it does, they will give an officialanswer.

## 195. Claims procedure

Each Delegation has the right to make a claim during the competition. The reasons behind the claim must be described in writing and given to the Technical Committee.
For the National Championship, claim must be written on an official form (annex) in the India Skate official language (English), signed by the Official Delegate of the State/UT.

## 196. Claims presented to the Technical Committee

196.1 Claims regarding the admittance of a skater to a competition may be submitted:
a. by a State/U.T Delegate who believes that one of his skaters has not beenadmitted though he was eligible;
b. by all State/U.T Federations Delegates believing to have been damaged because of the admittance to the competition of a skater belonging to another State/U.T, whodoes not have the right to participate.
196.2 Claims are to be signed by the Official Delegate and submitted in writing to the Technical Committee thirty (30) minutes prior to the beginning of the race. When the Chief Judge believes he has adequate information to admit a skater to a competition, and that such an admittance is the subject of a dispute, he can admit said skater with due reservation, leaving the final decision to the Technical Committee that will take care of any necessary control;
196.3 This decision must be made known to the Official Delegates of the participating State/U.T's.

## 197. Claims fees

A fee of Rs. 2000 shall accompany any claims to the Technical Committee.

## 198. Body of second instance (appeal)

The India Skate Executive Board is the body of second instance and receives the appeals after the decision taken in first instance by the Technical Committee regarding disciplinary faults.
See ll RR of India Skate.

## 199. Decisions

The decisions shall be verbally communicated to the Delegate of the complaining State/U.T, and then made official by writing.
Such an amount shall be given back only when the claim is upheld.

## SPECIFIC RULES FOR

## NATIONAL SPEED SKATING CHAMPIONSHIP - NSSC

## 200. Official Track

Official tracks certified by India Skate / World Skate are defined art 108.

## 201. Ranking of the previous National Championship

The ranking of S/UT-1 NC (art 69) is used for the composition of the start order. The State/UT who did not participate at the previous National Championship complete the ranking using the alphabetic orderin English.

## 202. Planning and warm-up

Before each race, a warm-up of six (4) minutes is accorded to the skaters who are going to race. The Official Speaker announces the last minute.

## 203. Sprint races heats composition

The heats will be made up according to the ranking of the State/UT of the previous National Championship (art 69). NC S/UT-1 ranking and the serpentine system.

| States Ranking <br> - Sl | No. of <br> Skaters |
| :--- | :---: |
| Karnataka KA | 2 |
| Haryana HR | 2 |
| Tamil Nadu TN | 2 |
| Maharashtra <br> MH | 1 |
| Delhi DL | 2 |
| Andhra <br> Pradesh AP | 1 |
| Gujarat GJ | 2 |
| Telangana TS | 1 |
| Punjab PB | 1 |
| Chandigarh CH | 2 |


| Starting <br> Line <br> order | Heat <br> 1 | Heat <br> 2 | Heat <br> 3 | Heat <br> 4 | Heat <br> 5 | Heat <br> 6 | Heat <br> 7 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Called <br> lst | KA | KA | HR | HR | TN | TN | MH |
| Called <br> 2nd | PU | TS | GJ | GJ | AP | DL | DL |
| Called <br> 3rd | CH | CH |  | $\longrightarrow$ |  |  |  |

## 204. National Championship Track 300 m time trial - DELETED

## 205. Track 200 m Dual time trial

205.1 Qualification heats (first round). Heats will be made up according to the ranking of the State/UT of the previous National Championship (art 69) NC S/UT-1. The best twelve (12) times are qualified for the final.
205.2 The heats of the final will be made according to the times obtained in qualification:Heat $1\left(11^{\text {th }} / 12^{\text {th }}\right)$, Heat $2\left(9^{\text {th }} / 10^{\text {th }}\right)$ and so on. The winner is the best time of the final.
205.3 Technical requirements: Two (2) photo finish timing systems, one (1) per line. Photocells that indicate the unofficial partial times. An electronic Start Gun connected to the two (2) systems to make them start at the same time. Moreover, two (2) amplifiers, one near each start line, connected to the Gun.

## 206. Sprint races ( $\mathbf{1 0 0} \mathbf{m}$, 1 lap, 2 Laps, 3 laps, 4 laps, $500 \mathrm{~m}+\mathrm{D}$, One lap on road \& $\mathbf{1 . 0 0 0} \mathbf{~ m}$ )

Qualification heats (first round). The heats will be made up according to the ranking of the state/UT of the previous National Championship (art 69) NC S/UT-1.

- Start line:

For all the rounds, the skaters are called and choose their position on the start line according the start line order (art 135.2, art 135.3).

## 207. Constitution of the qualification heats for the long-distance race

If, for the following races; Elimination race, Point Race and Points-Elimination race, the number of skaters need the organization of qualification heats, they are organized as follows:
207.1 The composition should be made according the ranking of the State/UT, as follows:
a. the states/UT's with two (2) skaters are drawn first. The skaters of a same state/UT cannot be in the same qualification heat;
b. the state/UT with only one (1) skater are drawn in second. They complete the heat according to the ranking of the nation and serpentine method.

| Ranking S-1 | Skaters <br> by State | Starting <br> line Rank | Heat 1 | Heat 2 |
| :--- | :--- | :--- | :--- | :--- |
| 1. Karnataka | 2 | I | Karnataka | Karnataka |
| 2. Maharashtra | 2 | II | Maharashtra | Maharashtra |
| 3. Haryana | 1 | III | Delhi | Delhi |
| 4. Delhi | 2 | IV | Tamil Nadu | Tamil Nadu |
| 5. Tamil Nadu | 2 | V | Punjab | Punjab |
| 6. Andhra Pradesh | 1 | VI | Haryana $\rightarrow$ | Andhra Pradesh |
| 7. Telangana | 1 | VII | Gujarat | Telangana |
| 8. Gujarat | 1 | VII | West Bengal |  |
| 9. West Bengal | 1 | IX |  |  |
| 10. Punjab | 2 | X |  |  |


| Ranking S/UT-1 | Skaters by <br> State/UT | Starting line rank | Heat-1 | Heat - 2 | Heat - 3 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1. Karnataka - KA | 2 | 1 | KA | KA | $\rightarrow \mathrm{MH}$ |
| 2. Maharashtra - MH | 2 | II | - MH | DL | DL |
| 3. Haryana - HR | 1 | III | TN | TN | - PB |
| 4. Delhi - DL | 2 | IV | $\rightarrow \quad \mathrm{PB}$ | HR | $\rightarrow \mathrm{AP}$ |
| 5. Tamil Nadu - TN | 2 | V | $\rightarrow \quad$ TS | GJ | $\rightarrow$ WB |
| 6. Andhra Pradesh - AP | 1 | VI |  |  |  |
| 7. Telangana-TS | 1 | VII |  |  |  |
| 8. Gujarat-GJ | 1 | VIII |  |  |  |
| 9. West Bengal - WB | 1 | IX |  |  |  |
| 10. Punjab - PB | 2 | X |  |  |  |

207.2 There will be no loser's final. Unqualified skaters are ranked according to the result(place) obtained in the qualification heat.
207.3 Qualification heats shall be skated with at least $50 \%$ of the race distance.

## 208. Track 10.000 m Elimination race

### 208.1 Elimination protocol:

The final should be planned in such a way that after the last sprint (elimination), there must be three (3) skaters in order to determine the gold, silver and bronze medals. Double elimination consisting of the elimination of the last two skaters is permitted. Eliminations every two (2) laps, but every lap on three (3), two (2) and one (1) laps to go (see image below).

### 208.2 Final:

Twenty-six (26) to thirty (30) skaters can run the final. Under thirty (30) skaters, there are not any qualification heats.
a) Final 30 skaters:

5 laps without elimination;
Three (3) double eliminations;
Total 27 eliminations +3 skaters at the end.

| Laps | Bell | Elimin. | Skaters | Laps | Bell | Elimin. | Skaters |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 50 |  |  | 30 | 25 |  | Elim 14 |  |
| 49 |  |  |  | 24 | BELL |  | 16 |
| 48 |  |  |  | 23 |  | Elim 15 |  |
| 47 |  |  |  | 22 | BELL |  | 15 |
| 46 | BELL |  |  | 21 |  | Elim 16 |  |
| 45 |  | Elim 1/Elim 2 |  | 20 | BELL |  | 14 |
| 44 | BELL |  | 28 | 19 |  | Elim 17 |  |
| 43 |  | Elim 3/Elim 4 |  | 18 | BELL |  | 13 |
| 42 | BELL |  | 26 | 17 |  | Elim 18 |  |
| 41 |  | Elim 5/Elim 6 |  | 16 | BELL |  | 12 |
| 40 | BELL |  | 24 | 15 |  | Elim 19 |  |
| 39 |  | Elim 7 |  | 14 | BELL |  | 11 |
| 38 | BELL |  | 23 | 13 |  | Elim 20 |  |
| 37 |  | Elim 8 |  | 12 | BELL |  | 10 |
| 36 | BELL |  | 22 | 11 |  | Elim 21 |  |
| 35 |  | Elim 9 |  | 10 | BELL |  | 9 |
| 34 | BELL |  | 21 | 9 |  | Elim 22 |  |
| 33 |  | Elim 10 |  | 8 | BELL |  | 8 |
| 32 | BELL |  | 20 | 7 |  | Elim 23 |  |
| 31 |  | Elim 11 |  | 6 | BELL |  | 7 |
| 30 | BELL |  | 19 | 5 |  | Elim 24 |  |
| 29 |  | Elim 12 |  | 4 | BELL |  | 6 |
| 28 | BELL |  | 18 | 3 | BELL | Elim 25 |  |
| 27 |  | Elim 13 |  | 2 | BELL | Elim 26 | 5 |
| 26 | BELL |  | 17 | 1 | BELL | Last Elim 27 | 4 |
|  |  |  |  | 0 |  | ARRIVAL | 3 |

b) Final 26 to 30 skaters:

Five (5) Iaps without elimination;
Single eliminations from lap 45;
Total 24 eliminations +3 skaters at the end.
Double elimination (DE) could be planed from the $1^{\text {st }}$ to the $3^{\text {d }}$ elimination (DEl to DE3)

## Qualification Heats:

If there are more than 30 skaters, qualification heats must be planned. Thirty (30) skaters (art 207) race the final.
208.3Composition and protocol of the qualification heats:

The heats are composed according to art 207 and the protocol of the race is as follows:

- $\quad$ The first five (5) laps are without any elimination.
- Elimination every two (2) laps.
- No double elimination.
- $\quad$ The qualification heat distance must be completed, even when the number of skatersto qualify is obtained before the end.


## 208 A Track 5000 m Sub Junior Elimination race

1. Elimination system

The final should be planned in such a way that after the last sprint (elimination), there must be at least Four (4) skaters in order to determine the gold, silver, bronze medals.
2. Final

## The final is run by $20 / 21$ skaters.

3. Protocol

- 4 laps free without elimination
- 21 laps elimination (every 2 laps) With 3 DE ( $13+3$ ) $=16$ Eliminations ( 20 Skaters)
- 21 laps elimination (every 2 laps) With 4 DE ( $9+4$ ) $=17$ Eliminations ( 21 Skaters)
- 1 laps to the arrival with 4 skaters.

4. Qualification heats

According to the number of skaters the chief referee can organise the heats with the following table.

- upto 40 skaters: 2 heats each of $11-20$ skaters - 10 skaters are qualified from each heat.
- 41-60 skaters: 3 heats each of $13-20$ skaters -7 Skaters are qualified from each heat.

If there are more skaters, it is the task of the STC to organise the protocol of the qualification heats with Double Elimination or more heats.

| Laps | Finals | Skaters | Laps | Elim | Skaters | Laps | Elim | Skaters |
| ---: | ---: | ---: | ---: | ---: | ---: | ---: | :--- | ---: |
| 25 |  | 20 | 25 |  | 20 | 25 |  | 21 |
| 24 |  |  | 24 |  | 20 | 24 |  | 21 |
| 23 |  |  | 23 |  | 20 | 23 |  | 21 |
| Bell 22 |  |  | Bell 22 |  | 20 | Bell 22 |  | 21 |
| 21 | E1/E2 | 20 | 21 | E1 | 20 | 21 | E1/E2 | 21 |
| Bell 20 |  | 18 | Bell 20 |  | 20 | Bell 20 |  | 19 |
| 19 | E3/E4 | 18 | 19 | E2 | 19 | 19 | E3/E4 | 19 |
| Bell 18 |  | 16 | Bell 18 |  | 19 | Bell18 |  | 17 |
| 17 | E5/6 | 16 | 17 | E3 | 18 | 17 | E5/E6 | 17 |
| Bell 16 |  | 14 | Bell 16 |  | 18 | Bell 16 |  | 15 |
| 15 | E7 | 14 | 15 | E4 | 17 | 15 | E7 | 15 |
| Bell 14 |  | 13 | Bell 14 |  | 17 | Bell 14 |  | 14 |
| 13 | E8 | 13 | 13 | E5 | 16 | 13 | E8 | 14 |
| Bell 12 |  | 12 | Bell 12 |  | 16 | Bell 12 |  | 13 |
| 11 | E9 | 12 | 11 | E6 | 15 | 11 | E9 | 13 |
| Bell 10 |  | 11 | Bell 10 |  | 15 | Bell 10 |  | 12 |
| 9 | E10 | 11 | 9 | E7 | 14 | 9 | E10 | 12 |
| Bell 8 |  | 10 | Bell 8 |  | 14 | Bell 8 |  | 11 |
| 7 | E11 | 10 | 7 | E8 | 13 | 7 | E11 | 11 |
| Bell 6 |  | 9 | Bell 6 |  | 13 | Bell 6 |  | 10 |
| 5 | E12 | 9 | 5 | E9 | 12 | 5 | E12 | 10 |
| Bell 4 | E13 | 8 | Bell 4 |  | 12 | Bell 4 |  | 9 |
| Bell 3 | E14 | 7 | 3 | E10 | 11 | 3 | E13 | 9 |
| Bell 2 | E15 | 6 | 2 | 10 | Bell 2 |  | 8 |  |
| Bell 1 | E16 | 5 | BELL 1 |  | 10 | Bell 1 | E14 | 8 |
| Arrival |  | 4 | Arrival |  | 10 | Arrival |  | 7 |

## 209. Track $\mathbf{1 0 . 0 0 0} \mathbf{m}$ Points + Elimination race

### 209.1 Elimination system:

The last elimination will be three laps to go. After the last elimination, ten (10)skaters will remain competing.

### 209.2 Punctuation system:

Two (2) points will be awarded to the winner and one (1) point to the second skaterafter the fixed point of the race.
At the completion of the last lap, three (3) two (2) \& one (1) points will be awardedto the first three (3) skaters.

### 209.3 Protocol of the Final:

The final can be raced from thirty (30) to forty (40) skaters. From thirty-one (31) toforty (40) skaters, the first ten (10) eliminations can be Double Elimination (DE).

20 Eliminations +10 skaters $=30$ skaters;
21 sprints $\times(2+1)=63$
points;Arrival = 6 points;
Total of points $=69$ points.

| Laps | 10 Km | Skaters | Laps | 10 Km | Skaters | Laps | 10 Km | Skaters |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 50 |  | 30 | 32 | POINTS | 25 | 14 | POINTS | 16 |
| 49 |  |  | 31 |  | Elimination | 13 |  | Elimination |
| 48 |  |  | 30 | POINTS | 24 | 12 | POINTS | 15 |
| 47 |  |  | 29 |  | Elimination | 11 |  | Elimination |
| 46 |  |  | 28 | POINTS | 23 | 10 | POINTS | 14 |
| 45 |  |  | 27 |  | Elimination | 9 |  | Elimination |
| 44 |  |  | 26 | POINTS | 22 | 8 | POINTS | 13 |
| 43 | BELL |  | 25 |  | Elimination | 7 |  | Elimination |
| 42 | POINTS | 30 | 24 | POINTS | 21 | 6 | POINTS | 12 |
| 41 |  | Elimination | 23 |  | Elimination | 5 |  | Elimination |
| 40 | POINTS | 29 | 22 | POINTS | 20 | 4 | POINTS | 11 |
| 39 |  | Elimination | 21 |  | Elimination | 3 | Last E | imination |
| 38 | POINTS | 28 | 20 | POINTS | 19 | 2 | POINTS | 10 |
| 37 |  | Elimination | 19 |  | Elimination | 1 | BELL | 10 |
| 36 | POINTS | 27 | 18 | POINTS | 18 | AR | VAL | 10 |
| 35 |  | Elimination | 17 |  | Elimination |  |  |  |
| 34 | POINTS | 26 | 16 | POINTS | 17 |  |  |  |
| 33 |  | Elimination | 15 |  | Elimination |  |  |  |

### 209.4 Qualification heats:

If there are more than forty (40) skaters, qualifications heats must be done.
(Constitution of the heat art 207).

### 209.5 Protocol 10 Km Points + Elimination Qualification Heats:

| Engaged | Heats | Qualified <br> Place | Simple <br> Elimination | Double <br> Elimination | Final |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 41 to 90 | $2 \times 21$ to 45 | 15 | 6 to 20 | 1 to 10 | 30 |
| 91 to 120 | $3 \times 30$ to 40 | 10 | 20 | 1 to 10 |  |
| 121 to 152 | $4 \times 30$ to 38 | 8 | 20 | 2 to 10 | 32 |

The protocol is the same as the final but the number of qualified skaters will remain competing after the last elimination. See following table:

| Laps | 10 Km | Skaters | Laps | 10 Km | Skaters | Laps | 10 Km | Skaters |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 50 |  | 35 | 32 | POINTS | 30 | 14 | POINTS | 21 |
| 49 |  |  | 31 |  | Elimination | 13 |  | Elimination |
| 48 |  |  | 30 | POINTS | 29 | 12 | POINTS | 20 |
| 47 |  |  | 29 |  | Elimination | 11 |  | Elimination |
| 46 |  |  | 28 | POINTS | 28 | 10 | POINTS | 19 |
| 45 |  |  | 27 |  | Elimination | 9 |  | Elimination |
| 44 |  |  | 26 | POINTS | 27 | 8 | POINTS | 18 |
| 43 | BELL |  | 25 |  | Elimination | 7 |  | Elimination |
| 42 | POINTS | 35 | 24 | POINTS | 26 | 6 | POINTS | 17 |
| 41 |  | Elimination | 23 |  | Elimination | 5 |  | Elimination |
| 40 | POINTS | 34 | 22 | POINTS | 25 | 4 | POINTS | 16 |
| 39 |  | Elimination | 21 |  | Elimination | 3 | Last Elimination |  |
| 38 | POINTS | 33 | 20 | POINTS | 24 | 2 | POINTS | 15 |
| 37 |  | Elimination | 19 |  | Elimination | 1 | BELL | 15 |
| 36 | POINTS | 32 | 18 | POINTS | 23 | ARRIVAL |  | 15 |
| 35 |  | Elimination | 17 |  | Elimination |  |  |  |
| 34 | POINTS | 31 | 16 | POINTS | 22 |  |  |  |
| 33 |  | Elimination | 15 |  | Elimination |  |  |  |

If all eliminations cannot be done due to an insufficient number of skaters, follow art 129.5.
-The qualification heat distance must be completed, even when the number of skaters to qualify is obtained before the end.

- No double elimination on the qualification heats.


## 210. 3.000 m Relay Races

210.1 In relay races, each Federation may enter up to four (4) skaters. The teams must takepart in the race with three (3) skaters.

### 210.2 Qualification Heats:

The Chief Judge determines whether the qualification heats will take place, and if so, he will indicate how many teams of each heat will go on to the final. The relay heats are established according the ranking of the S/UT-1NC and are organized according to serpentine system.

## 211. Road 10.000 m Points race

The Technical Committee will advise how this event should take place. The communication should include:

## Punctuation protocol:

a. Sprints will take place in every lap.
b. Assignment of points: two points will be awarded to the winner and one point to thesecond skater after each points sprint.
At the completion of the last lap, three (3), two (2) and one (1) point will be awarded tothe first three (3) skaters.

Qualification heats:

| Skaters | Heats | Place | Final |
| :---: | :---: | :---: | :---: |
| 51 to 80 | $2 \times 25$ to 40 | 20 | 40 |
| 81 to 120 | $3 \times 27$ to 40 | 14 | 42 |
| 121 to 160 | $4 \times 31$ to 40 | 10 | 40 |
| 161 to 200 | $5 \times 32$ to 40 | 8 | 40 |

## 211Bis Track 5.000 m Points race

## Protocol:

a. Bell will ring at lap 22.
b. Sprints will take place in every lap, from lap 21.
c. Assignment of points: two points will be awarded to the winner and one point to thesecond skater after each points sprint.
d. At the completion of the last lap, three (3), two (2) and one (1) point will be awardedto the first three (3) skaters.
e. The final is raced with 24 skaters.
f. If a skater does not finish the race, for any reason (disqualification, withdraw, fall,overtaken), that skater will lose the points earned for this race.

## 212. Road 15.000 m Elimination race

212.1 Elimination system:

The final should be planned in such a way that after the last sprint (elimination), there must be between three (3) and five (5) skaters in order to determine the gold, silver and bronze medals. The last elimination is one lap to go.
212.2 The Chief Judge determines the number of skaters in final taking in consideration thelength and the width of the road circuit.

## 213. Marathon

213.1 There are two (2) Marathons, one (1) Marathon men and one (1) Marathon ladies.
213.2 Junior Skaters are allowed to participate.
213.3 Each state/UT can register a maximum of eight (8) female skaters and eight (8) male skaters to take part in the Marathon race.
213.4 There is only one (1) ranking by marathon race.

## Terminology

Competition: it is an association of races. National championship is a competition.

Race: $\quad 10.000$ m elimination is a race.

Pack / Peloton: it is the most important group of skaters.

Qualification heats: in a same competition, it is the race that a skater must skate to accede to the final.

## Preliminary heat,

Races or competition: races are preliminary when a skater must obtain a result in this race before to accede to the competition. We can consider that National Championships are the preliminary competition for the selection of the International Championships.
$\begin{array}{ll}\text { Rounds: } & \text { in a sprint race, it is the successive races (more than one) to accede to } \\ & \text { the final. } \\ \text { Eliminated: } & \text { it is only during Elimination and Points-Elimination races. }\end{array}$

## Abbreviation

IOC: International Olympic Committee.

WADA: World Anti-Doping Agency.

DCO: Doping Control Officer.

TC: Technical Committee.

YOG: Youth Olympic Games.

LOC: Local Organizing Committee.

NGB: National Governing Body.

RSFI: The National Federation

State: State Association

UT: Union Territory

| SI.No. | State/Union Terrirories | Short <br> Name |
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| 5 | Bihar | BR |
| 6 | Chandigarh | CH |
| 7 | Dadra and Nagar Haveli | DN |
| 8 | Daman and Diu | DD |
| 9 | Delhi | DL |
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